

# OFFICIAL FEEDBACK FORM

|                     |                                                                                                                                                                                                                                                                    |
|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DIALOGUE TITLE      | Promoting Locally Nutritious foods in Nyawa Area Programme                                                                                                                                                                                                         |
| DIALOGUE DATE       | Friday, 28 August 2026 15:00 GMT +02:00                                                                                                                                                                                                                            |
| CONVENED BY         | Kasamba Moyo and Owen Sikuneta, Community Development Workers, World Vision Zambia, Nyawa ADP<br>Event announced on behalf of the Convenor by: Jonathan Banda. Technical Support<br>Feedback published on behalf of Convenor by: Jonathan Banda. Technical Support |
| EVENT LANGUAGE      | English                                                                                                                                                                                                                                                            |
| HOST LOCATION       | Kazungula, Zambia                                                                                                                                                                                                                                                  |
| GEOGRAPHIC SCOPE    | Community Level                                                                                                                                                                                                                                                    |
| AFFILIATIONS        | This event was organized by World Vision, Nyawa ADP                                                                                                                                                                                                                |
| DIALOGUE EVENT PAGE | <a href="https://nutritiondialogues.org/dialogue/61170/">https://nutritiondialogues.org/dialogue/61170/</a>                                                                                                                                                        |



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

|                              |    |
|------------------------------|----|
| TOTAL NUMBER OF PARTICIPANTS | 31 |
|------------------------------|----|

## PARTICIPATION BY AGE RANGE

|    |       |   |       |   |       |
|----|-------|---|-------|---|-------|
| 0  | 0-11  | 0 | 12-18 | 6 | 19-29 |
| 25 | 30-49 | 0 | 50-74 | 0 | 75+   |

## PARTICIPATION BY GENDER

|    |        |   |      |   |                         |
|----|--------|---|------|---|-------------------------|
| 31 | Female | 0 | Male | 0 | Other/Prefer not to say |
|----|--------|---|------|---|-------------------------|

## NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

|   |                                                             |    |                                                                                         |
|---|-------------------------------------------------------------|----|-----------------------------------------------------------------------------------------|
| 0 | Children, Youth Groups and Students                         | 0  | Civil Society Organisations (including consumer groups and environmental organisations) |
| 0 | Educators and Teachers                                      | 0  | Faith Leaders/Faith Communities                                                         |
| 0 | Financial Institutions and Technical Partners               | 0  | Food Producers (including farmers)                                                      |
| 0 | Healthcare Professionals                                    | 0  | Indigenous Peoples                                                                      |
| 0 | Information and Technology Providers                        | 0  | Large Business and Food Retailers                                                       |
| 0 | Marketing and Advertising Experts                           | 0  | National/Federal Government Officials and Representatives                               |
| 0 | News and Media (e.g. Journalists)                           | 31 | Parents and Caregivers                                                                  |
| 0 | Science and Academia                                        | 0  | Small/Medium Enterprises                                                                |
| 0 | Sub-National/Local Government Officials and Representatives | 0  | United Nations                                                                          |
| 0 | Women's Groups                                              | 0  | Other (please state)                                                                    |

## OTHER STAKEHOLDER GROUPS

The stakeholder who was invited from the Ministry of Health did not manage to attend the Dialogue as he got sick on the day of the Dialogue.

## ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

The audience comprised parents, predominantly mothers, with children under the age of five. Participants were drawn from the same ethnic group and rural community, with farming serving as their primary source of livelihood. Their relatively similar socio-economic circumstances provided a common context for discussing household nutrition, food availability, and challenges affecting the nutritional well-being of children.

# SECTION TWO: FRAMING AND DISCUSSION

## FRAMING

The dialogue commenced by acknowledging the positive outcomes of the 2025/2026 farming season, during which most farming households recorded a bumper harvest following favourable rainfall received in the area. The discussion then reflected on findings from the baseline survey conducted by the Institute of Economic and Social Research (INESOR) in August 2024, which revealed concerning levels of malnutrition among children under five, with stunting at 28.6%, wasting at 5.7%, and underweight at 7.5%. Participants also discussed ongoing efforts by partners and key stakeholders to address the underlying causes of malnutrition and reverse this trend, emphasising the need for sustained community action to improve the nutritional well-being of children.

## DISCUSSION

The dialogue focused on the theme *“Promoting Locally Available Nutritious Foods in Nyawa.”* To facilitate meaningful discussion and capture participants’ experiences and perspectives, a series of open-ended questions were used, including: What nutritious foods did your family eat yesterday? What nutritious foods are available in Nyawa? Which foods are available throughout the year, and which are seasonal? What makes a meal nutritious? What prevents families from eating nutritious meals every day? Which nutritious foods are underutilized in the community? What is the most important lesson you are taking home today? How can households improve access to nutritious foods? And what one action will you take following today’s dialogue?

