

World Vision

ENOUGH

Nutritional Dialogues
WORLD VISION LANKA
Stakeholder Dialogues
1st Nov 2024



Nutritional Dialogues

- 2025 is a significant year for nutrition: it is the final year of the UN Decade of Action on Nutrition
- The Nutrition for Growth Summit (N4G) will take place in Paris in March 2025.
- The World Health Organization will renew its global nutrition targets.
- 2025 is a year of ‘opportunity to act on nutrition’ where all stakeholders can act together to ensure good nutrition for all.
- These dialogues will bring the perspectives and lived experience of those who are most at risk of being undernourished to the decision-making tables of Paris, Geneva and beyond.
- Between July and December 2024, hundreds of Nutrition Dialogue events will take place around the world.
- The Nutrition Dialogues platform will be publicly and globally accessible for all interested stakeholders’ participation

The Nutrition Dialogues programme consists of

1. Stakeholder Dialogues
2. Children’s Workshops

Outputs And Impact

The outcomes of Nutrition Dialogues will be synthesized and presented as key messages and evidence based recommendations.

These outcomes will contribute to policy level advocacy, increased and improved donor commitments, (Nutrition financing, baseline etc.)



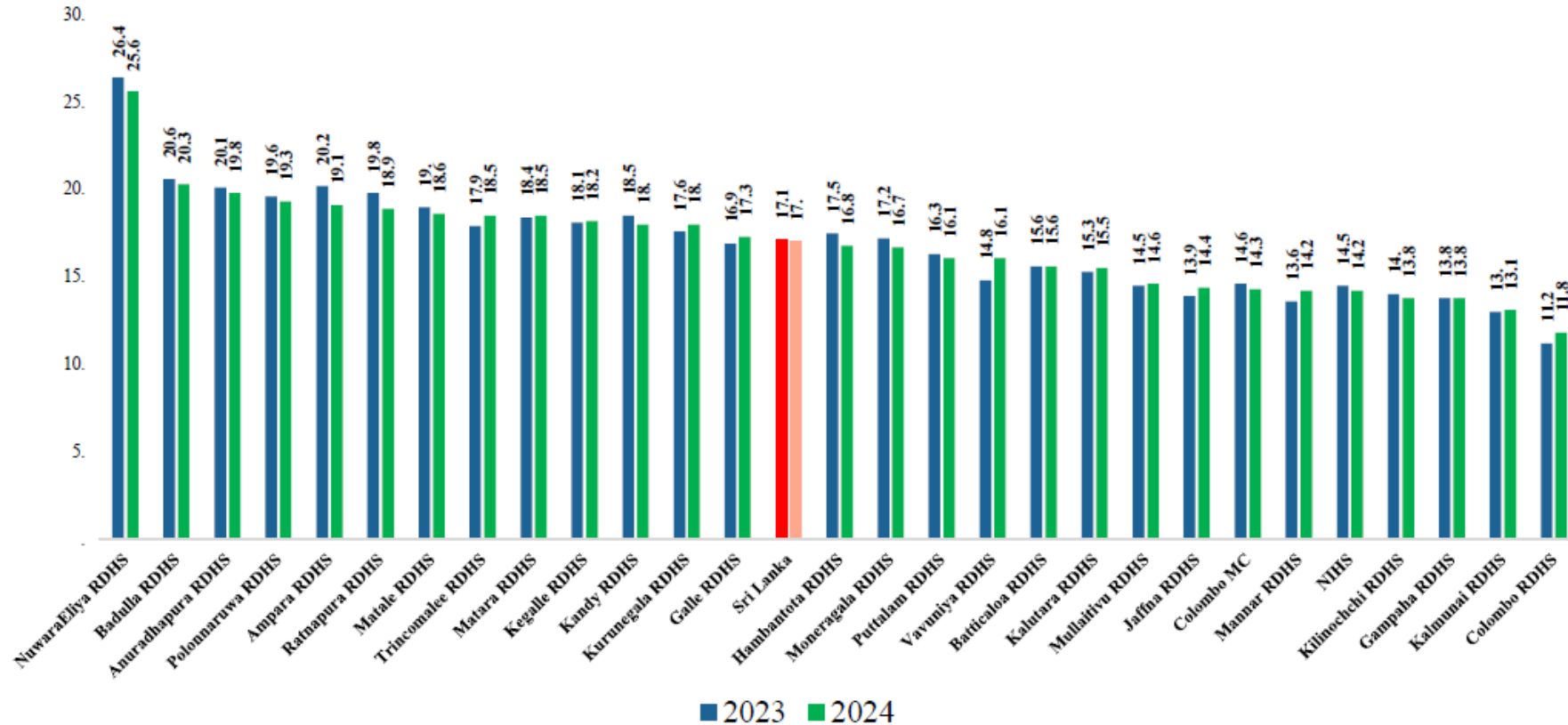
Initiating partners



Mobilising partners



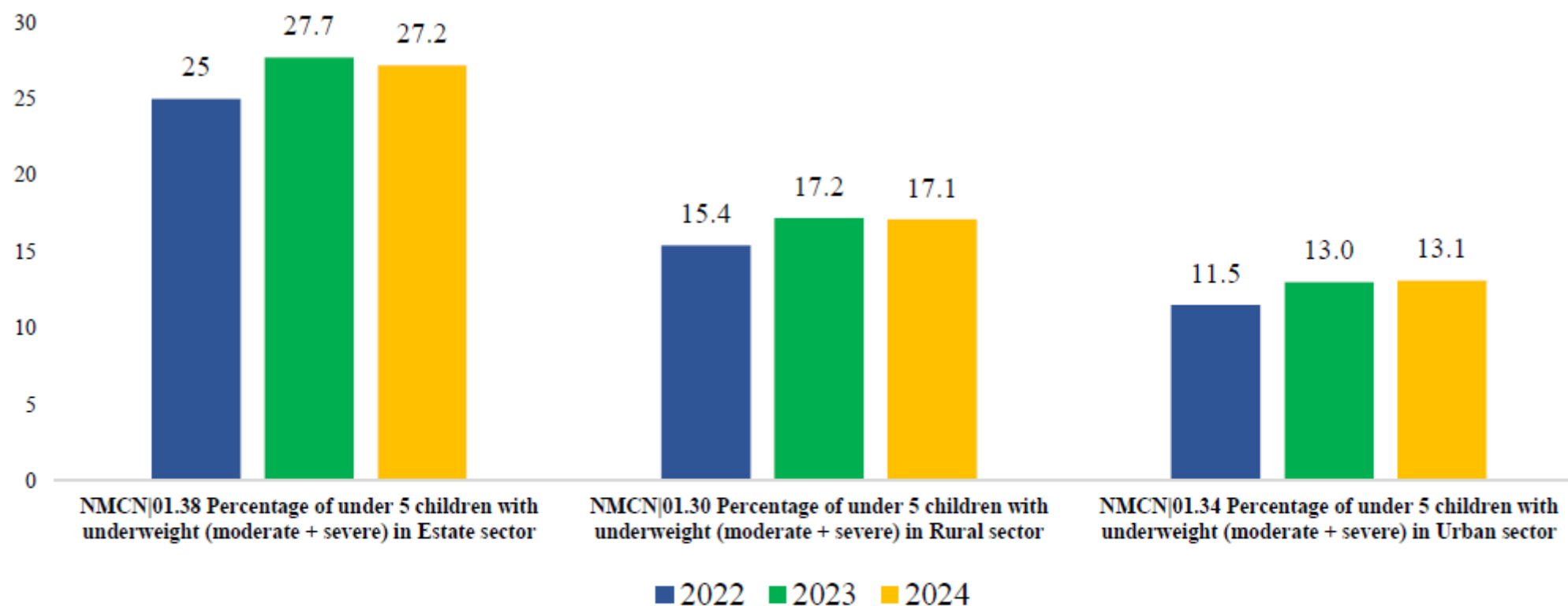
Situation in Sri Lanka



Source: eRHMS 2024

Figure 3: Percentage of children under 5 years with underweight (moderate + severe) by district

