

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Children's voices on Nutrition and Child hunger in the Lupembe Area, Karonga, Malawi
WORKSHOP DATE	Tuesday, 17 December 2024 10:00 GMT +02:00
CONVENED BY	Nathan Mvula, Health and Nutrition Supervisor Feedback published on behalf of Convenor by: Yamikani Banda. Technical Support
EVENT LANGUAGE	Chichewa
HOST CITY	Karonga, Malawi
GEOGRAPHIC SCOPE	Community level
AFFILIATIONS	World Vision International
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/56647/

The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

18

PARTICIPATION BY AGE RANGE

9 12-15

9 16-18

PARTICIPATION BY GENDER

9 Female

9 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

Participants were selected based on their age, gender and class to actively take part in the dialogue in line with the nutrition campaign and worked perfectly well.

SECTION TWO: FRAMING

The dialogue whose focus was on nutrition, was well introduced by the facilitator to enable participants understand the topic for them to participate with an informed decision. Since the participants were primary school learners, the facilitator carefully selected words and terms suitable for them to make significant contributions to help duty bearers, community leaders and parents do something to end malnutrition in their area.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

The major challenges noted was inadequate coordination from stakeholders that are in nutrition security programs in the district as participants alleged that most of the times they concentrate on areas and villages that are along the road leaving put hard to reach areas.

Another challenge was that there is low awareness and sensitisation campaigns from nutrition advisors on how to locally prepare food to make it nutritious

Poverty that forces the community to sell farm produce, vegetables and domestic animals and their products without reserving some for home consumption

Lupembe and Mlare is a rain shed area that requires intensification of irrigation farming be it at household or community level to achieve food and nutrition security.

URGENT RECOMMENDATIONS FOR ACTION

There is need to intensify homestead farming, awareness campaign on how to use the locally available food stuffs and turn them into nutritional food to check malnutrition.

There is also great need to work with local structures on the importance of consuming the recommended six food groups
There's also need to introduce winter cropping at household level that can be expanded to community level.

AREAS OF DIVERGENCE

No area of divergence was noted during the discussion.

OVERALL SUMMARY

The dialogue session was well facilitated and participants actively took part by contributing objectively. In brief, they voiced out challenges that as children are encountering due to lack of resources at household level to have food that is nutritious enough to check malnutrition.

Chief among the reasons was grinding poverty which prevent parents from making available locally reared domestic animals' products such as milk and eggs and resort to selling.

The dialogue session ended with a call to stakeholders to intevene with various supporting activities such as capacity building to the community on the importance of having six groups of food, how to prepare nutritious food and intensification of homestead farming.

Participants also called on duty bearers to directly empower the community with seedlings of fruits, banana suckers and pass on domestic animals program to check

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Participants noted that there must be collaboration and shared objectives amongst stakeholders to achieve 100 percent nutrition rate. The participants also called for a long term productive partnership between the community and stakeholders including government institutions.

METHOD AND SETTING

The dialogue session's use of photographs depicting different types of food gave a vivid picture of the topic which also enhanced the flow of the session whereby participants ably provided challenges that they encounter. The segregation of participants which mixed gender and different age groups helped the participants to learn from each other well.

ADVICE FOR OTHER CONVENORS

The convenors simplified the session by using vivid examples to stimulate participants' memory that in turn helped them to give challenges impeding the successful achievement of nutrition security in the area.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

The stakeholders from both District and area nutrition coordinating committee members, World Vision and participants themselves freely contributed to achieve the objectives of the dialogue session to make the area nutrition security.

RELEVANT LINKS

- **Children urge parents to grow diversified crops**
<https://mwnation.com/children-urge-parents-to-grow-diversified-crops/>