

# OFFICIAL FEEDBACK FORM

|                     |                                                                                                                                                                                                                  |
|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DIALOGUE TITLE      | Promotion of fruit tree planting                                                                                                                                                                                 |
| DIALOGUE DATE       | Monday, 31 August 2026 14:00 GMT +02:00                                                                                                                                                                          |
| CONVENED BY         | Enzo Mpundu/ Florence Nkhoma<br>Event announced on behalf of the Convenor by: Enzo Mpundu/ Florence Nkhoma.<br>To explain the importance of having fruits in between meals to promote good nutrition in children |
| EVENT LANGUAGE      | English                                                                                                                                                                                                          |
| HOST LOCATION       | Yazaza, Zambia                                                                                                                                                                                                   |
| GEOGRAPHIC SCOPE    | Kantenshya, Health post, Zambia                                                                                                                                                                                  |
| AFFILIATIONS        | organizations affiliated with World Vision                                                                                                                                                                       |
| DIALOGUE EVENT PAGE | <a href="https://nutritiondialogues.org/dialogue/61203/">https://nutritiondialogues.org/dialogue/61203/</a>                                                                                                      |



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

|                              |    |
|------------------------------|----|
| TOTAL NUMBER OF PARTICIPANTS | 12 |
|------------------------------|----|

## PARTICIPATION BY AGE RANGE

|   |       |   |       |   |       |
|---|-------|---|-------|---|-------|
| 0 | 0-11  | 0 | 12-18 | 2 | 19-29 |
| 5 | 30-49 | 5 | 50-74 | 0 | 75+   |

## PARTICIPATION BY GENDER

|   |        |   |      |   |                         |
|---|--------|---|------|---|-------------------------|
| 5 | Female | 7 | Male | 0 | Other/Prefer not to say |
|---|--------|---|------|---|-------------------------|

## NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

|   |                                                             |   |                                                                                         |
|---|-------------------------------------------------------------|---|-----------------------------------------------------------------------------------------|
| 0 | Children, Youth Groups and Students                         | 0 | Civil Society Organisations (including consumer groups and environmental organisations) |
| 0 | Educators and Teachers                                      | 0 | Faith Leaders/Faith Communities                                                         |
| 0 | Financial Institutions and Technical Partners               | 3 | Food Producers (including farmers)                                                      |
| 2 | Healthcare Professionals                                    | 0 | Indigenous Peoples                                                                      |
| 0 | Information and Technology Providers                        | 0 | Large Business and Food Retailers                                                       |
| 0 | Marketing and Advertising Experts                           | 0 | National/Federal Government Officials and Representatives                               |
| 0 | News and Media (e.g. Journalists)                           | 7 | Parents and Caregivers                                                                  |
| 0 | Science and Academia                                        | 0 | Small/Medium Enterprises                                                                |
| 0 | Sub-National/Local Government Officials and Representatives | 0 | United Nations                                                                          |
| 0 | Women's Groups                                              | 0 | Other (please state)                                                                    |

## OTHER STAKEHOLDER GROUPS

## ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

Participants represented a mix of rural caregivers, health workers, and small-scale farmers from Kantenshya ward. The group reflected socioeconomic diversity—some from farming households, others from trading and service backgrounds. Both men and women participated actively, sharing experiences on nutrition, fruit consumption, and community health.

# SECTION TWO: FRAMING AND DISCUSSION

## FRAMING

The dialogue opened with a discussion on the importance of fruit consumption and tree planting for improved nutrition. The Dialogue highlighted local nutrition challenges, including limited dietary diversity and underutilization of fruit trees despite their abundance. Participants identified mango, orange, and banana trees as common but underexploited sources of vitamins. The discussions emphasized the role of caregivers in promoting healthy snacks and backyard orchards to combat micronutrient deficiencies and seasonal hunger.

## DISCUSSION

Discussion Topics: Types and nutritional value of citrus and other fruit trees. Establishing backyard orchards among caregivers. Promoting large-scale tree planting in schools and communities. Encouraging fruit consumption between main meals. Reducing fruit wastage and improving preservation practices.

# SECTION THREE: DIALOGUE OUTCOMES

## CHALLENGES

Challenges Identified:

High fruit wastage due to lack of preservation and market linkages.

Limited awareness among caregivers about the nutritional benefits of fruits.

Low consumption of fruits among children and households despite availability.

Poor coordination between agriculture and health sectors on nutrition promotion.

Seasonal hunger and limited dietary diversity during dry months.

## URGENT ACTIONS

Urgent Actions Proposed:

Conduct community sensitization on fruit preservation and nutrition awareness.

Establish backyard orchards and school fruit gardens.

Strengthen collaboration between health and agriculture departments.

Encourage caregivers to include fruits as daily snacks for children.

Promote value addition (juice making, drying) to reduce wastage.

## AREAS OF DIVERGENCE

While all participants agreed on the importance of fruit consumption, some expressed concern about the feasibility of large-scale tree planting due to land constraints and livestock damage. Others emphasized the need for bylaws to protect fruit trees from destruction.

# OVERALL SUMMARY

The Kantenshya Stakeholder Dialogue brought together health workers, volunteers, and community members to discuss fruit tree utilization and nutrition improvement. The session revealed that although mango, orange, and banana trees are abundant, fruit consumption remains low. Participants recognized the need for nutrition education, orchard establishment, and community-led initiatives to reduce wastage and improve dietary diversity. The dialogue fostered collaboration between health and agriculture sectors and strengthened community commitment to promoting fruit-based nutrition.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

## PRINCIPLES OF ENGAGEMENT

The dialogue upheld inclusivity and respect, ensuring equal participation from men, women, and youth. Facilitators encouraged open sharing of experiences and local solutions. Discussions reflected multiple determinants of nutrition which are poverty, knowledge gaps and environmental factors. Trust and collaboration were evident as participants jointly identified practical actions.

## METHOD AND SETTING

The meeting was held in a health post boardroom, using participatory discussion and visual aids (fruit tree drawings). Facilitators guided brainstorming sessions, while record keepers documented key points. The informal setting encouraged active engagement and peer learning.

## ADVICE FOR OTHER CONVENORS

Use visual tools and local examples to make nutrition concepts relatable. Combine health and agriculture perspectives for holistic discussions. Encourage practical commitments like backyard orchards and fruit preservation training.

# FEEDBACK FORM: ADDITIONAL INFORMATION

## ACKNOWLEDGEMENTS

Special thanks to the Kantenshya Health Post team, community volunteers and the Ministry of Agriculture representatives for their active participation. Appreciation to Enzo Mpundu- DF Livelihood for technical support and facilitation.

## ATTACHMENTS

- **Fruit Trees**  
<https://nutritiondialogues.org/wp-content/uploads/2026/08/WhatsApp-Image-2026-09-08-at-10.39.48-1.jpeg>
- <https://nutritiondialogues.org/wp-content/uploads/2026/08/WhatsApp-Image-2026-09-08-at-10.39.48-2.jpeg>
- <https://nutritiondialogues.org/wp-content/uploads/2026/08/WhatsApp-Image-2026-09-08-at-10.41.15-1.jpeg>

# CORRECTIONS, ADJUSTMENTS, OR CHANGES

|       |                 |
|-------|-----------------|
| Title | Attendance List |
| Date  | 10/09/2026      |

Array

## ATTACHMENTS

- **Attendance**  
<https://nutritiondialogues.org/wp-content/uploads/2026/09/CamScanner-09-09-2026-16.55.pdf>