

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Discussing nutrition with CAY from Banovici community
WORKSHOP DATE	Friday, 20 December 2024 11:00 GMT +01:00
CONVENED BY	Nela Hukic Event announced on behalf of the Convenor by: Dragana Bulic. Technical support Feedback published on behalf of Convenor by: Nela Hukic. technical support
EVENT LANGUAGE	Bosnian
HOST CITY	Banovići, Bosnia and Herzegovina
GEOGRAPHIC SCOPE	community level
AFFILIATIONS	WV Vrijedni paznje / Invisible No More Youth Network (ITAW)
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/56865/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

12

PARTICIPATION BY AGE RANGE

0 12-15

12 16-18

PARTICIPATION BY GENDER

8 Female

4 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

Apart from gender diversity, the group was diverse in terms of family background/ profile with some of the participants coming from urban and some from rural areas. Those from rural areas had access to land and their families are mainly involved in feed production themselves, the fact that is the basis of satisfaction, security and even pride of the children who consider ability to produce own food a major asset for today's families.

SECTION TWO: FRAMING

The municipality of Banovici lies on the Sprečko polje, North-East of Bosnia and Herzegovina and the geographical area itself, together with the favorable climate offers many opportunities for growing food. Many families make a living from their work in the fields. The workshop was designed to raise awareness of the access and availability of food as blessings and embrace gratitude. Although this small community is not suitable for the life of young people in its fullness, it still offers the basic necessities of life that their peers from other countries do not often have. Therefore, the workshop focused on raising awareness of this benefit and steps to maintain such a state. They participating youth said about understanding good nutrition: - We should be grateful for having three meals a day and unlimited access to clean drinking water; - Gratitude for mom cooking healthy and tasty meals which are good and nutritious for me and my family; - Gratitude for ability to grow own food and having small garden in which quality fruit and veg are produced; - Gratitude for having unlimited access to bread and never going to bed hungry; - Gratitude for food production and good climate conditions for nutrition; - Water and sufficient amount of food; - Thankful for the fact they do not ever have to worry about food or having something to eat; - Grateful for clean water, fruits and vegetables and rich and varied food.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

Participants discussed a series of challenges, but the key ones included the worry about the effects that the local coal mining industry pollutes air and land and may have diverse effects on food production and well as challenges that climate change will bring to food production and consumption. However, 2 key challenges are - 1. increasing consumption of fast feed by children and youth which has low or no nutritional value for developing organism and 2. increasing lack of time for preparation of quality food/ meals due to pace of living

URGENT RECOMMENDATIONS FOR ACTION

Participants see education and awareness raising as key urgent action that needs to be carried out on all levels of action on nutrition. They feel that there is generally not enough knowledge and platforms in which this critical topic is discussed. Bring the topic and its facets closer to key target groups - children youth, parents, educators, health professionals and policy makers.

AREAS OF DIVERGENCE

Not much divergence in opinions. Participants' perspectives have mainly complemented and upgraded on one another.

OVERALL SUMMARY

Preparation of the workshop was a bit difficult due to the language barrier. All materials had to be translated and adapted to the local context.

The preparation was made more difficult due to not having access to educational sessions provided on the website during the preparation and study of materials for the workshop.

Participants discussed this topic for the first time and found it exceptionally important and useful, pointing to the need to have more of these workshops organised for broader number of CAY and other relevant groups of population.

The workshop was successfully conducted and a testament to the power of collaboration, the importance of listening to diverse perspectives, and the urgent need to prioritize children's nutrition as a cornerstone of community development. It leaves us energized to continue this vital work and inspired by the potential for transformative change.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

All principles of engagement adhered to. The workshop convener has long experience in conducting workshops with children and youth on different topics.

METHOD AND SETTING

The methodology of the workshop is from the manual, performed as recommended. The SFG standards were respected in such a way that a local organization (WV established and continues to support) organized a workshop and invited the children and secured consent from the parents along with invitation. Before the beginning of the workshop, participants were asked for verbal consent to have their photos taken/published. Setting informal and comfortable in Association's premises. Refreshments provided.

ADVICE FOR OTHER CONVENORS

It is advisable to have the children who have experience in participating in the workshop for more dynamic engagement. Good preparation and being informed on the subject matter. Knowing the content of the feedback form prior to going into the workshop is advisable for ensuring that key information is collected.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Acknowledgements go to the Youth Association BaUM and their amazing members.