

OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	The role of Savings Groups in increasing income to improve access to nutritious food
DIALOGUE DATE	Thursday, 11 June 2026 10:30 GMT +02:00
CONVENED BY	Edmond Nkhungulu, Development Facilitator, World Vision Zambia
EVENT LANGUAGE	English
HOST LOCATION	Mufumbwe, Zambia
GEOGRAPHIC SCOPE	Community level
AFFILIATIONS	World Vision Zambia
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/60541/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS	1
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PARTICIPATION BY AGE RANGE

0	0-11	0	12-18	5	19-29
7	30-49	4	50-74	0	75+

PARTICIPATION BY GENDER

8	Female	8	Male	0	Other/Prefer not to say
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NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0	Children, Youth Groups and Students	0	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	13	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

The group consisted of Community-Based Volunteers that champion the formation of Saving Groups in the communities, and they themselves also do belong to Saving groups. While the group shared a common role as CBVs and saving group members, they differed in education levels, livelihoods, and household circumstances. This diversity enriched the discussions and ensured that a wide range of community voices and experiences were represented.

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

The activity was held centrally during a review meeting for the Community Agents. the dialogue was framed withing the local context of food insecurity and limited nutrition availability. The participants discussed the dietary nutritional needs in the community, which is still a challenge as most families are not aware of not only the quantity of foods, but also the quality aspect, that is comprising of all the food categories. Access to quality and nutritious foods remains a challenge in Twoford due to limited household income and the inadequate availability of nutritious food options within the community, hence the importance of involving Savings Groups as a means of income generation and enabling households access diverse and nutritious foods.

DISCUSSION

What are the different food groups? how easily do communities access nutritious foods identified?

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

Limited resources to purchase nutritious foods making it difficult for households to maintain diverse healthy diets
limited availability of nutritious foods within the community reducing access to variety of nutrient rich foods

URGENT ACTIONS

Improving household income through various income generating activities including saving groups by strengthening the already existing Saving groups and encouraging community members to be part of them as a safety net for them.

Improving access to nutritious foods through crop diversification including establishing of home gardens, rearing small livestock to provide the needed proteins

AREAS OF DIVERGENCE

There was limited divergence as there was broad agreement on the main nutrition challenges facing their communities. Most participants agreed that the lack of adequate income to purchase nutritious foods and the limited availability of such foods within the community were the key barriers to improved nutrition.

OVERALL SUMMARY

The discussion showed that many families struggle to provide nutritious food because of low incomes and limited availability of healthy foods. They also suggested practical solutions such as home gardens, growing vegetables, keeping chickens, and small livestock to increase access to nutritious foods at household level. Savings Groups were seen as a key support because they help families save money, access small loans, start businesses, and invest in food production, making it easier to afford and access nutritious foods. Overall, participants agreed that combining nutrition education, Savings Groups, and household food production can help families eat better and become more food secure.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

Principles of Engagement were reflected through inclusive participation, respect, transparency, and open discussion. CBVs were given an opportunity to share their experiences and views on nutrition challenges without judgement. Different perspectives were welcomed, and participants worked together to identify practical solutions such as strengthening Savings Groups, nutrition education, and household food production.

METHOD AND SETTING

The meeting was a semi-formal meeting, within a conference room.

ADVICE FOR OTHER CONVENORS

Make the dialogue practical, inclusive, and focused on people's real experiences. Give participants space to share the nutrition challenges they face and encourage them to suggest solutions that can work locally

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

I would like to thank Muyanda Ndhlovu for the wonderful collaboration during the dialogue meeting.

ATTACHMENTS

- Attendance List
- Photo
- Photo