

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Children's voice on nutrition and child hunger in the Kameme Area
WORKSHOP DATE	Tuesday, 10 December 2024 14:00 GMT +02:00
CONVENED BY	Martin Mkandawire, Principal Nutrition, HIV and AIDS Officer Event announced on behalf of the Convenor by: Yamikani Banda. Technical Support Feedback published on behalf of Convenor by: Yamikani Banda. Technical Support
EVENT LANGUAGE	Chichewa
HOST CITY	Kameme, Malawi
GEOGRAPHIC SCOPE	Community level
AFFILIATIONS	World Vision International
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/56164/

The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

27

PARTICIPATION BY AGE RANGE

14 12-15

13 16-18

PARTICIPATION BY GENDER

20 Female

7 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The participants diversity was good in the sense that there were more girls than boys who are normally conversant with food preparation in the kitchen.

SECTION TWO: FRAMING

The dialogue session was presented in the vernacular languages spoken in Kameme, Chitipa district which included Chitumbuka, Chilambya and Chindali. The topic was which dwelled on food preparation using locally available resources to check malnutrition in the area, participants with the guidance of the facilitator voiced out challenges that impede fully achievement of the sane despite the area having good soils and water sources for farming

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

Lack of knowledge on the part of parents on how to prepare nutritious food using the locally available resources
Lack of technical know-how on how to intensify homestead and integrated farming in order to have home grown fruits and vegetables
Grinding poverty which promote sell of domestic animals, fruits and vegetables
Unavailability of stakeholders in the area to promote nutritious food and end malnutrition

URGENT RECOMMENDATIONS FOR ACTION

Intensification of homestead and integrated farming in the ares as it has fertile land water sources
Collaboration amongst stakeholders to achieve food security and nutrition
Urgent need to introduce nutrition programs in the area to reduce malnutrition levels in the area
There is need to intensify homestead farming, awareness campaign on how to use the locally available food stuffs and turn them into nutritional food to check malnutrition.
There is also great need to work with local structures on the importance of consuming the recommended six food groups
There's also need to introduce winter cropping at household level that can be expanded to community level.

AREAS OF DIVERGENCE

No significant divergence was noted.

OVERALL SUMMARY

The dialogue session was well facilitated and participants actively took part by contributing objectively. In brief, they voiced out challenges that as children are encountering due to lack of resources at household level to have food that is nutritious enough to check malnutrition.

Chief among the reasons was grinding poverty which prevent parents from making available locally reared domestic animals' products such as milk and eggs and resort to selling.

The dialogue session ended with a call to stakeholders to intevene with various supporting activities such as capacity building to the community on the importance of having six groups of food, how to prepare nutritious food and intensification of homestead farming.

Participants also called on duty bearers to directly empower the community with seedlings of fruits, banana suckers and pass on domestic animals program to check

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Stakeholders that involved Council officials, development partners and nongovernmental organisations and the area's nutrition coordinating committee members reached a consensus of scaling up food production to enhance nutrition security in the area. Local structures and Council stakeholders also agreed to intensify awareness on the importance of consuming six groups of food

METHOD AND SETTING

The activity which was in a dialogue form was simplified by use of pictures of various food items that represent the six food groups so that participants could have a picture of the topic for them to contribute significantly with informed decisions. The participants were also divided into two groups that also looked into gender and age for positive results

ADVICE FOR OTHER CONVENORS

The convenor of the dialogue session wrapped up by revisiting what was discussed during the whole session. The area's local leadership also assured the gathering that it will step up efforts of engaging parents on the need of embracing homestead farming to curb malnutrition in the area.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

The whole team was a marvel to watch. WVM, Chitipa District Nutrition Coordinating Committee, Kameme area nutrition coordinating committee as well as the maid worked as a team to produce tangible results

RELEVANT LINKS

- **World Vision Promotes Nutrition in Chitipa**
<https://mwnation.com/children-urge-parents-to-grow-diversified-crops/>