

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Important of Exclusive Breastfeeding to Health and wellness of Babies
DIALOGUE DATE	Tuesday, 15 October 2024 14:31 GMT +01:00
CONVENED BY	Scaling Up Nutrition Civil Society Youth Network Nigeria
HOST LOCATION	Lafia, Nigeria
GEOGRAPHIC SCOPE	Community Level
AFFILIATIONS	SUN Civil Society Network, United Kingdom
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/55300/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

10

PARTICIPATION BY AGE RANGE

0 0-11

0 12-18

1 19-29

0 30-49

0 50-74

0 75+

PARTICIPATION BY GENDER

10 Female

0 Male

1 Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, Youth Groups and Students

0 Educators and Teachers

0 Financial Institutions and Technical Partners

0 Healthcare Professionals

0 Information and Technology Providers

0 Marketing and Advertising Experts

0 News and Media (e.g. Journalists)

0 Science and Academia

0 Sub-National/Local Government Officials and Representatives

0 Women's Groups

1 Civil Society Organisations (including consumer groups and environmental organisations)

0 Faith Leaders/Faith Communities

0 Food Producers (including farmers)

0 Indigenous Peoples

0 Large Business and Food Retailers

0 National/Federal Government Officials and Representatives

0 Parents and Caregivers

0 Small/Medium Enterprises

0 United Nations

0 Other (please state)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

DISCUSSION

The dialogue was interactive and educative as we get to look at the benefits of exclusive breastfeeding, how it promotes the growth of the baby, boosting their immune system and also how it helps them stay out of infections caused by contaminated foods which can lead to infant mortality. They understand the importance of feeding a child with only breast milk for the period of Six(6) months. Questions like - How many square meals do you eat as a pregnant mother

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

Challenges were::

- 1: some of the pregnant women could not not breast feed their child when they're hungry as such tend to give the baby water or any food at their disposal
- 2: One of the participants draw my attention to the fact that one of her baby stop sucking at a very young age (3 months) so she can't force the child
- 3; Another said she couldn't eat healthy (balanced diet) because of 'Tinibu's regime,' na Weytin she see she go chop
- 4: One said, there's no health care facility in her village so she had to come all the way to Lafia and the cost of transport is high and that makes her to miss some of her medical appointments
- 5: Hardship is the key point of many.

URGENT ACTIONS

- 1:One of the action they suggested was that ,we are supposed to bring some nutritious food stuff for them to encourage them.
- 2: Another one said that the price of fuel should reduce as that will help with the hardship
- 3: the government should declare free medical care because a lot of people died in the hospital for lack of funds to pay for commencement of treatment.

AREAS OF DIVERGENCE

OVERALL SUMMARY

In summary, the dialogue was interactive and educative as we get to look at the benefits of exclusive breastfeeding, how it promotes the growth of the baby, boosting their immune system and also how it helps them stay out of infections caused by contaminated foods which can lead to infants' mortality. They understand the importance of feeding a child with only breast milk for the period of six (6) months.

Questions like

- How many square meals do you eat as a pregnant mother
- what type of food should you eat, : we discussed .
- what is your favorite foods, and need to improve them to balance the required nutrients
- we encourage them to help themselves by engaging in small scale farming for their consumption, mostly vegetables.

Their age ranges from

23-35

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

METHOD AND SETTING

It was a formal setting, in the department of Antenatal after the normal routine I ask for some person's permission to have a discussion and it was a round seating. In the Hospital

ADVICE FOR OTHER CONVENORS

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS