

# OFFICIAL FEEDBACK FORM

<b>WORKSHOP TITLE</b>	Nutrition engagement with children
<b>WORKSHOP DATE</b>	Monday, 2 December 2024 12:00 GMT +00:00
<b>CONVENED BY</b>	Diaso Area Program Event announced on behalf of the Convenor by: Barbara Yeboaa Asare. The campaigns coordinator of ENOUGH Campaign , i provided technical support Feedback published on behalf of Convenor by: Barbara Yeboaa Asare. The campaigns coordinator of ENOUGH Campaign , i provided technical support
<b>EVENT LANGUAGE</b>	English & Twi (local language)
<b>HOST CITY</b>	Diaso, Ghana
<b>GEOGRAPHIC SCOPE</b>	Community level
<b>AFFILIATIONS</b>	World Vision
<b>WORKSHOP EVENT PAGE</b>	<a href="https://nutritiondialogues.org/dialogue/55562/">https://nutritiondialogues.org/dialogue/55562/</a>



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

20

## PARTICIPATION BY AGE RANGE

20 12-15

0 16-18

## PARTICIPATION BY GENDER

10 Female

10 Male

0 Other/Prefer not to say

## ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The workshop was conducted in a rural community with participants low socio-economic status and from different ethnic groups and religious background, mostly Christian and Islamic. There were equal number of males and females.

# SECTION TWO: FRAMING

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The workshop was conducted in a community which is burdened with illegal mining termed "galamsey" this has resulted in the pollution of water bodies and the destruction of farmlands. This has contributed to school dropouts and teenage pregnancies in the community. The destruction of farmlands has resulted in food shortages and hiking food prices. This has contributed to malnutrition among children.

# SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

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## CHALLENGES

- Exclusion of Junior High Schools (JHS) from the School Feeding Program
- Lack of Local Vegetable Production
- Inadequate Nutritional quality in School Meals
- Parental negligence in ensuring proper nutrition

## URGENT RECOMMENDATIONS FOR ACTION

1. The government should include JHS in the school feeding program
2. We must plant some of the vegetables
3. The school authorities should ensure balance diet in the food which are sold in schools
4. Parents should be encouraged to ensure that their children have good nutrition
5. Fruit and vegetables should also be eaten on a regular basis as it provides extra nutrition for nourishments.

## AREAS OF DIVERGENCE

They all agreed that food served to them were not of the nutritional quality.

## OVERALL SUMMARY

In conclusion, the workshop provided valuable insights into the challenges children face with nutrition, as well as actionable recommendations for addressing these issues. By focusing on school feeding programs, local agricultural production, and community-wide education on healthy eating, the recommendations aim to improve the nutrition and overall well-being of children in the community. They also blamed illegal mining for destroying the farmlands that provided them with food and destroyed water bodies.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

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## PRINCIPLES OF ENGAGEMENT

The views and contributions of all participants were given due respect. issues raised were given high importance. The workshop was held in an ethical manner and safe and comfortable environment. The different backgrounds of participants was respected and all contributions respected.

## METHOD AND SETTING

The workshop was organized in a rural community and in a participatory manner. all participants were given the opportunity to share their views and opinions. the environment was also safe for all participants. Participants were encouraged to express themselves in local languages they were comfortable.

## ADVICE FOR OTHER CONVENORS

Draw participants from different background such as school dropouts and teenage mothers, also persons with disabilities. participants can be grouped into male and female to discuss nutritional issues peculiar to boys and girls. terms should be well explained to participants and discussions should be held in languages that participants are comfortable to express themselves and setting should be informal as possible.

# FEEDBACK FORM: ADDITIONAL INFORMATION

## ACKNOWLEDGEMENTS

The Diaso Area Program Staff, community volunteers and Kids club members who participated.

## ATTACHMENTS

- **Nutrition Dialogue with Children**  
[https://nutritiondialogues.org/wp-content/uploads/2024/12/NUTRITION-ENGAGEMENT-WITH-CHILDREN\\_DIASO-AP.docx](https://nutritiondialogues.org/wp-content/uploads/2024/12/NUTRITION-ENGAGEMENT-WITH-CHILDREN_DIASO-AP.docx)