# **OFFICIAL FEEDBACK FORM**



DIALOGUE TITLE	Challenges facing the nutrition sector in Burundi		
DIALOGUE DATE	Wednesday, 11 December 2024 09:00 GMT +02:00		
CONVENED BY	Jean Claude Ndayishimiye Event announced on behalf of the Convenor by: Javan Niyakire. Technical support Feedback published on behalf of Convenor by: Javan Niyakire. Technical support		
EVENT LANGUAGE	English		
HOST LOCATION	Gitega, Burundi		
GEOGRAPHIC SCOPE	Community level		
AFFILIATIONS	World Vision		
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/57100/		





The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

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- Published as publicly available PDFs on the Nutrition Dialogues Portal Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page Available publicly within a .xls file alongside all Feedback Form data for advanced analysis Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# **SECTION ONE: PARTICIPATION**

Т	TOTAL NUMBER OF PARTICIPANTS						
PAR	RTICIPATION BY AGE RANG						
0	0-11	0	12-18		5 19-29		
8	30-49	З	50-74		0 75+		
PARTICIPATION BY GENDER							
10	Female 6	6 Male			0 Other/Prefer not to say		
NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP							
0	Children, Youth Groups and Students			2	Civil Society Organisations (including consumer groups and environmental organisations)		
3	Educators and Teachers			3	Faith Leaders/Faith Communities		
0	Financial Institutions and Technical Partners			2	Food Producers (including farmers)		
2	Healthcare Professionals			0	Indigenous Peoples		
0	Information and Technology Providers			0	Large Business and Food Retailers		
0	Marketing and Advertising Experts			0	National/Federal Government Officials and Representatives		
0	News and Media (e.g. Journalists)			2	Parents and Caregivers		
0	Science and Academia			0	Small/Medium Enterprises		
2	Sub-National/Local Government Officials and Representatives			0	United Nations		
0	Women's Groups				Other (please state)		

OTHER STAKEHOLDER GROUPS

No, the groups of participants are the ones mentioned above.

## ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

Almost all of them were from the rural area of Itaba commune of Gitega province, center of Burundi. Some were educated/civil servants while others being from the private sector/farmers.

# **SECTION TWO: FRAMING AND DISCUSSION**

#### FRAMING

We started with introducing each other and introducing the theme of our doscussion. Then, a brief presentation on the state of nutrition was presented by the convenor. Afterwards, participants divided in small groups the discuss and come up with summarized ideas on questions given to them.

#### NUTRITION SITUATION PRESENTATION

https://nutritiondialogues.org/wp-content/uploads/2024/12/Short-presentation-in-Itaba-commune-during-the-Nutrition-dialogue.pdf

#### DISCUSSION

1. What are the nutrition problems/challenges in your environment? 2. What are the possible solutions to overcome these problems? 3. What are the urgent actions and by whom?

# SECTION THREE: DIALOGUE OUTCOMES

## **CHALLENGES**

- Small plots of arable land due to overpopulation
- 2. The soil that is no longer fertile
- 3. Little skills about how to prepare balanced diet
- 4. The ignorance of the importance of a balanced diet
- 5. Poor hygiene 6. Alcoholism
- 7. Poor harvest due to effects of climate change
- 8. Lack of improved seeds
- 9. Poverty in families
- 10. Calamities and disasters
- 11. Behavior change in regard to nutrition is an issue,
- 12. Poor livestock breeding
- 13. Diseases related to malnutrition
- 14. Thefts in the fields of crops
- 15. People are not motivated to engage in income generating activities

## **URGENT ACTIONS**

Participants came up with urgent actions that should be done to find urgent solutions to nutrition related challenges. And they think that the central and local government institutions, faith denominations and NGOs have key roles to play.

The actions they suggested are as follow:

- 1. Training people on how to take care of their arable land and that they should breed small livestock.
- 2. People should be sensitized not to misuse their harvest
- 3. Sensitizing citizens to engage in income generating activities so that they diversify their income.
- 4. Sensitize people around healthy eating
- 5. Sensitizing people around hygiene and cleanliness
- 6. People should be enabled to have access to improved seeds
- 7. Sensitized people around eating balanced diets
- 8. Sensitized people around birth planning
- 9. Initiating projects aiming at increasing food production

10. People spending time on public places erring should be held accountable as they do not contribute in food production.

## **AREAS OF DIVERGENCE**

The participants did not diverge in opinions or views.

# **OVERALL SUMMARY**

Nutrition related issues are real in Burundi. Cases of malnutrition are frequent in Itaba where the dialogue took place. While participants agree on urgent actions and who should take the responsibility, they also agree on challenges. They touched family planning as big family sizes come to be a challenges to food production efforts. They also suggested that improved agricultural techniques should be taught to people. People should also assisted when they encounter climate change shocks.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

## **PRINCIPLES OF ENGAGEMENT**

The participants were invited ahead of the due date and were divided in small groups to facilitate a flow of ideas. Different groups that were present are: Health practitioners, education specialists, agronomists, faith leaders, and local administration leaders. There was no competing interests expected.

#### METHOD AND SETTING

We invited the different groups we normally work with at community level. They were grouped in small groups and we worked in a room provided by the local administration.

#### **ADVICE FOR OTHER CONVENORS**

Invitation to expected participants should be sent as early as possible. Sharing with them the theme of the dialogue is also good as they allow them to think ahead of time what should be their contribution in discussions. The participants should be a very big number as managing would be an issue and result in missing some contributions.

# **FEEDBACK FORM: ADDITIONAL INFORMATION**

### ACKNOWLEDGEMENTS

I acknowledge the support received from fellow World Vision staff and I also appreciate the participation of the people invited and for their valuable views.