

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Every Child's Right to Enough and Nutritious Food in TA Chulu Area, Kasungu
WORKSHOP DATE	Wednesday, 11 December 2024 10:00 GMT +02:00
CONVENED BY	Emery Gondwe, Nutrition, HIV and AIDS Officer Event announced on behalf of the Convenor by: Yamikani Banda. Technical support Feedback published on behalf of Convenor by: Yamikani Banda. Technical Support
EVENT LANGUAGE	Chichewa
HOST CITY	Chulu, Malawi
GEOGRAPHIC SCOPE	Community level
AFFILIATIONS	World Vision International
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/56217/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

15

PARTICIPATION BY AGE RANGE

12 12-15

3 16-18

PARTICIPATION BY GENDER

8 Female

7 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

Participants included children from different economic backgrounds ensuring that those from less privileged were given a chance to participate. The group also comprised children from different backgrounds for example, religion, they were all able to contribute without fringing the rights of one another and they respected every ones view

SECTION TWO: FRAMING

The session started with simple introduction while setting the environment that the discussion will revolve around nutrition. The conveners emphasized the need for the children to open up as their voices will become part of the important conversations on nutrition. Afterwards, the discussions on the importance of eating nutritious food started with an emphasis on the six food groups. The children were then put in groups to discuss the nutrition challenges they are facing. This was followed by a presentation of what they discussed. Children then role played what the community and children can do to address the challenges they identified. In conclusion, conveners thanked the children for participating in the most important conversation regarding nutrition and the children were dismissed.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

Power dynamics at the household level. The husband may decide to sell some farm produce against the wives' wishes. This may result in hunger at household level.
Sometimes hunger may come because the farm produce has been eaten by livestock.
Lack of knowledge on the importance of eating locally available foods.
Lack of rainfall which may cause one not to produce enough food for their households.
Too much rainfall which may result in loss of farm produce since the crops might be washed away.
Resistance to change. For example, despite people receiving counselling about the importance of washing hands, they are resistant to change to change
Lack of access to farm inputs for example, fertilizer and maize seeds, might cause people not to produce enough food.
Sometimes there is ignorance on the importance of eating 6 food groups. Some people do not see the need of eating all the 6 food groups.

URGENT RECOMMENDATIONS FOR ACTION

Instead of focusing only producing crops by use of fertilizer, they might adopt the use of organic manure and sometimes grow crops that do not require the use of manure
Be able to know one's capacity. Instead of focusing on a large piece of land that they will not be able to afford in terms of for example, fertilizer, they should stick to what they can produce with the limited resources they possess.
Need for training on different farming practices so that they are able to produce diversified crops.
Need for reforestation to reduce climate change
Practice eating diversified foods instead another one is not available
Capacity building about nutrition to learners as well as parents
Need of irrigation schemes to able to produce throughout the year

AREAS OF DIVERGENCE

Despite some of the participants mentioning lack of rainfall causes one not to harvest enough food, others were of the view that the most common cause of not harvesting enough food is due to livestock which eat their farm produce in the farms

OVERALL SUMMARY

It was noted that people have a general knowledge about nutrition. They also liked the idea of eating diversified diets since some foods may be out of seasons and are not available throughout the year. They also complained of the gap in knowledge that is there. They also complained about not harvesting enough and most of them preferred the need to adopt new technologies as way of ending hunger and malnutrition. Lack of trees was observed as one of the major challenges and they resorted that there is a need to plant more tree.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Inclusion and Diversity was adhered to ensuring every child had the right to speak during the session.

METHOD AND SETTING

The children's nutrition dialogue was done in a classroom set up, ensuring a child - friendly space and a familiar environment for them. Group discussions, presentations and role plays were mostly used during the discussion to ensure effective participation for all the children.

ADVICE FOR OTHER CONVENORS

There is need to emphasize on the importance of good nutrition, eating a dirvesified diet as well as practicing WASH practices

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

World Vision Malawi for organizing the children and getting the required consent from children and their guardians.

ATTACHMENTS

- **Childrene nutrition dialogue session**
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Collage-3-Kasungu-scaled.jpg>