

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Addressing the Effects of Malnutrition on Pregnant Women and Newborns; solutions for a Healthier Future
DIALOGUE DATE	Tuesday, 8 October 2024 13:00 GMT +01:00
CONVENED BY	Scaling Up Nutrition Civil Society Youth Network Nigeria
HOST LOCATION	Bauchi, Nigeria
GEOGRAPHIC SCOPE	Community Level
AFFILIATIONS	SUN Civil Society Network, United Kingdom
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/55242/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

8

PARTICIPATION BY AGE RANGE

0 0-11

0 12-18

1 19-29

0 30-49

0 50-74

0 75+

PARTICIPATION BY GENDER

8 Female

0 Male

1 Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, Youth Groups and Students

0 Educators and Teachers

0 Financial Institutions and Technical Partners

0 Healthcare Professionals

0 Information and Technology Providers

0 Marketing and Advertising Experts

0 News and Media (e.g. Journalists)

0 Science and Academia

0 Sub-National/Local Government Officials and Representatives

0 Women's Groups

1 Civil Society Organisations (including consumer groups and environmental organisations)

0 Faith Leaders/Faith Communities

0 Food Producers (including farmers)

0 Indigenous Peoples

0 Large Business and Food Retailers

0 National/Federal Government Officials and Representatives

0 Parents and Caregivers

0 Small/Medium Enterprises

0 United Nations

0 Other (please state)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

Urban Maternity

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

DISCUSSION

Our discussion topic is that " Addressing the Effects of Malnutrition on Pregnant Women and Newborns; solutions for a Healthier Future" Some questions I ask a participants during dialogue is; 1. What is there problem concerning nutrition during pregnancy and breastfeeding? 2. Challenges they faced at home regarding nutrition. 3. I ask them to tell me what are there doubts on feeding after birth. 4. What they know about 6 months exclusive breast feeding. 5. I also asked them to tell me what they have heard, know, read about nutrition and healthy pregnancy.

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

1. Poverty
2. Agricultural and food production, is one of the most challenges they faced because as a result of widespread of poverty farmer cannot afford resources needed for farming like crops, fertilizer, pesticides and government cannot provide the necessary resources to improve farming.
3. Pregnant women should be targeted with educational programs concerning nutrition in order to reduce high rate of malnutrition among them.
4. Some times there is no available food to eat, no resources to get it, the quantity of food are not balanced, in some cases the frequency of its intake to body's development is affected.

URGENT ACTIONS

1. They want government to please provide resources necessary to improve yield.
2. Government or NGOs to provide iron and folic acid supplements free at hospitals for pregnant women because they can't afford it. This will help to prevent micronutrients deficiency during pregnancy and child birth, because if pregnant women have micronutrients deficiency cause serious birth defects in the body and it help to reduce malnutrition among pregnant women and the baby will be healthy.

AREAS OF DIVERGENCE

OVERALL SUMMARY

SUN-CSYNN COMMUNITY DIALOGUE REPORT SUBMISSION

10 responses

Accepting responses

2

of

10

Responses cannot be edited

YOUTH ADVOCATES COMMUNITY DIALOGUE REPORT SUBMISSION

This form is to be used by youth advocates and members of the Scaling Up Nutrition Civil Society Youth Network Nigeria to share report and feedback from their community dialogue with young people on nutrition.

* Indicates required question

Name of SUN-CSYNN Youth Advocate

*

Maryam Yusuf Lumana

Email Address

Maryamlumana1@gmail.com

Phone Number

*

07059076683

Select your state chapter

*

Bauchi

Cross River

Enugu

Nasarawa

Kaduna

Oyo

Name of the Community Where your dialogue Held. (E.g Miri Community, Bauchi LGA, Bauchi State):

*

Kofar dumi Community Bauchi LGA, Bauchi State

Date your dialogue held

*

DD

08

/

MM

10

/

YYYY

2024

Describe the type of people you engaged (eg: Young People With Disabilities, Adolescent Girls, Young Nursing Mothers, etc)

*

Pregnant women

Total Number of Participants

*

8

Total Number of Male Participants

Nil

Total Number of Female Participants

8

Total Number of Persons with disabilities that attended your dialogue (if any)

Nil

If there are people with disabilities, please specify the type of disabilities. (E.g 2 BLIND People, 3 DEAF, 3 PHYSICALLY CHALLENGED etc)

Nil

DISCUSSION (What was your discussion topic? You can also highlight some questions you asked during your dialogue)

*

Our discussion topic is that " Addressing the Effects of Malnutrition on Pregnant Women and Newborns; solutions for a Healthier Future"

Some questions I ask a participants during dialogue is;

1. What is there problem concerning nutrition during pregnancy and breastfeeding?

2. Challenges they faced at home regarding nutrition.

3. I ask them to tell me what are there doubts on feeding after birth.

4. What they know about 6 months exclusive breast feeding.

5. I also asked them to tell me what they have heard, know, read about nutrition and healthy pregnancy.

CHALLENGES Which nutrition challenges were identified or are being faced by the Participants of your Dialogue? Please list all the challenges they shared.

*

1. Poverty

2. Agricultural and food production, is one of the most challenges they faced because as a result of widespread of poverty farmer cannot afford resources needed for farming like crops, fertilizer, pesticides and government cannot provide the necessary resources to improve farming.

3. Pregnant women should be targeted with educational programs concerning nutrition in order to reduce high rate of malnutrition among them.

4. Some times there is no available food to eat, no resources to get it, the quantity of food are not balanced, in some cases the frequency of its intake to body's development is affected.

URGENT ACTIONS (What actions were identified by Participants as urgently needed and how did they propose that these be taken forward?)

*

1. They want government to please provide resources necessary to improve yield.

2. Government or NGOs to provide iron and folic acid supplements free at hospitals for pregnant women because they can't afford it. This will help to prevent micronutrients deficiency during pregnancy and child birth, because if pregnant women have micronutrients deficiency cause serious birth defects in the body and it help to reduce malnutrition among pregnant women and the baby will be healthy.

OVERALL SUMMARY: Please detail here the overall summary of your Dialogue. This will be the primary source for developing our priority policy demands and messages for the SUN Global Gathering in November 2024, and the Nutrition for Growth in March 2025. Please take this opportunity to expand beyond the content of what was discussed, by describing also how the event felt overall from your perspective

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Malnutrition remains the world's most serious public health problem, and the single biggest contributor to maternal and child mortality. Adequate nutrition is important for all stages of life especially during pregnancy, as pregnancy is a time of heightened nutritional vulnerability. During my community dialogue, I found that pregnant women in local communities are extremely exposed to malnutrition because they are suffering from poverty. Some times there is no available food to eat, no resources to get it, the quantity of food are not balanced. The participants also stated that agriculture and food production is one of the best challenge, because local food shortage can be caused by lack of technology or resources needed for farming in modern agriculture like fertilizer, pesticides etc.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

METHOD AND SETTING

Normal setting

ADVICE FOR OTHER CONVENORS

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

RELEVANT LINKS

- <https://x.com/SUNYouthNetNig?t=LeYAkZhCP3yeT8mB4qcb-g&s=09>