

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Farmers' Input on Nutrition
DIALOGUE DATE	Friday, 20 December 2024 15:00 GMT +03:00
CONVENED BY	Lamech Okello; Program Manager REACTS-IN & Evans Wanunda Program Coordinator Grow ENRICH
EVENT LANGUAGE	Kiswahili
GEOGRAPHIC SCOPE	Elgeyo Marakwet County, Marakwet East Sub-County
AFFILIATIONS	World Vision
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/56952/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

28

PARTICIPATION BY AGE RANGE

0	0-11	0	12-18	9	19-29
17	30-49	2	50-74	0	75+

PARTICIPATION BY GENDER

19	Female	9	Male	0	Other/Prefer not to say
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NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0	Children, Youth Groups and Students	1	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	28	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

None

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

The Dialogue was conducted in Marakwet East where we have one ethnic group. It was in rural and peri-urban setting.

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

WHO recommends Exclusive Breast Feeding (EBF) during the first six months of life because breast milk contains all the nutrients required for development, growth and child survival. Timely, adequate, and safe introduction of complementary foods is critical at six months when breast milk alone is no longer sufficient to meet the nutritional requirements of infants and young children. Consuming a healthy diet throughout a person's life helps prevent malnutrition in all its forms as well as a range of diet-related noncommunicable diseases and conditions.

DISCUSSION

Farmers Input on Nutrition. How the farmers can support in ensuring all households have adequate nutritious food. Which will help in reducing malnutrition.

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

- Lack of Knowledge on best practices of maternal and child health nutrition.
- Cultural Taboos / Cultural ties preventing women from practicing better nutrition
- Low poverty levels in households
- Maternal complications hindering proper nutrition
- Climate change actions
- Lack of water for irrigation
- Lack of certified seeds for planting

URGENT ACTIONS

Addressing these challenges requires a multi-faceted approach that combines policy reforms, capacity building, technology integration, and stakeholder collaboration. Here are possible solutions:

1. Establishing Water Pipelines and Storage Tanks
Advocate for increased funding to Agricultural sector: Engage policymakers through evidence-based advocacy to allocate a higher percentage of budgets to make water for irrigation easily accessible.
2. Have more extension officers for proper guidance to farmers
Advocate for increased funding to employ adequate extension workers to help in guiding farmers through successful farming practices.
3. Capacity building and empowering of especially Youth and Women groups.
4. Introduce more bio-fortified crops while ensuring availability of certified seeds for sustainability
5. Introduce dairy farming through improved breeds of cattle, goats and sheep

AREAS OF DIVERGENCE

Most of the issues which were raised during the discussion, participants agreed with them

OVERALL SUMMARY

Agricultural policies and strategies integrate nutrition into agricultural value chains through the following approaches:

1. Promotion of diversification of crops production, animal husbandry and fisheries
2. Diet diversification through promotion of the 10 food groups
3. Nutrition education on food preservation and processing
4. Non-food approaches that impact on nutrition such as dissemination of gender friendly technologies that reduce time and work burden.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

The Principles of Engagement were strictly followed during the Nutrition Dialogue to make sure that conversations were open, honest, and motivated by respect for other points of view. Throughout the event's development and implementation, these guiding principles helped to manage conflicting interests and ensure fruitful dialogues. The inclusion of participants and grounding the dialogue in evidence and fostering respectful debate, the event created a space where the Farmer Group Members could explore challenging topics while remaining focused on shared goals.

METHOD AND SETTING

An accessible and neutral venue was chosen, i.e. Chesoi Constituency Development Fund Hall. Despite not having power, there was participation from all members ensuring an inclusive atmosphere was fostered. A report was then compiled, summarizing the challenges discussed and proposed solutions.

ADVICE FOR OTHER CONVENORS

Prior planning is important for success nutrition dialogue. All participants should be allowed to share their ideas.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Appreciates the support of County Government through the department of Agriculture who mobilized farmers to come for the nutrition dialogue. Also Marakwet Esat Constituency team who supported by availing the hall for the meeting.

ATTACHMENTS

- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Stakeholder-Dialogues-Feedback-Farmers-1.docx>