OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Addressing Malnutrition and Food Insecurity: The Role of Families, Government and Community Stakeholders
DIALOGUE DATE	Thursday, 29 October 2026 14:30 GMT +01:00
CONVENED BY	Ali Ali Hussain Event announced on behalf of the Convenor by: SUN Civil Society Youth Network Nigeria . Techinical support Feedback published on behalf of Convenor by: SUN Civil Society Youth Network Nigeria . Technical support
EVENT LANGUAGE	English and Hausa
HOST LOCATION	Tudun Wada, Nigeria
GEOGRAPHIC SCOPE	Communty level
AFFILIATIONS	SUN Civil Society Youth Network Nigeria
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/56085/





The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

10

PARTICIPATION BY AGE RANGE

0	0-11	6	12-18	4	19-29
0	30-49	0	50-74	0	75+

PARTICIPATION BY GENDER

0	Female	10	Male	1	Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

10	Children, Youth Groups and Students	1	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	0	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

Facilitated by Ali Ali Hussain, the engagement brought together ten male schoolchildren to discuss malnutrition, food insecurity and the importance of adequate nutrition for children's health, growth and development.

DISCUSSION

The discussion explored the meaning of nutrition and malnutrition, how malnutrition affects children's health and development, and possible solutions to malnutrition and food insecurity. Participants also discussed the responsibilities of government and other stakeholders in improving access to nutritious foods, strengthening household food security, supporting school feeding programmes and expanding community nutrition education. The session aimed to improve children's understanding of nutrition and malnutrition, explore how malnutrition affects their health and daily lives, and identify practical solutions to address food insecurity within their households and communities. Participants were encouraged to reflect on the responsibilities of families, government institutions and other stakeholders in ensuring that children have access to adequate and nutritious meals. The discussion also explored the importance of household income, access to affordable food, school feeding programmes and community nutrition education in preventing malnutrition. Particular attention was given to the need for stronger government and stakeholder interventions to address the underlying causes of food insecurity and improve children's access to nutritious meals. The dialogue also recognised children as important stakeholders whose experiences and perspectives should inform decisions and interventions affecting their nutrition and well-being.

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

- Limited household income and purchasing power make it difficult for families to afford sufficient quantities of nutritious foods.
- Limited access to affordable and nutritious food expose children to inadequate diets and malnutrition.

- Economic difficulties and challenges in accessing food within households.

- Poor nutritional intake and inadequate access to appropriate nutrition support can negatively affect children's health, growth, development and ability to learn.

Environmental challenges: Environmental conditions that affect food availability, safety and quality can further contribute to food insecurity and nutritional problems.

URGENT ACTIONS

- Government should strengthen livelihood opportunities, employment initiatives and household economic empowerment programmes.

- Government should improve the provision and implementation of school feeding programmes to ensure that schoolchildren have access to safe, adequate and nutritious meals.

AREAS OF DIVERGENCE

OVERALL SUMMARY

The dialogue provided an opportunity for children to share their understanding of nutrition and malnutrition, discuss how malnutrition affects their health and well-being, and identify practical measures for addressing food insecurity. It was guided by the recognition that adequate nutrition is essential for children's physical growth, cognitive development, learning capacity and overall well-being.

Participants explored four key questions: the meaning of nutrition and malnutrition, how children are affected by malnutrition, possible solutions to malnutrition and food insecurity, and the responsibilities of government and other stakeholders in addressing these challenges.

The discussion identified economic and food access challenges, alongside health, environmental and infrastructure-related issues, as important barriers to adequate nutrition. Participants recognised that household economic difficulties can limit families' ability to purchase sufficient and nutritious foods, thereby affecting the quality and regularity of meals available to children.

The dialogue also highlighted the importance of addressing the broader conditions that influence food security and nutritional well-being. Improving access to nutritious foods, strengthening household purchasing power and promoting better nutrition knowledge were identified as important components of an effective response to malnutrition.

Priority actions emerged from the engagement. First, participants emphasised the need to improve family income and household purchasing power through employment, livelihood opportunities and economic empowerment initiatives. They recognised that families with improved financial resources are better positioned to access adequate and nutritious foods.

Second, participants called for the implementation and strengthening of nutritious school meal programmes. They recognised schools as important platforms for improving children's access to nutritious meals and supporting their health, learning and development. Government and relevant stakeholders were encouraged to prioritise the nutritional quality, consistency and accessibility of school meals.

An important feature of the dialogue was its emphasis on moving from identifying problems towards proposing practical solutions. Rather than limiting discussions to complaints about existing challenges, participants were encouraged to consider the responsibilities of government, families and other stakeholders in addressing malnutrition and food insecurity.

The engagement also reinforced the importance of children's participation in nutrition-related discussions and decision-making. Children are directly affected by malnutrition and food insecurity, and their experiences should inform the development of policies and interventions designed to improve their nutritional well-being.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

METHOD AND SETTING

Outdoor on the floor

ADVICE FOR OTHER CONVENORS

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

RELEVANT LINKS

- **LinkedIn**
  https://www.linkedin.com/company/sunyouthnetworknigeria/