# SECTION THREE: DIALOGUE OUTCOMES

## CHALLENGES

Participants identified several interconnected factors contributing to high levels of malnutrition among children under five, including limited knowledge and skills in the preparation and preservation of locally available nutritious foods, poor dietary diversity, inadequate infant and young child feeding practices, insufficient male involvement in nutrition initiatives, and harmful cultural norms that limit access to nutritious foods for pregnant and lactating women and young children. Changing climatic conditions and inadequate access to farming inputs were also identified as major contributors to household food insecurity, reducing the availability and accessibility of diverse and nutritious foods. Addressing these challenges will require an integrated approach that strengthens nutrition knowledge and practices, promotes dietary diversity and appropriate infant and young child feeding, increases male engagement, addresses harmful cultural norms, and enhances household food security and resilience to climate-related shocks.

## URGENT ACTIONS

Urgent action is required to strengthen community-based nutrition interventions that improve caregivers' knowledge and skills in preparing, preserving, and providing diverse nutritious foods using locally available resources. Priority should be given to promoting appropriate infant and young child feeding practices, conducting regular nutrition education and cooking demonstrations, identifying and supporting malnourished children early, and strengthening referrals to health facilities for appropriate treatment. Deliberate efforts should also be made to engage men and community leaders in nutrition initiatives and address harmful cultural beliefs and practices that prevent pregnant and lactating women and young children from accessing nutritious foods.

At the same time, interventions should strengthen household food security and resilience by promoting climate-smart agriculture, diversified food production, household gardens, and improved access to appropriate farming inputs. Strengthening collaboration among communities, health facilities, government departments, traditional leaders, and other partners will be critical to ensuring a coordinated and sustainable response that addresses both the immediate and underlying causes of malnutrition among children under five.

## AREAS OF DIVERGENCE

There were no divergent views among the participants, as all the women unanimously agreed that the factors identified above were key contributors to the high levels of malnutrition among children under the age of five. They further agreed that the proposed urgent actions, if effectively implemented, would make a significant contribution towards reducing malnutrition by strengthening nutrition knowledge and practices, improving the identification and utilisation of locally available nutritious foods, and promoting better feeding practices for young children, pregnant women, and lactating mothers.

# OVERALL SUMMARY

The dialogue provided strong evidence that high levels of malnutrition among children under five are driven by a combination of inadequate nutrition knowledge and feeding practices, limited dietary diversity, harmful cultural norms, insufficient male involvement, food insecurity, and increasing climate-related challenges. The unanimous views of participants demonstrate a clear understanding of the challenges at community level and provide a strong foundation for targeted and context-specific interventions. Importantly, the identification of locally available nutritious foods presents an opportunity to promote affordable, sustainable, and culturally appropriate solutions that households can readily adopt.

Going forward, there is a need to translate these community insights into practical action by strengthening nutrition education, promoting appropriate infant and young child feeding, increasing male and community leadership engagement, addressing harmful cultural practices, and supporting climate-resilient food production. A coordinated approach involving communities, health facilities, traditional leaders, government structures, and development partners will be critical to achieving sustainable results. Investing in this priority actions will not only contribute to reducing malnutrition but will also strengthen household resilience, improve child growth and development, and ultimately contribute to improved well-being and long-term development outcomes for children in Nyawa.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

## PRINCIPLES OF ENGAGEMENT

During the session, the facilitators ensured that all participants were fully engaged and that each person's views and opinions were respected. Equal opportunities were provided for participants to contribute their ideas, experiences, and knowledge on nutrition-related issues, creating an inclusive and participatory environment that encouraged open and meaningful discussion.

## METHOD AND SETTING

The sessions were conducted in a church building, where participants were divided into three groups to facilitate focused and meaningful discussions. Each group was given an opportunity to deliberate on the assigned topics and subsequently present their key findings and recommendations during the plenary session, allowing for collective reflection, learning, and validation of the issues raised.

## ADVICE FOR OTHER CONVENORS

The key recommendation for all convenors is to prepare adequately for nutrition dialogues and ensure that all participants, regardless of their status or background, are fully engaged and given equal opportunities to contribute. Convenors should create a welcoming and respectful environment by expressing appreciation to participants at both the beginning and end of each session. In addition, timely feedback and follow-up with the groups after the dialogue are strongly recommended.

# FEEDBACK FORM: ADDITIONAL INFORMATION

## ACKNOWLEDGEMENTS

Special acknowledgement is extended to all participants who took the time to attend and actively contribute to the dialogue, as their valuable insights, experiences, and commitment were key to its success. The team also sincerely appreciates the Pastor of Pilgrim Wesleyan Church for generously providing a conducive space that enabled the dialogue to take place effectively. Lastly, we thank Almighty God for granting the team and participants travelling mercies, good health, wisdom, and strength.

## ATTACHMENTS

- **Attendance Register**  
<https://nutritiondialogues.org/wp-content/uploads/2026/08/COMMUNITY-NUTRITION-DIALOGUE-APPROVED.pdf>
- **Locally Available Nutritious Foods**  
<https://nutritiondialogues.org/wp-content/uploads/2026/08/IMG-20260828-WA0009.jpg>
- **Group Discussion in Progress**  
<https://nutritiondialogues.org/wp-content/uploads/2026/08/IMG-20260828-WA0013.jpg>
- **Group Discussion in Progress**  
<https://nutritiondialogues.org/wp-content/uploads/2026/08/IMG-20260828-WA0014.jpg>
- **Women Presenting their ideas during Plenary Session**  
<https://nutritiondialogues.org/wp-content/uploads/2026/08/IMG-20260828-WA0019.jpg>