

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Nutrition as conceived by Women Groups
DIALOGUE DATE	Friday, 20 December 2024 10:00 GMT +03:00
CONVENED BY	Brian Mutwiri- Project Officer, Nutrition, World Vision Kenya, REACTS IN Project
EVENT LANGUAGE	English & Kiswahili
HOST LOCATION	Chebara, Kenya
GEOGRAPHIC SCOPE	Elgeyo Marakwet, Kipkulot
AFFILIATIONS	World Vision Kenya- REACTS-IN Project
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/56954/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

22

PARTICIPATION BY AGE RANGE

0	0-11	0	12-18	2	19-29
18	30-49	2	50-74	0	75+

PARTICIPATION BY GENDER

22	Female	0	Male	0	Other/Prefer not to say
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NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0	Children, Youth Groups and Students	1	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	0	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
22	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

Only one women group participated in the discussion.

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

The women group members were from low income earning and from diverse ethnicity (Marakwet and Keiyo). They were derived from peri urban and rural.

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

WHO recommends Exclusive Breast Feeding (EBF) during the first six months of life because breast milk contains all the nutrients required for development, growth and child survival. Timely, adequate, and safe introduction of complementary foods is critical at six months when breast milk alone is no longer sufficient to meet the nutritional requirements of infants and young children.

DISCUSSION

Nutrition as conceived by women group. The discussion was on what is nutrition and how good nutrition impact group and development of Children and adults.

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

- Patriarchal Nature of their community. This is when a community perceives men as more superior than women in a particular community.
- Social and Political disempowerment. This is when there is a negative force that makes women's social and political relations and their positions in socio-political structures inferior as that of men.
- Lack of Capacity building that target women with educational models on nutrition to ensure sustainability.
- Lack of an enabling economic environment for women while also ensuring their contribution to the labor force and lastly supporting their psychological well-being at all times.

URGENT ACTIONS

Addressing these challenges requires a multi-faceted approach that combines policy reforms, capacity building, technology integration, and stakeholder collaboration. Here are possible solutions:

1. Inadequate Resource Allocation for Nutrition

Advocate for increased funding: Engage policymakers through evidence-based advocacy to allocate a higher percentage of budgets to nutrition programs.

Public-private partnerships: Leverage private sector resources to complement government efforts.

2. Poor Dissemination of Policies

Simplify and localize policies: Translate complex policies into user-friendly materials in local languages for broader understanding.

Strengthen communication channels: Use mass media, social media, and community outreach to share policies widely.

Train implementers: Build the capacity of county and sub-county staff to understand and apply policies effectively.

3. Gender Mainstreaming

Advocate for gender equality in patriarchal societies through creation of equitable sharing of socio-political positions.

4. Economic Empowerment

Ensure that women are actively involved the economic sector and are also contributing to the labor force with good psychological well-being.

AREAS OF DIVERGENCE

None

OVERALL SUMMARY

Nutrition policies aim to improve population health, enhance well-being, and promote socio-economic development by addressing malnutrition in all its forms—undernutrition, micronutrient deficiencies, and overnutrition. These policies are often guided by global frameworks such as the Sustainable Development Goals (SDGs), the World Health Assembly (WHA) nutrition targets, and national commitments to combat malnutrition

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

The Principles of Engagement were strictly followed during the Nutrition Dialogue to make sure that conversations were open, honest, and motivated by respect for other points of view. Throughout the event's development and implementation, these guiding principles helped to manage conflicting interests and ensure fruitful dialogues. The inclusion of participants and grounding the dialogue in evidence and fostering respectful debate, the event created a space where the Women Group Members could explore challenging topics while remaining focused on shared goals.

METHOD AND SETTING

An accessible and neutral venue was chosen, i.e. Yamdaet Women Group Bakery Hall. There was participation from all members ensuring an inclusive atmosphere was fostered. A report was then compiled, summarizing the challenges discussed and proposed solutions.

ADVICE FOR OTHER CONVENORS

All materials required for the event should be available before the date. Participants should be allowed to share their thoughts during the discussion.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Appreciates the Chair lady of Yabdaet Women Group (Christine) for allowing us to use the group hall during our discussion.

ATTACHMENTS

- **Women Group report**
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Stakeholder-Dialogues-Feedback-Women-Groups.docx>