

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	A food secure household: A dialogue with caregivers of children with disabilities
DIALOGUE DATE	Monday, 16 December 2024 10:00 GMT +02:00
CONVENED BY	Yolanda Matemba-Principal HIV/AIDS & Nutrition Officer, Chikumbutso Munthali (Food Nutrition Officer-Agriculture) Event announced on behalf of the Convenor by: Gracium Mphande. Technical Support Feedback published on behalf of Convenor by: Gracium Mphande. Technical support
EVENT LANGUAGE	Chichewa
HOST LOCATION	Mpamila, Malawi
GEOGRAPHIC SCOPE	Khuwi Village, Kalumo Traditonall Authority, Ntchisi, Malawi
AFFILIATIONS	World Vision
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/56508/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

24

PARTICIPATION BY AGE RANGE

0	0-11	0	12-18	0	19-29
24	30-49	0	50-74	0	75+

PARTICIPATION BY GENDER

19	Female	5	Male	0	Other/Prefer not to say
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NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0	Children, Youth Groups and Students	1	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	0	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	24	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

The participants of the dialogue were men and women, caregivers of children with disabilities from various villages in Kalumo Traditional Authority.

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

Generally, these parents are small holder farmers living in rural side of Ntchisi district. Thus, most of them from a poor economic background. The people were coming from a predominantly Chewa ethnic group.

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

The discussion started by facilitators sharing the objectives of the meeting. Participants were asked to share their experiences how hunger affected their lives.

DISCUSSION

1. Malnutrition 2. Dietary diversity 3. ways to eradicate hunger 4. Ways or activities to alleviate hunger in the community.

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

1. Knowledge deficit on nutrition related issues i.e. food processing, utilization and preservation.
2. Overselling of farm produce due to lack of other sources of income.
3. Soil degradation due to high population that resulting into continuous use of land.
4. Climate changes affect crop yields
5. High prices of farm inputs such as fertilizer and certified seeds
6. Gender-based violence, as women are not allowed to make decisions of the family
7. Lack of good markets for the produce.

URGENT ACTIONS

1. The community should engage themselves in irrigation farming rather than depending on rain-fed agriculture only.
2. Practicing climate smart agriculture activities such as improved farming technologies and manure making
3. Diversifying of farm crops and food budgeting
4. Farmers should join cooperatives or famers' clubs.
5. Good market linkages
6. Nutrition education to the communities and also cooking demonstrations of diversified diets.
7. Implement women empowerment initiatives
8. Intensifying of family planning methods to control birthrate

AREAS OF DIVERGENCE

1. Participants lacked knowledge on nutrition related issues such as how to prepare diversified balanced diet.
2. Adoption of improved agriculture technologies was also another issue. Nutrition education through nutrition promoters and Care Groups will help to create awareness to the community.

OVERALL SUMMARY

The dialogue was an eye opener to the stakeholders to understand various issues on nutrition and hunger. There is need to engage the community fully on nutrition education, food processing techniques and ways to minimize hunger. Intensifying of improved agricultural technologies and climate smart agriculture activities is of great importance.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Consent was sought from the participants before engaging them to the dialogue. Participants were assured that the aim was to hear from them about nutrition and issues related to malnutrition and hunger.

METHOD AND SETTING

The discussion was conducted in a classroom at a primary school. The sitting plan involved arranging desks in a form of semi-circle with no tables for convenors to ensure that there was no barrier between participants and facilitators. Question and answer method was the key methodology to provoke thought among the caregivers.

ADVICE FOR OTHER CONVENORS

1. Share the main purpose and objective of the dialogue before commencing the nutrition dialogue.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Acknowledge the presence and support from World Vision Malawi, Ntchisi District Council and the Ministry of Health as well as Ministry of Agriculture during the session.

RELEVANT LINKS

- **World Vision Champions Inclusive Nutrition in Ntchisi**
<https://www.facebook.com/100069098034320/posts/pfbid02jKYAQod36DQStspzfzZdvJ8LdMqDxehvYt1hgPomLHovt3JGmKfCLwhxFJYGLnLul/?app=fbl>

ATTACHMENTS

- <https://nutritiondialogues.org/wp-content/uploads/2024/12/LW-42.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/LW-45.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/LW-46.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/LW-43.jpg>