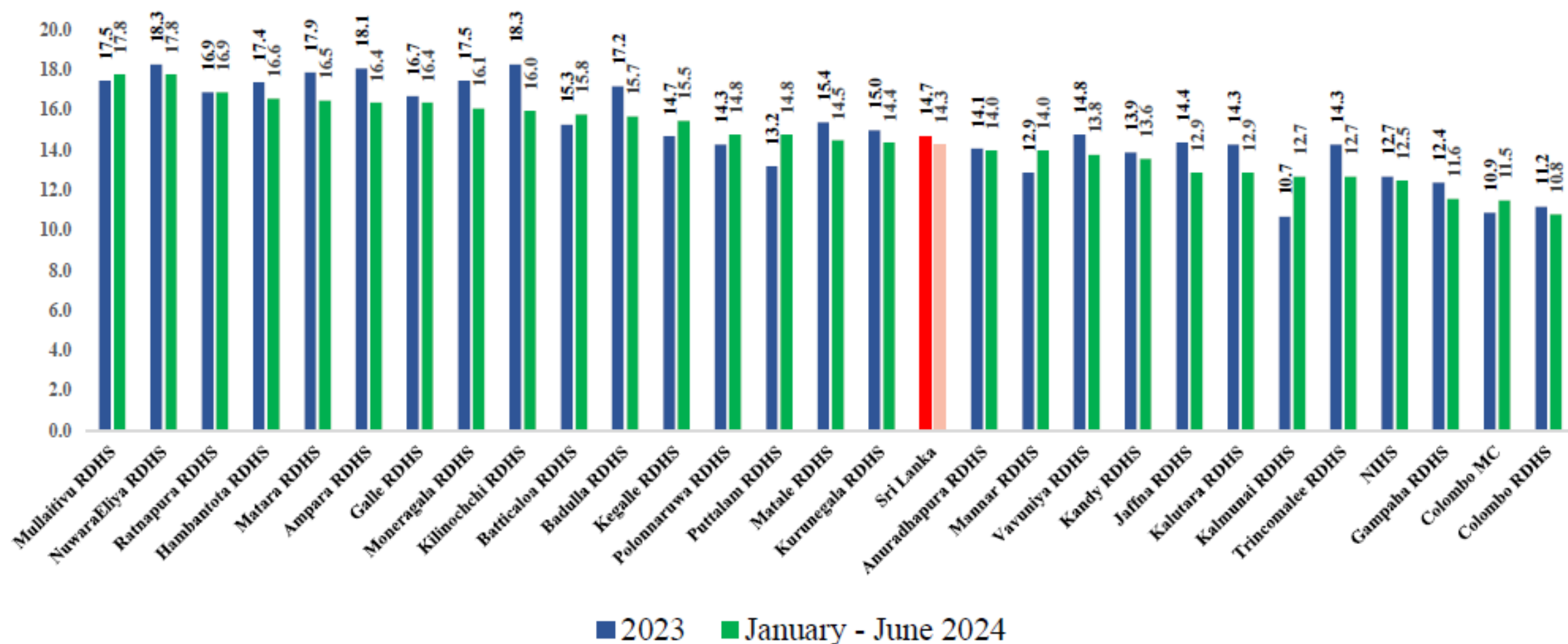
National nutrition month
Summary report
2024



Source: eRHMIS 2024

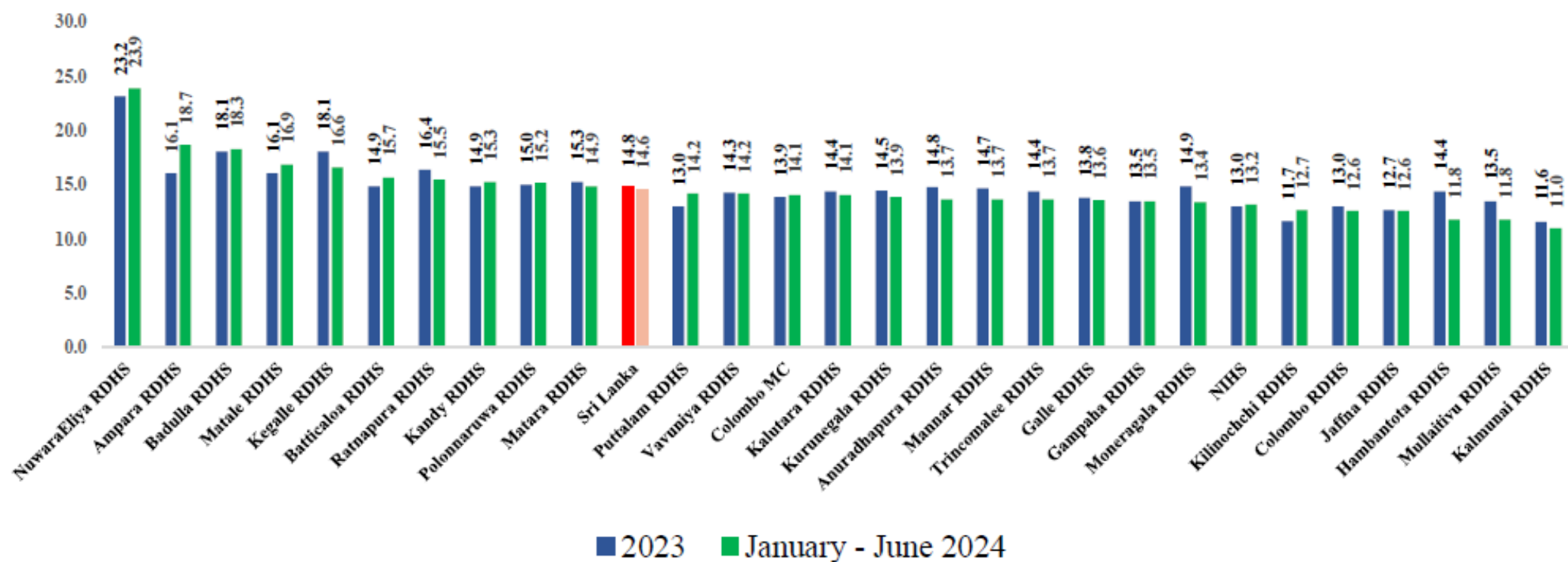
Figure 4: Percentage of children under 5 years with underweight (moderate + severe) by Sector

