

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	School Meal Summit -Madhes Province-Nepal
WORKSHOP DATE	Monday, 13 July 2026 10:28 GMT +05:45
CONVENED BY	Susma Kumari Sarki-Program Assistant- East Field Office-WVI Nepal Feedback published on behalf of Convenor by: Susma Kumari Sarki. Program Assistant
EVENT LANGUAGE	Nepali
HOST CITY	Haripurwa, Nepal
GEOGRAPHIC SCOPE	Youth and adolescents from Sarlahi District.
AFFILIATIONS	World Vision International Nepal
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/61247/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward - particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS	26
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PARTICIPATION BY AGE RANGE

4	12-15	22	16-18
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PARTICIPATION BY GENDER

19	Female	7	Male	0	Other/Prefer not to say
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ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The workshop achieved strong diversity across multiple demographics. It brought together 26 adolescents representing diverse religious backgrounds (Hindu and Muslim), various ethnicities, and marginalized communities from Haripurwa Municipality, Sarlahi. Furthermore, the event bridged generational and institutional gaps by intentionally including local government stakeholders and school teachers alongside children and adolescents from varied socio-economic strata.

SECTION TWO: FRAMING

The workshop was framed around the local realities of Haripurwa Municipality, Sarlahi District, focusing on how socio-economic challenges, seasonality, and nutrition vulnerabilities intersect. We discussed local anxieties regarding malnutrition specifically how poverty, limited awareness, and seasonal changes affect children and adolescents. The session then moved into the first technical session facilitated by trainer, which examined the current nutrition situation in Nepal with an emphasis on Madhesh Province. Using data and numbers, the session explored how different forms of malnutrition affect children, adolescents, and adults. It opened with the story of a malnourished girl facing health challenges, demonstrating how poor nutrition impacts future generations. Particular attention was given to anemia and its high prevalence across population groups, prompting surprise and active engagement from participants.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

Participants identified several critical nutrition challenges affecting their community. These included widespread poverty, a lack of dietary diversity, and seasonal food insecurity linked to agricultural cycles and economic constraints. Participants identified child marriage as an important issue affecting the health and nutritional status of both mothers and children. Participants noted that limited awareness regarding proper nutrition especially concerning micronutrient deficiencies like anemia remains a major barrier. Additionally, intersecting socio-economic vulnerabilities in Madhesh Province disproportionately affect marginalized groups, leaving children and adolescents exposed to various forms of malnutrition that hinder their overall growth, development, and long-term health outcomes.

URGENT RECOMMENDATIONS FOR ACTION

Participants emphasized the urgent need for community-level nutrition education and awareness programs targeted specifically at adolescents, parents, and schools. They recommended that local government stakeholders implement regular health and nutrition monitoring in schools, including routine screening and distribution of iron supplements to combat high rates of anemia. Furthermore, they proposed active collaboration between local authorities, teachers, and community leaders to promote dietary diversity and improve access to nutritional resources for marginalized and low-income families.

AREAS OF DIVERGENCE

While there was a strong shared consensus on the existence of malnutrition and anemia as critical local problems, views diverged slightly regarding accountability. Adolescent participants and teachers highlighted gaps in institutional outreach and school-level health programs, whereas local government stakeholders pointed toward structural resource constraints, budgetary limitations, and systemic socio-economic barriers. These differing perspectives ultimately bridged into a constructive dialogue on shared responsibility and the need for localized, collaborative action plans.

OVERALL SUMMARY

The four-day capacity-building training was conducted on 13th-16th July at Bagaicha hotel, Sarlahi, with 26 adolescent and youth participants. Through interactive sessions, group activities, performances and IEC material development, participants gained confidence in promoting healthy school meals and nutrition messages. The summit and Poshan Mela at Shree Rastriya Madhyamik Bidhyalaya, Haripurwa, provided a practical platform to share their learning with students, teachers, parents, FCHVs and local stakeholders. The event was framed by local realities, examining poverty, seasonality, and nutrition vulnerabilities in Madhesh Province. Overall, the event felt energetic, collaborative, and deeply eye-opening. Witnessing young adolescents stand alongside local policymakers and educators to dissect critical health issues highlighted an urgent appetite for change. The active participation and surprise expressed over high anemia rates demonstrated that bridging technical data with local storytelling is a powerful catalyst for community-led advocacy ahead of the Nutrition for Growth summit.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

The workshop closely reflected the Principles of Engagement by centering children and adolescents as active rights-holders rather than passive subjects. It ensured inclusive participation by welcoming diverse religious, ethnic, and marginalized groups. Furthermore, by placing adolescents in direct dialogue with local government stakeholders and school teachers, the workshop fostered mutual respect, transparency, and collaborative problem-solving, ensuring that local community voices shape broader national and global nutrition narratives.

METHOD AND SETTING

The workshop was conducted in a formal indoor setting (such as a school or community hall) in Haripurwa, Sarlahi. The methodology blended interactive presentations, data sharing, and storytelling with open group discussions. Child safeguarding standards were strictly maintained throughout by ensuring a safe, supportive, and respectful environment overseen by trained facilitators, teachers, and local stakeholders.

ADVICE FOR OTHER CONVENORS

Ensure a healthy mix of local stakeholders (teachers and government officials) alongside adolescents to create a balanced power dynamic.

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

We express our sincere appreciation to Social Changemakers and Innovators (SOCHAI) expertly facilitating the technical session, the local government stakeholders and school teachers of Haripurwa Municipality for their active involvement, and the 26 enthusiastic adolescents whose vibrant energy made this workshop a success.

RELEVANT LINKS

- **World Vision International Nepal's LinkedIn post**
https://lnkd.in/p/g4R_T5hc