

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Children's Perspective on malnutrition
WORKSHOP DATE	Wednesday, 23 October 2024 14:30 GMT +00:00
CONVENED BY	Williams Nkekia, Sponsorship and child protection office, World Vision Ghana Event announced on behalf of the Convenor by: Barbara Yeboaa Asare. ENOUGH Campaigns Coordinator, provided technical support Feedback published on behalf of Convenor by: Barbara Yeboaa Asare. As the ENOUGH Campaigns coordinator, i provided technical support to the team
EVENT LANGUAGE	English and Likpakpaani
HOST CITY	Kpandai, Ghana
GEOGRAPHIC SCOPE	Community level
AFFILIATIONS	World Vision Ghana
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/55323/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

20

PARTICIPATION BY AGE RANGE

20 12-15

0 16-18

PARTICIPATION BY GENDER

10 Female

10 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The workshop was conducted in a rural setting with participants from different ethnic and religious groups. they were of the same socio-economic background with parents mainly small-scale farmers.

SECTION TWO: FRAMING

The workshop was conducted in a community that has experienced crops failures due to the unpredictable weather patterns. The rains were delayed causing low yields. Families are unable to afford three square meals for children. Most children go to school without breakfast. The failure of crops has also contributed to price hiking of available food crops making it expensive to afford nutritious meals.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

- The usage of unclean water to cook food
- Lack of parental awareness on the importance of balance diet
- Parents lack knowledge on how to ensure that all ingredients for good food are part of the children's diet
- Inadequate quality school meals
- Lack of free agriculture inputs for farmers

URGENT RECOMMENDATIONS FOR ACTION

- The school feeding programs should be improved by providing good food.
- Government should help farmers with farm inputs so that they can farm food crops
- Government should educate parents on socio-cultural practices where children are not allowed to eat eggs.
- NGOs should support farmers to farm more crops
- Government should ensure farmers know how to cultivate foods without too much chemicals.

AREAS OF DIVERGENCE

OVERALL SUMMARY

The workshop provided an opportunity for children to reflect on the challenges of nutrition and malnutrition in their community. Most of the participants identified key issues such as the use of unclean water, lack of parental awareness on balanced diets, and inadequate school meals. They recommended improving school feeding programs, supporting farmers with inputs, and educating parents, especially concerning cultural practices and food taboos that denied children access to nutritious foods. While the workshop focused primarily on nutrition, the discussion also touched on broader agricultural and sanitation issues, showing a recognition of the interconnectedness of health, food production, and education.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

workshop took place in an environment where children felt safe and free to contribute to discussions. The views and opinion of all participants were respected. there were ice breakers for children to feel comfortable and confident to add their voice to the discussions.

METHOD AND SETTING

The workshop was organized in an informal way and in a focused group discussion, where open-ended questions were asked for participants to contribute. all contributions were acknowledged. children consented to participate voluntarily and were free to leave the workshop anytime.

ADVICE FOR OTHER CONVENORS

ensure children feel safe and comfortable to contribute. respect the views of all children. include in the selection of participants most vulnerable children and children with a disability to include divergent views. it is recommendable to host workshop outside the classroom and in an informal way.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Acknowledgement to the Kpandai AP team, volunteers and Kids Club members who made this possible.