

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Nutrition Dialogues Children's Workshops of World Vision International Mali
WORKSHOP DATE	Saturday, 14 December 2024 10:00 GMT +00:00
CONVENED BY	Konworo Tienou
EVENT LANGUAGE	French and Bambara
HOST CITY	Diema, Mali
GEOGRAPHIC SCOPE	Diema Mali
AFFILIATIONS	NA
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/57130/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

1

PARTICIPATION BY AGE RANGE

14 12-15

11 16-18

PARTICIPATION BY GENDER

13 Female

12 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

Our Nutrition Dialogues with Children was inclusive with the participation of disabled children, some orphans, and some Coranic school children. We emphasised inclusive participation, regardless of race, ethnicity or religion, and all the children were well represented. All the religions were well represented, as well as the social situation, and the children from the local parliament called on all the children, without exclusion, and this enabled a diverse dialogue to take place.

SECTION TWO: FRAMING

Our workshop began by presenting the ENOUGH campaign. We then discussed the realities of nutrition issues in the local context, and the topics that came up had to do with climate change. The children focused on the problem of malnutrition, which is rife in our country, particularly in the area where the dialogue took place. The answers given by the children touched on the issues of poverty, conflict and climate change. The case of child beggars who spend the day begging was also raised as a major nutritional challenge, especially street children who have no parents to look after them.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

Children have quoted some challenges regarding nutrition:

Parental neglect, poverty, lack of medical care, lack of food, eating disorders due to physiological disorders, climate change.

Here there is the high cost of living, the lack of money, the lack of quality meat and fish, the lack of fruit, the lack of water and the lack of quality vegetables.

The need for funding, parents are unemployed, insufficient income for parents, harvests are not good.

Lack of drinking water

Lack of water during the dry season, no grass for the animals, so difficult to get good meat to eat.

Lack of varieties in the shops (vegetables, fruit, etc.) Insufficient rainfall; communities have no equipment for processing local food. The high cost of food (high cost of living)

URGENT RECOMMENDATIONS FOR ACTION

In terms of recommendations, the children made the following:

The government should do more to tackle malnutrition in remote villages and hard-to-reach areas. It must ensure that every neighbourhood or village has a large vegetable garden.

The government, parents, NGOs and World Vision must work together to ensure good nutrition. The government must focus on agriculture by giving equipment to farmers and creating companies to process agricultural products. Parents must take action to ensure that their children have a good diet. They can become shareholders in NGOs.

Build water towers to meet the community's water needs, get women involved in gardening, give vitamin supplements to children, work with NGOs, especially World Vision, and dig wells for animals.

To improve children's diet, the government must put in place food policies that promote access to nutritious food and support local agriculture.

Raise awareness in all communities of the importance of good nutrition

Parents should be encouraged to adopt healthy eating practices for their children.

AREAS OF DIVERGENCE

The children have understood the need to work together to win the fight against the problems of nutrition, but the children who are vulnerable find that the different meals that a child should have a day is not respected. According to them, eating 3 or 4 times a day depends on their chance of obtaining a meal.

OVERALL SUMMARY

The dialogue on nutrition with the children has enabled them to strengthen their participation and understand that they are important and that their contribution counts.

On the whole, the children say they have understood the need to intervene in order to be listened to by the highest authorities in their country.

A child beggar said: 'I'm very happy today to know that my voice counts when it comes to children's issues, and I'm now committed to helping to raise parents' awareness of the importance of nutrition.'

Another child will say that we children we are proud that our voices can be heard, and our participation is always needed.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Children are committed to taking action to help eradicate malnutrition and are ready to act as ambassadors to decision-makers for lasting change.

METHOD AND SETTING

Our workshop took place in a conference room. The children were divided into four working groups, each of which dealt with the questions posed, and then it was time for the group work to be presented. All the activities were supervised by two monitors with the support of the local head of child protection. The children were given two breaks: the first break was marked by the distribution of biscuits, and towards the end they were treated to a shared meal.

ADVICE FOR OTHER CONVENORS

Yes, the advice I can give is to focus on the inclusive participation of children

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

I would like to thank the Diema cluster for helping to organise this dialogue with the children, and I would also like to congratulate the children who took part in this exercise.