

# OFFICIAL FEEDBACK FORM

<b>DIALOGUE TITLE</b>	Stakeholder's Dialogue on Nutrition
<b>DIALOGUE DATE</b>	Friday, 20 December 2024 14:00 GMT +05:45
<b>CONVENED BY</b>	Shyam Adhikari Event announced on behalf of the Convenor by: Priscilla Dhakal. Facilitator
<b>EVENT LANGUAGE</b>	Nepali
<b>HOST LOCATION</b>	Lalitpur, Nepal
<b>GEOGRAPHIC SCOPE</b>	Bungmati ward now 22
<b>DIALOGUE EVENT PAGE</b>	<a href="https://nutritiondialogues.org/dialogue/57028/">https://nutritiondialogues.org/dialogue/57028/</a>



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

45

## PARTICIPATION BY AGE RANGE

0	0-11	5	12-18	5	19-29
27	30-49	7	50-74	1	75+

## PARTICIPATION BY GENDER

21	Female	24	Male	0	Other/Prefer not to say
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## NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

5	Children, Youth Groups and Students	14	Civil Society Organisations (including consumer groups and environmental organisations)
4	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	7	Food Producers (including farmers)
2	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
3	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	10	Other (please state)

## OTHER STAKEHOLDER GROUPS

## ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

The participants in the dialogue are from various backgrounds which includes, local government representatives (Ward Chairs, Child Rights Committee focal), health post incharge, FCHVs, parents, teachers, children and general public.

# SECTION TWO: FRAMING AND DISCUSSION

## FRAMING

The dialogue was started with an introduction where participants mentioned about their name and the favorite food. Following to that, sharing was made from World Vision about the objectives and purpose of collecting information from the dialogue. The photos indicating different status related to nutrition was shared to each individuals and selected individuals shared their opinions about the selected photos. Since some of the photos are depicting poor nutritional status and some of them are related to positive outcome of nutrition. One of the participants mentioned (by showing the photo related to FCHV engagement), ' the services FCHVs are providing in community are always praiseworthy and in our community they are the one who are reaching the community in regular basis and providing information related to health and maintaining nutrition behaviour'. After photo session and getting into the concept, the participants were divided into three groups and discussed on following questions; 1. What are the concerns and challenges with nutrition in your community? 2. What actions are required to ensure good nutrition for all in our community? 3. Who can be the key stakeholders to enable good nutrition for all, and what will be their role? The participants discussed in a group of three and shared their opinion through world cafe modality. Hence all the participants have contributed to the mentioned questions.

## DISCUSSION

The sharing was made by the health and nutrition lead of World Vision Nepal, where he shared about the intervention of World Vision on accessing nutrition in community. The open ended questions such as; i) with reference to the photo you have, what is the reality of nutrition in your community, and is that how you envision your community to be?, ii) what are the concerns and challenges with nutrition in your community?, iii) what actions are required to ensure good nutrition for all in your community?, iv) who can be the key stakeholders to enable us to achieve good nutrition for all in our community, and what will be their role?

# SECTION THREE: DIALOGUE OUTCOMES

## CHALLENGES

The nutrition challenges faced by the participants of the dialogue are as follows:

1. Easily accessible junk food in convenience stores
2. Lack of farming in own farmland
3. Consumption of chemically infused food
4. Lack of awareness regarding nutritious food
5. Untimely consumption of food
6. Poor financial conditions
7. Eating patterns; disliking nutritious food
8. Lack of efforts towards improving nutrition
9. Minimal public engagement in programs related to nutrition
10. Laziness
11. Busy lifestyle
12. Illiteracy
13. Not cooking food with proper techniques

## URGENT ACTIONS

The following actions were identified by participants of the dialogue:

1. Encourage production of locally available crops
2. Awareness on nutrition should be provided on a regular basis
3. Employment opportunities should be provided by the government
4. Increase crop production
5. Balanced diet should be consumed by all
6. Food should be free from chemical fertilizers and pesticides
7. Diet as per the age, weight and situation
8. Food security
9. Proper labelling of products (price, manufactured date, expiry date, ingredients, nutritional facts)
10. Orientation and training to adults and students regarding nutrition, food security, healthy eating habits
11. Monitoring and assessment of food suppliers
12. Develop infrastructures such as roads, education, electricity

## AREAS OF DIVERGENCE

No any divergence on the views and opinions.

## OVERALL SUMMARY

The stakeholder dialogue conducted in urban setting was attended by the participants from diverse background however, they don't have proper understanding and knowledge about nutrition. They shared that, due to the busy schedule, they are not able to provide adequate attention to their children for providing nutritional food. Similarly, some of the participants mentioned about the excessive use of chemicals in the food is causing malnutrition among children.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

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## PRINCIPLES OF ENGAGEMENT

Prior to the event, coordination meeting with ward office including ward chair and ward secretary was conducted. Coordination with the local health post in charge ensured her participation in the event. Given the event was organized in the ward office, the elected representatives were busy during the office hour hence the event was organized after office.

## METHOD AND SETTING

The dialogue began in a formal setting where, ward chair welcomed all. The reality vs. expectation check exercised was conducted with reference to the photos given to them. Then group discussion was held in the world café model, where we set up spaces and assigned each space with a question for discussion. 3 mixed groups of 8-10 were formed where they discussed the questions provided and presented at the end.

## ADVICE FOR OTHER CONVENORS

NA

# FEEDBACK FORM: ADDITIONAL INFORMATION

## ACKNOWLEDGEMENTS

Thank you to the local government who has provided the spaces for the dialogue. Similarly colleagues from local NGO, CDS Nepal played important role in coordination. The WVI Nepal and project lead in that location are equally thankful for convening the dialogue.

## ATTACHMENTS

- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image8-scaled.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image1.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image1-scaled.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image2-scaled.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image3-scaled.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image4-scaled.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image5-scaled.jpg>
- <https://nutritiondialogues.org/wp-content/uploads/2024/12/Image7-scaled.jpg>