

OVERVIEW OF THE NATIONAL STRATEGY ON HUNGER, NUTRITION, AND HEALTH



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PILLAR ONE

Improving food access and affordability

PILLAR TWO

Integrating nutrition and health

PILLAR THREE

Empowering all consumers to make and have access to healthy choices

PILLAR FOUR

Supporting physical activity for all

PILLAR FIVE

Enhancing nutrition and food security research

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PILLAR ONE

THE BIDEN ADMINISTRATION WILL:

- **Increase access to healthy, free school meals for all children**
- **Increase funding for the Older Americans Act (OAA nutrition program)**
- **Modernize federal programs to easily utilize benefits**
- **Improve transportation options to and from grocery stores**

THE PRIVATE SECTOR SHOULD:

- **States should work to achieve cross-enrollment across all federal programs**
- **Support collaboration between food service programs at K-12 schools**
- **Invest in year-round mobile produce markets and retail outlets within underserved communities**
- **Improve food offerings in existing stores**

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PILLAR TWO

THE BIDEN ADMINISTRATION WILL:

- **Expand access to food is medicine interventions**
- **Universally screen for food insecurity in health care systems**
- **Incentivize hospitals to provide services focused on food insecurity**

THE PRIVATE SECTOR SHOULD:

- **States should collaborate with nonprofit organizations to establish state-funded produce-prescription programs**
- **Health insurance companies should provide produce-prescriptions**

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PILLAR THREE

THE BIDEN ADMINISTRATION WILL:

- **Develop front of package (FOP) labeling system**
- **Make nutrition information easily available when grocery shopping online**
- **Expand incentives for fruits and vegetables in SNAP**
- **Address marketing of unhealthy foods and beverages**
- **Develop tailored nutrition education**

THE PRIVATE SECTOR SHOULD:

- **Online grocery companies should redesign algorithm to ensure healthier products appear first**
- **College campuses should update their procurement contracts to ensure healthier foods are available in dining halls**
- **K-12 schools should consider incorporating culinary arts and nutrition education into schools**
- **States should provide nutritional incentives to SNAP participants to purchase healthy foods**

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PILLAR FOUR

THE BIDEN ADMINISTRATION WILL:

- **Connect more people to parks (especially those in nature-deprived communities)**
- **Facilitate physical activity in the workplace**

THE PRIVATE SECTOR SHOULD:

- **Offer free transportation passes for children/families to local parks**
- **Invest in building parks and safe sidewalks in underserved neighborhoods**

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PILLAR FIVE

THE BIDEN ADMINISTRATION WILL:

- **Ensure diversity and inclusion in nutrition, health, and food security research**
- **Expand and diversify the nutrition science work force**
- **Research the intersection of climate change, food security, and nutrition**

THE PRIVATE SECTOR SHOULD:

- **State/territory governments should support nutrition and food security at universities and colleges (HBCUs, MSIs, Tribal colleges/universities)**
- **Invest in robust research/development focused on nutrition and equity**