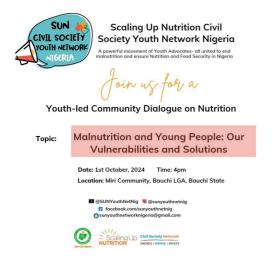
# OFFICIAL FEEDBACK FORM



DIALOGUE TITLE	Malnutrition and young people: Our vulnerabilities and solutions		
DIALOGUE DATE	Tuesday, 1 October 2024 16:00 GMT +01:00		
CONVENED BY	Finian Ali, National Youth Coordinator, Scaling Up Nutrition Civil Society Youth Network Nigeria		
HOST LOCATION	Bauchi, Nigeria		
GEOGRAPHIC SCOPE	Community Level		
AFFILIATIONS	SUN Civil Society Network, United Kingdom		
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/55203/		





The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# **SECTION ONE: PARTICIPATION**

### **TOTAL NUMBER OF PARTICIPANTS**

20

### **PARTICIPATION BY AGE RANGE**

0 0-11

5 12-18

15 19-29

0 30-49

0 50-74

0 75+

### **PARTICIPATION BY GENDER**

4 Female

16 Male

1 Other/Prefer not to say

### NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

- O Children, Youth Groups and Students
- O Educators and Teachers
- O Financial Institutions and Technical Partners
- O Healthcare Professionals
- O Information and Technology Providers
- O Marketing and Advertising Experts
- O News and Media (e.g. Journalists)
- O Science and Academia
- O Sub-National/Local Government Officials and Representatives
- O Women's Groups

- Civil Society Organisations (including consumer groups and environmental organisations)
- O Faith Leaders/Faith Communities
- O Food Producers (including farmers)
- O Indigenous Peoples
- O Large Business and Food Retailers
- O National/Federal Government Officials and Representatives
- O Parents and Caregivers
- O Small/Medium Enterprises
- O United Nations
- O Other (please state)

### **OTHER STAKEHOLDER GROUPS**

### **ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY**

# **SECTION TWO: FRAMING AND DISCUSSION**

# **FRAMING**

On 1 October 2024, a community dialogue was convened in Miri Community, Bauchi LGA, to address the pressing issue of malnutrition among young people. The discussion focused on the vulnerabilities faced by young individuals due to malnutrition and explored potential solutions to combat this significant challenge.					

### **DISCUSSION**

The following questions were posed to facilitate discussion: How does malnutrition affect you? How do you feel when you don't have food? What do you think can be done to reduce the rate of malnutrition in your community? Have you ever experienced a situation where you don't have food to eat? What are some potential solutions to address malnutrition?

# **SECTION THREE: DIALOGUE OUTCOMES**

## **CHALLENGES**

Participants shared their experiences related to malnutrition, highlighting the severe impacts it has on their lives: Sexual Exploitation: Several participants noted that lack of food has led to instances of sexual exploitation within the community as individuals, especially young women, are compelled to engage in desperate acts to obtain food.

Harmful Food Choices: The absence of adequate nutrition forces people to consume whatever food is available, regardless of its safety, leading to potential health risks.

Water Scarcity: Many community members pointed out that the lack of clean water exacerbates malnutrition, making it difficult for families to maintain proper hygiene and nutrition.

Economic Challenges: Participants highlighted that inflation has significantly increased the prices of seeds, fertilizers, and other farming inputs, making them unaffordable. This financial strain prevents families from cultivating crops necessary for their sustenance.

Lack of Government Support: There was a consensus that the government has not provided sufficient support for agricultural initiatives in the community, leaving residents to fend for themselves.

## **URGENT ACTIONS**

**Proposed Solutions** 

The dialogue concluded with a brainstorming session on potential solutions to address malnutrition in the community: Government Subsidies for Agricultural Inputs: Participants urged the government to subsidize the cost of farming inputs, making them more accessible to local farmers.

Provision of Clean Water: The need for clean water sources was emphasized, with participants advocating for government intervention to ensure the community has access to safe drinking water.

Self-Sufficiency in Food Production: Community members discussed the importance of not solely relying on government assistance. They encouraged local initiatives to cultivate crops that meet the community's dietary needs.

# **AREAS OF DIVERGENCE**

# OVERALL SUMMARY

The community dialogue on malnutrition and its effects on young people in Miri Community was an eye-opening experience, shedding light on the vulnerabilities faced by residents. The shared insights underscored the urgent need for collective action to combat malnutrition and its related challenges. The proposed solutions emphasized both governmental responsibility and community empowerment to foster self-sufficiency in food production.

# **SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD**

PRINCIPLES OF ENGAGEMENT	
METHOD AND SETTING	
The method of setting adopted was informal	
ADVICE FOR OTHER CONVENORS	

# FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS		

## RELEVANT LINKS

- **SUNCS YNN** https://www.facebook.com/61559896894281/posts/pfbid0j5YBh6HusbtHRup3cgTMt3SSVg9iNN5meujV6eCgzhWxp3NRBxVkY6C1UnGwnYTBl/?app=fbl
- **SUNCS YNN**  $\frac{\text{https://www.facebook.com/}61559896894281/posts/pfbidOLydWLBDLfrRNCZHHo56LqaobHP3jRyGc7UZxjPypP54Xnaajj}{17XUmfaTtkLSzegl/?app=fbl}$