

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	☒ All children have a right to nutritious food and essential health care
WORKSHOP DATE	Friday, 13 December 2024 13:30 GMT +02:00
CONVENED BY	Richard Martin (Senior Health Surveillance Assistant, Richard Martin Fisheries Officer) Event announced on behalf of the Convenor by: Lizzie Lombe. Coordinating and providing technical support Feedback published on behalf of Convenor by: Lizzie Lombe. Coordinating and providing technical support
EVENT LANGUAGE	Chichewa
HOST CITY	Nsanje, Malawi
GEOGRAPHIC SCOPE	Makoka Primary School, Traditional Authority Chimombo, in Nsanje District, Malawi
AFFILIATIONS	World Vision
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/56356/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

1

PARTICIPATION BY AGE RANGE

18 12-15

11 16-18

PARTICIPATION BY GENDER

16 Female

13 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The participants were a diverse group of children aged 12 to 18, including both boys and girls from the same community. They represented a mix of school-going including and children with disabilities. The workshop was held in a rural area, focusing on some of the most vulnerable children.

SECTION TWO: FRAMING

This session started with an aero plane game where the participants were asked to draw an aero plane each and flew it to see whose aero plane will fly highly. This made the participants so jovial as they run after the frown aeroplanes. After the game, the facilitator shared the objective of the dialogue which wa basically to discuss about hunger and nutrition centering around roles of each and every one in addressing hunger and malnutrition. It was also emphasized that all children have the right to good nutritious food. Then the children sang and danced a song in their vernacular language depicting food insecurity issues in the area. After the dance, the facilitator displayed a chart where pictures of malnourished and healthy people were drawn. He asked participants to discuss how they can describe the two people. The participants were able to say this one has malnutrition and the other one has good healthy. He then asked participants to be in groups and discuss causes of malnutrition in their area and ways of preventing malnutrition.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

- ☒ climate change
 - floods
 - drought
 - outbreaks
- ☒ culture- some culture prevents other groups of people like pregnant women and children not to eat certain foods like eggs
- ☒ food choice and desire - other people choose not to eat some types of food
- ☒ Poverty - some people cannot manage to buy land for farming
- ☒ lack of civic education on improved methods of farming
- ☒ inadequate knowledge in food preparation and nutrition issues
- ☒ deforestation of fruit trees causing scarcity of fruits eg mango tree
 - some villagers are cutting mango trees to use as firewood for burning bricks

URGENT RECOMMENDATIONS FOR ACTION

- ☒ civic education to the community people and children on food preparation as well as improved methods of farming
- ☒ Encourage the people to practice irrigation and not just rely on rain-fed Agriculture
- ☒ planting of fruit trees should be encouraged and local leaders need to be pushed to champion this for all the people in their areas
- ☒ planting early maturing varieties by the community people
- ☒ practising mixed cropping

AREAS OF DIVERGENCE

The participating children had good knowledge around hunger and malnutrition and were able to link with the disasters, outbreaks that have been happening in their area. It was however noted that the discussion triggered some interests in most participants to discuss the issues with their parents and guardians at home. They were allowed to do so and encouraged to make sure they do it in a polite and respectful manner.

OVERALL SUMMARY

One of the facilitators encouraged the learners to lead by example around the issue of nutrition by taking action in their school action plan as well as in their homes by stimulating such discussions with their parents. She however emphasized to the learners to do that in a respectful manner. One learner committed to immediately share the knowledge gained with her parents as she said, "this discussion is very important, I will tell my mother what I have learnt when am back home",

The dialogue provided a great opportunity to the children to discuss about the issues of hunger and malnutrition and what they as children can do to turn around the situation now and in the future. The children emphasized how climate change is linked to the hunger that is rampant in their community with disasters happening almost every year in some parts of their districts.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Before the workshop began, the facilitators emphasized about the voluntary participation of the children. The conveners and facilitators used a number of icebreakers which created an interactive atmosphere and the children were free to engage. The use of Chichewa and the Sena local language further created a free space for the children's discussion.

METHOD AND SETTING

The venue was a school set up which was selected to allow the participants be in their usual environment for effective engagement. The session began with introductions, followed by an explanation of the workshop's goals and an ice breaker to engage participants before starting the discussion. Consent forms were completed prior to the event.

ADVICE FOR OTHER CONVENORS

- Participants should be allowed to express themselves freely in a language that they are comfortable with

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Acknowledgements should go to Mr. Thomas Nyamasankha, Primary Education Advisor Mchere Zone for his great role in ensuring that the dialogues are well coordinated with good representation from learners in his zone. Other acknowledgements should also go to the Facilitators for the good work they did and ofcourse the children for their active participation