OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Nutrition in Adolescent girls and boys
DIALOGUE DATE	Friday, 30 October 2026 11:00 GMT +01:00
CONVENED BY	Aishatu Aliyu Babaji Event announced on behalf of the Convenor by: SUN Youth Network Nigeria. Technical Support Feedback published on behalf of Convenor by: Aishatu Aliyu Babaji. Youth advocate
EVENT LANGUAGE	English and Hausa
HOST LOCATION	Bauchi, Nigeria
GEOGRAPHIC SCOPE	Community Level
DIALOGUE EVENT PAGE	https://nutritiondialogues.org/dialogue/61773/



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

9

PARTICIPATION BY AGE RANGE

0	0-11	9	12-18	1	19-29
0	30-49	0	50-74	0	75+

PARTICIPATION BY GENDER

4	Female	5	Male	1	Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

9	Children, Youth Groups and Students	1	Civil Society Organisations (including consumer groups and environmental organisations)
0	Educators and Teachers	0	Faith Leaders/Faith Communities
0	Financial Institutions and Technical Partners	0	Food Producers (including farmers)
0	Healthcare Professionals	0	Indigenous Peoples
0	Information and Technology Providers	0	Large Business and Food Retailers
0	Marketing and Advertising Experts	0	National/Federal Government Officials and Representatives
0	News and Media (e.g. Journalists)	0	Parents and Caregivers
0	Science and Academia	0	Small/Medium Enterprises
0	Sub-National/Local Government Officials and Representatives	0	United Nations
0	Women's Groups	0	Other (please state)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

SECTION TWO: FRAMING AND DISCUSSION

FRAMING

DISCUSSION

The dialogue focused on child nutrition and well-being in the Bauchi community. We explored children's daily feeding habits, access to nutritious foods, feeding challenges, and their nutritional needs for healthy growth and development. Open-ended questions included: What types of food do you eat daily? Do you eat three meals a day? What challenges prevent you from accessing nutritious food? What would you like the government to do to improve your access to healthy and nutritious meals?

SECTION THREE: DIALOGUE OUTCOMES

CHALLENGES

During the nutrition dialogue, children in the Bauchi community identified several challenges affecting their nutrition, health, and overall well-being:

1. **Food Insecurity and Limited Access to Nutritious Food:** Children reported inadequate access to sufficient and nutritious meals, making it difficult to meet their dietary needs for healthy growth and development.

2. **Limited Access to Education:** Some children shared that they are not attending school or lack the necessary educational and financial support to continue their education.

3. **Homelessness and Inadequate Shelter:** Some participants highlighted the lack of safe and stable shelter, exposing them to poor living conditions that negatively affect their health and well-being.

4. **Lack of Financial and Healthcare Support:** Children expressed concerns about inadequate financial support and limited access to healthcare services, making it difficult to address their health and nutritional needs.

5. **Poor Living Conditions:** Participants described challenging living environments, including limited access to basic necessities, which further contribute to poor nutrition, increased vulnerability to illness, and reduced quality of life.

Overall, the discussion revealed that the children's nutritional challenges are closely linked to poverty, food insecurity, limited access to education and healthcare, and inadequate living conditions. These issues highlight the need for coordinated interventions that address both immediate nutritional needs and the broader social factors affecting children's well-being.

URGENT ACTIONS

The children identified the following urgent actions as necessary to address their nutrition, health, and general well-being:

Immediate Food Support: Provision of adequate and nutritious food, including appropriate nutritional supplements where necessary, to address hunger and reduce the risk of malnutrition.

Educational Support: Enrolment of out-of-school children and provision of school materials to improve access to education.

Shelter and Housing Support: Identification and provision of safe shelter for children experiencing homelessness or inadequate housing.

Healthcare and Financial Support: Improved access to basic healthcare services and social support to address their health and nutritional needs.

How the Actions Should Be Taken Forward:

SUN-CS Youth Network Nigeria Bauchi Chapter and relevant stakeholders should collaborate to facilitate immediate food assistance and shelter support for vulnerable children.

Local government authorities and the Ministry of Education should support the enrolment and retention of out-of-school children through appropriate educational interventions.

Community leaders and ward heads should identify vulnerable and homeless children and facilitate their referral to relevant child protection and social welfare services.
SUN-CS Youth Network Nigeria Bauchi Chapter should engage relevant government agencies and development partners to link the children and their families with existing social protection, healthcare, and nutrition programmes.

Monthly community nutrition dialogues should be sustained to monitor progress, identify emerging needs, and strengthen community participation.

Overall, participants emphasised the need for urgent, coordinated action involving government institutions, c community leaders, and development partners to ensure that children's basic nutritional, educational, health, and protection needs are addressed.

AREAS OF DIVERGENCE

OVERALL SUMMARY

A community nutrition dialogue was conducted on 30 October 2026 in Bauchi community by a Youth Advocate of SUN-CS Youth Network Nigeria. The dialogue provided an opportunity to engage directly with children in the community, listen to their concerns, and understand their needs regarding nutrition, healthcare, education, shelter, and general well-being.

The primary objective was to understand the children's lived experiences and challenges, particularly their access to nutritious food, healthcare services, education, and safe living conditions, while amplifying their voices to relevant stakeholders for appropriate action.

Participants comprised vulnerable children within the Bauchi community, including out-of-school children and those experiencing poor living conditions and limited access to basic necessities. The dialogue was conducted through an interactive, child-friendly discussion in which I engaged directly with the children in their local language. Open-ended questions were used to explore their daily feeding patterns, access to food, living conditions, healthcare needs, and educational experiences. The children were encouraged to express themselves freely and share their concerns without fear or intimidation.

During the discussion, the children highlighted several challenges affecting their nutrition and overall well-being. These included inadequate access to sufficient and nutritious food to support healthy growth and development, limited access to education, homelessness and inadequate shelter, and insufficient financial and healthcare support to meet their basic needs. Their responses further revealed how poverty and poor living conditions contribute to their vulnerability and make it difficult for them to maintain good health and achieve optimal growth and development.

The dialogue also highlighted the urgent need for immediate and coordinated interventions to address these challenges. There is a need for SUN Bauchi (CS-SUNN), relevant government agencies, development partners, community leaders, and other stakeholders to collaborate in providing food assistance, educational support, healthcare services, shelter, and access to existing social protection programmes. Continuous community engagement and follow-up dialogues are equally important to monitor progress, identify emerging needs, and ensure that the concerns raised translate into meaningful interventions.

Overall, the dialogue revealed that child malnutrition in the Bauchi community extends beyond inadequate food intake and is closely linked to poverty, homelessness, limited access to education, inadequate healthcare, and poor living conditions. Most importantly, the engagement provided an opportunity for children to express their realities in their own words and have their concerns heard. This report reflects the voices, lived experiences, and needs of the children as directly expressed during the dialogue and should serve as a basis for further stakeholder engagement and action.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

METHOD AND SETTING

Informal Setting

ADVICE FOR OTHER CONVENORS

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS