

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	A time with children
WORKSHOP DATE	Tuesday, 22 October 2024 14:00 GMT +00:00
CONVENED BY	Kadjebi Area Program Event announced on behalf of the Convenor by: Barbara Yeboaa Asare. ENOUGH Campaign Coordinator Feedback published on behalf of Convenor by: Barbara Asare. As the ENOUGH Campaign Coordinator i provide technical support
EVENT LANGUAGE	English and Twi
HOST CITY	Kadjebi, Ghana
GEOGRAPHIC SCOPE	community level
AFFILIATIONS	World Vision Ghana
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/55206/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

20

PARTICIPATION BY AGE RANGE

20 12-15

0 16-18

PARTICIPATION BY GENDER

10 Female

10 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

Children from kid's club which is community based were selected for this dialogue. The community is predominantly a Muslim community but some of these children selected were Christians. They were also from different ethnic groups. the community is a farming community with fairly low incomes.

SECTION TWO: FRAMING

The community is a farming community where members engage in subsistent farming. most farmers have experience drought this year due to the unpredictable rainfall pattens. There have been low yields throughout the year, this has increased the level of household poverty. children are not enjoying enough nourishing food.part

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

participants mentioned that they faced inadequate food supply at home. they also mentioned that parents were interested in planting cash crops instead of food crops that they will benefit from. there was lack of education on nutrition and food demonstration for their caregivers. they believe education on good nutrition to their caregivers will give them information to feed them well.

URGENT RECOMMENDATIONS FOR ACTION

- The children suggested that there should be a mass education on nutrition, and they should be the frontrunners to do the mass education.
- The children also suggested that health workers in collaboration with NGOs should educate their parents on how to prepare nutritious dishes at home
- They also mentioned that government and other stakeholders support parents to cultivate varieties of food crops including vegetables to meet the household nutritional demand and requirements.
- Government to revamp and scale up the school feeding program and ensure balance diets are prepared for the children at school.
- Intensifying education on the nutritional requirements for growth of children to ensure parents and caregivers turn away from cultural and religious practices and beliefs that prevent children from taking in the required nutrients they need to grow.
- Governments to minimize importation of synthetic foods and encourage the consumption of locally grown foods.
- Children are of the view that, most parents and caregivers are interested in using their arable lands for the cultivation of cash crops like cocoa and some used it for only Ginger. They wish that, those parents establish backyard gardens to produce vegetables that will meet their nutritional requirements.
- Parents and caregivers to stop spending excessively on funerals and festivals as well as weddings and provide adequate nutritious foods at home.

AREAS OF DIVERGENCE

in the definition of malnutrition and nutrition. children were of different views. some were of the view overall children that malnutrition was the lack of essential food supplement in the body. some were of the view that parents cause malnutrition when they sell all their farm produce and expose their homes to hunger and malnutrition. some think that when parents and caregivers really care about what their children eat it leads to malnutrition.

OVERALL SUMMARY

overall children collectively acknowledged the importance of proper nutrition in the physical, mental and overall development of children and the need to combat malnutrition. it was evident that people lacked knowledge of what malnutrition is, causes and how it can be resolved. Although some communities have locally available food staff combining it in the right proportion was challenging due to knowledge gap.

It is therefore necessary to scale up education on various platforms on issues of nutrition and how to prevent it. children should also have their capacities built on issues of nutrition and malnutrition to support the dissemination of information and promote sensitization on it. when children are equipped with the right information, they will also be able to build their resilience and advocate of nutrition and hunger.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

The open discussions by children gave them opportunity to freely give their understanding of nutrition and its effects on children. A child-friendly and safe space was provided for children to participate and contribute freely to this dialogue. children who participated in this discussion are from different religious and ethnic background.

METHOD AND SETTING

The discussions were held in an informal way after school. children were asked to participate freely and within their participation anytime. children were safe to contribute and also respect the views of others. conversations were in local language for easy comprehension and children could express themselves in any language of their choice. this made they comfortable to share their views.

ADVICE FOR OTHER CONVENORS

It is important to seek the views of children, it gives a better understanding of issues they face. children have a lot to share and learn, giving them a friendly and safe space enable them to contribute meaningfully. Ice-breakers help children relax and feel safe and open for discussion. Allow children to express themselves in language they are comfortable with. outside the classroom setting is to be highly considered.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Appreciation to the Area Program team and volunteers who supported the dialogue with children. A special acknowledgement to the Kid's club members who freely participated and shared their insight in the discussions.

ATTACHMENTS

- **Nutrition Dialogue Report**
https://nutritiondialogues.org/wp-content/uploads/2024/11/NUTRITION-ENGAGEMENT-WITH-CHILDREN_KADJEBI-AP-003.docx