

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	Children Participation in School Meals in Nyawa
WORKSHOP DATE	Thursday, 11 June 2026 10:12 GMT +02:00
CONVENED BY	Jonathan Banda, ADP Manager-World Vision Zambia
EVENT LANGUAGE	English
HOST CITY	Kazungula, Zambia
GEOGRAPHIC SCOPE	Community Level
AFFILIATIONS	World Vision -Nyawa ADP
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/60405/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS	30
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PARTICIPATION BY AGE RANGE

23	12-15	7	16-18
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PARTICIPATION BY GENDER

18	Female	12	Male	0	Other/Prefer not to say
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ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The workshop was conducted at Kantamba Primary School in Nyawa Area Development Programme (ADP) and brought together boys and girls from Grades 5, 6, and 7. The activity was undertaken to get the views of children Participation on School Meals in view of the persistent nutrition and food security challenges affecting children in the area, where approximately 66% of households live below the poverty line according to the Kazungula District Integrated Development Plan (2021-2030).

SECTION TWO: FRAMING

The dialogue commenced with an interactive discussion to assess learners' understanding of nutrition and the concept of good nutrition. It further explored the role that children can play in improving nutrition through active participation in the school feeding programme, making informed choices about nutritious foods, and promoting good hygiene and the use of safe, clean water. The session also emphasized the importance of good nutrition in supporting healthy growth, learning, and overall well-being among school-going children.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

- 1. Children are not involved in the selection of meals provided through the Government School Feeding Programme under the Ministry of Education (MoE).
- 2.The meals provided mainly consist of carbohydrates and, occasionally, proteins (primarily maize meal and beans), and are only served twice per week, limiting dietary diversity and nutritional adequacy.
- 3.Children largely depend on seasonal fruits and vegetables, most of which are sourced from the wild, as the area lacks orchards and has limited access to water for productive agricultural activities.
- 4. Poor hygiene practices persist due to inadequate access to safe and clean water, as well as insufficient sanitation facilities.
- 5.The school has limited financial resources to invest in productive ventures such as poultry and goat rearing, which could provide a sustainable source of protein and generate income to supplement the current school feeding programme.

URGENT RECOMMENDATIONS FOR ACTION

- 1.Children expressed a desire to actively participate in the selection of meals provided by the Ministry of Education, particularly in deciding the types of school meals they would prefer.
- 2.Children indicated that they want school meals to be more balanced and nutritious, comprising carbohydrates, proteins, and vitamins, and to be provided consistently throughout the school week.
- 3.Children expressed the need for government support in providing adequate water for production purposes, enabling the establishment of vegetable gardens and fruit orchards within the school.
- 4.Children requested that the government mechanize the existing borehole and construct adequate ablution blocks for both boys and girls at the school to promote proper hygiene practices and improve health outcomes.
- 5.Children further requested that the school lobby for additional financial resources through the Constituency Development Fund (CDF) to support income-generating activities such as poultry and goat rearing, which would enhance access to protein and supplement school meals.

AREAS OF DIVERGENCE

There were no areas of divergence, as all children were in agreement on the need to actively participate in the selection of meals provided by the Ministry of Education, particularly in determining the types of school meals they would prefer, as well as addressing all the urgent concerns raised during the discussion.

OVERALL SUMMARY

The nutrition dialogue workshop held at Kantamba Primary School provided a valuable platform for learners to freely express their perspectives on the implementation of the Government School Feeding Programme. The children emphasized the importance of being actively involved in the selection of school meals to ensure that their preferences are considered and reflected in the feeding programme. While they appreciated the provision of school meals, they raised concerns about limited dietary diversity, noting that the current meals largely consist of carbohydrates and, on occasion, proteins such as maize and beans. They further recommended that meals be provided consistently throughout the week, as many learners have limited or no access to food at home. In addition, the learners highlighted challenges related to inadequate access to clean water for consumption and production purposes, which limits opportunities for establishing vegetable gardens, fruit orchards, and income-generating activities such as poultry and goat rearing that could enhance dietary diversity, improve nutrition, and equip them with life skills. The children also appealed for urgent attention to these needs, noting that improved nutrition and water access would contribute significantly to better health outcomes and improved academic performance. Overall, the enthusiasm, participation, and commitment demonstrated by the learners during the dialogue were highly commendable and reflect a strong willingness to contribute to improving their own nutrition and well-being.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

The facilitator ensured that all children were appropriately guided throughout the session, with participants' views respected and equal opportunities provided for them to contribute ideas and make suggestions that they felt would be beneficial to all children in schools.

METHOD AND SETTING

All the 30 children were engaged and oriented at the beginning of the session on the purpose and expectations of the nutrition dialogue, after which they were organized into groups of two for discussions. Given the windy conditions on the day, the session was conducted indoors in a classroom setting.

ADVICE FOR OTHER CONVENORS

Nutrition dialogues for children provide a valuable platform for listening to their voices on issues that affect their well-being. In this regard, it is important for the convener to create a safe, inclusive, and conducive environment that enables all children to freely and confidently participate. Children should also be encouraged to take on various roles throughout the process, as the platform is designed to reflect their perspectives and promote meaningful engagement.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Special appreciation is extended to the Ministry of Education and the authorities at Kantamba Primary School for granting the team the opportunity to engage with learners and for their cooperation in ensuring the successful conduct of the nutrition dialogue. Appreciation is also extended to the support team, including the Development Facilitator for Child Protection and CESP (Co-facilitator), and to the participating children for generously sharing their time, experiences, and perspectives.

ATTACHMENTS

- **Attendance List**
<https://nutritiondialogues.org/wp-content/uploads/2026/06/Nyawa-ADP-Attendance-List-for-Children-Nutrition-Dialogue.pdf>
- **Group Photo with Children and Teachers**
<https://nutritiondialogues.org/wp-content/uploads/2026/06/shared-image-2026-06-24T191909.984.jpg>
- **Children participating in group work**
<https://nutritiondialogues.org/wp-content/uploads/2026/06/shared-image-2026-06-24T191928.788.jpg>
- **Children displaying Maize Meal and beans served under their school meals**
<https://nutritiondialogues.org/wp-content/uploads/2026/06/shared-image-2026-06-24T192021.223.jpg>
- **A participant explaining on energy giving foods**
<https://nutritiondialogues.org/wp-content/uploads/2026/06/shared-image-2026-06-24T191240.347.jpg>