

# OFFICIAL FEEDBACK FORM

<b>WORKSHOP TITLE</b>	Focused Group Dialogue with Children on Nutrition
<b>WORKSHOP DATE</b>	Friday, 18 October 2024 14:22 GMT +00:00
<b>CONVENED BY</b>	WA West Area Program, World Vision Ghana Event announced on behalf of the Convenor by: Barbara Yeboaa Asare. The campaigns coordinator of ENOUGH Campaign , i provided technical support Feedback published on behalf of Convenor by: Barbara Yeboaa Asare. The campaigns coordinator of ENOUGH Campaign , i provided technical support
<b>EVENT LANGUAGE</b>	English & local language
<b>HOST CITY</b>	Damongo, Ghana
<b>GEOGRAPHIC SCOPE</b>	Community level
<b>AFFILIATIONS</b>	World Vision
<b>WORKSHOP EVENT PAGE</b>	<a href="https://nutritiondialogues.org/dialogue/55879/">https://nutritiondialogues.org/dialogue/55879/</a>



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

20

## PARTICIPATION BY AGE RANGE

20 12-15

0 16-18

## PARTICIPATION BY GENDER

10 Female

10 Male

0 Other/Prefer not to say

## ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The workshop comprised of participants from about three ethnic groups and two religious groups mainly Christians and Muslims which is typical of the community. It was a rural setting and a farming community. Participants were mainly selected from the Kids club in the community.

## SECTION TWO: FRAMING

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The workshop was conducted in a rural community setting. This is a community which has been affected by drought due to crop failure. The farming season witnessed less rainfall and harsh weather conditions, leading to low yields and financial losses. This has contributed to hikes in food prices. This has contributed to issues of malnutrition in families. Families could not afford three meals a day for children, most children go to school without breakfast and rely on school feeding program in school.

# SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

## CHALLENGES

1. Lack of access to clean water
2. Lack of parental knowledge on the importance of balance diet for child growth
3. Parents lack knowledge on the importance of nutritional contents in food
4. The lack of government-mandated provision of nutritious, protein-rich meals in schools hinders students' physical and mental well-being.
5. Inadequate education on the benefit of eating nutritious food for physical and mental well-being.

## URGENT RECOMMENDATIONS FOR ACTION

1. Provide access to nutritious foods
2. Improved school meals
3. Education awareness to parents to practice balance diet for their children
4. Making healthy eating more fun, like having competition on who can make the healthiest snack or using games to teach about food and nutrition
5. The school feeding program should be improved with good nutritious food

## AREAS OF DIVERGENCE

Participants did not have any divergent positions but agreed on the common effects of malnutrition and hunger.

## OVERALL SUMMARY

In summary, children's recommendation for good nutrition in the context of lives focus on making healthy foods more accessible, affordable, and enjoyable, providing education on nutrition, and involving families and communities in supporting healthy nutrition habits. They also emphasized the importance of making schools meals nutritious and encouraging active lifestyles alongside healthy eating.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

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## PRINCIPLES OF ENGAGEMENT

Participants were encouraged to contribute freely and also respect the views of others. They were encouraged to ask questions or seek better clarifications at any point. The workshop setting was a safe and child friendly and comfortable for all participants. the safety of participants was prioritized.

## METHOD AND SETTING

The consents of participants were sort, and they were free to withdraw their participation. The workshop took place in a rural community setting after school hours in an informal setting. The discussion was mixed with icebreakers to make participants feel comfortable and contribute freely. The workshop was conducted in English and local language. participants were encouraged to express themselves in languages they preferred.

## ADVICE FOR OTHER CONVENORS

Host workshop in an informal setting outside school hours and classrooms. Do not keep participants for long hours. Allow participants to express themselves comfortably in local language of their choice. also include vulnerable groups like teenage mothers and persons with disabilities.

# FEEDBACK FORM: ADDITIONAL INFORMATION

## ACKNOWLEDGEMENTS

appreciation to West Gonja Area Program Team, Community volunteers and kids club members who took part in the workshop.