

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Malnutrition and young people: Our vulnerabilities and solutions
DIALOGUE DATE	Tuesday, 1 October 2024 16:00 GMT +01:00
CONVENED BY	Finian Ali, National Youth Coordinator, Scaling Up Nutrition Civil Society Youth Network Nigeria
HOST LOCATION	Bauchi, Nigeria
GEOGRAPHIC SCOPE	Community Level
AFFILIATIONS	SUN Civil Society Network, United Kingdom
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/55203/



Scaling Up Nutrition Civil
Society Youth Network Nigeria

A powerful movement of Youth Advocates- all united to end
malnutrition and ensure Nutrition and Food Security in Nigeria

Join us for a

Youth-led Community Dialogue on Nutrition

Topic: **Malnutrition and Young People: Our
Vulnerabilities and Solutions**

Date: 1st October, 2024 Time: 4pm

Location: Miri Community, Bauchi LGA, Bauchi State

@SUNYouthNetNig @sunyouthnetnig
facebook.com/sunyouthnetnig
sunyouthnetworknigeria@gmail.com



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

20

PARTICIPATION BY AGE RANGE

0	0-11	5	12-18	15	19-29
0	30-49	0	50-74	0	75+

PARTICIPATION BY GENDER

4	Female	16	Male	1	Other/Prefer not to say
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NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0	Children, Youth Groups and Students	1	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	0	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

On 1 October 2024, a community dialogue was convened in Miri Community, Bauchi LGA, to address the pressing issue of malnutrition among young people. The discussion focused on the vulnerabilities faced by young individuals due to malnutrition and explored potential solutions to combat this significant challenge.

DISCUSSION

The following questions were posed to facilitate discussion: How does malnutrition affect you? How do you feel when you don't have food? What do you think can be done to reduce the rate of malnutrition in your community? Have you ever experienced a situation where you don't have food to eat? What are some potential solutions to address malnutrition?

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

Participants shared their experiences related to malnutrition, highlighting the severe impacts it has on their lives:
Sexual Exploitation: Several participants noted that lack of food has led to instances of sexual exploitation within the community as individuals, especially young women, are compelled to engage in desperate acts to obtain food.

Harmful Food Choices: The absence of adequate nutrition forces people to consume whatever food is available, regardless of its safety, leading to potential health risks.

Water Scarcity: Many community members pointed out that the lack of clean water exacerbates malnutrition, making it difficult for families to maintain proper hygiene and nutrition.

Economic Challenges: Participants highlighted that inflation has significantly increased the prices of seeds, fertilizers, and other farming inputs, making them unaffordable. This financial strain prevents families from cultivating crops necessary for their sustenance.

Lack of Government Support: There was a consensus that the government has not provided sufficient support for agricultural initiatives in the community, leaving residents to fend for themselves.

URGENT ACTIONS

Proposed Solutions

The dialogue concluded with a brainstorming session on potential solutions to address malnutrition in the community:

Government Subsidies for Agricultural Inputs: Participants urged the government to subsidize the cost of farming inputs, making them more accessible to local farmers.

Provision of Clean Water: The need for clean water sources was emphasized, with participants advocating for government intervention to ensure the community has access to safe drinking water.

Self-Sufficiency in Food Production: Community members discussed the importance of not solely relying on government assistance. They encouraged local initiatives to cultivate crops that meet the community's dietary needs.

AREAS OF DIVERGENCE

OVERALL SUMMARY

The community dialogue on malnutrition and its effects on young people in Miri Community was an eye-opening experience, shedding light on the vulnerabilities faced by residents. The shared insights underscored the urgent need for collective action to combat malnutrition and its related challenges. The proposed solutions emphasized both governmental responsibility and community empowerment to foster self-sufficiency in food production.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

METHOD AND SETTING

The method of setting adopted was informal

ADVICE FOR OTHER CONVENORS

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

RELEVANT LINKS

- **SUNCS YNN**
<https://www.facebook.com/61559896894281/posts/pfbid0j5YBh6HusbtHRup3cgTMt3SSVg9iNN5meujV6eCgzhWxp3NRBxVky6C1UnGwnYTBl/?app=fbl>
- **SUNCS YNN**
<https://www.facebook.com/61559896894281/posts/pfbid0LydWLBdlfrRNCZHho56LqaobHP3jRyGc7UZxjPypP54Xnaaj17XUmfaTtkLSzegl/?app=fbl>