3.2.1. Pregnant women with low Body Mass Index

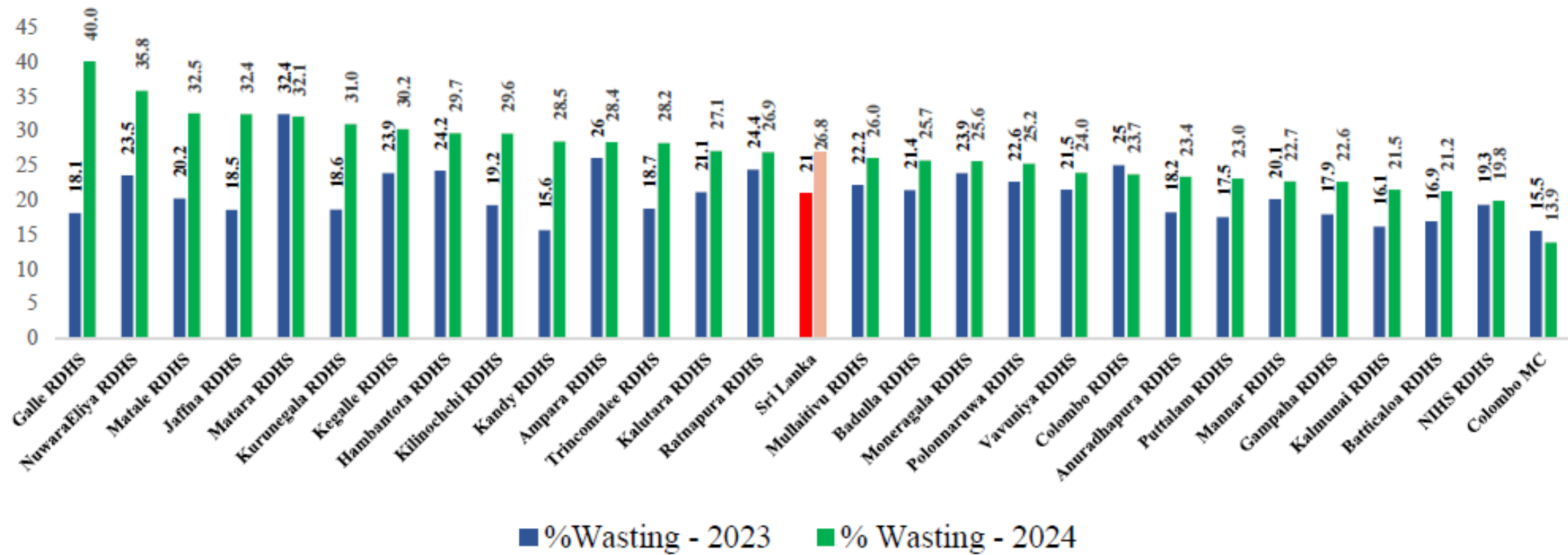


Source: eRH MIS 2024

3.2.3. Low Birth Weight reporting

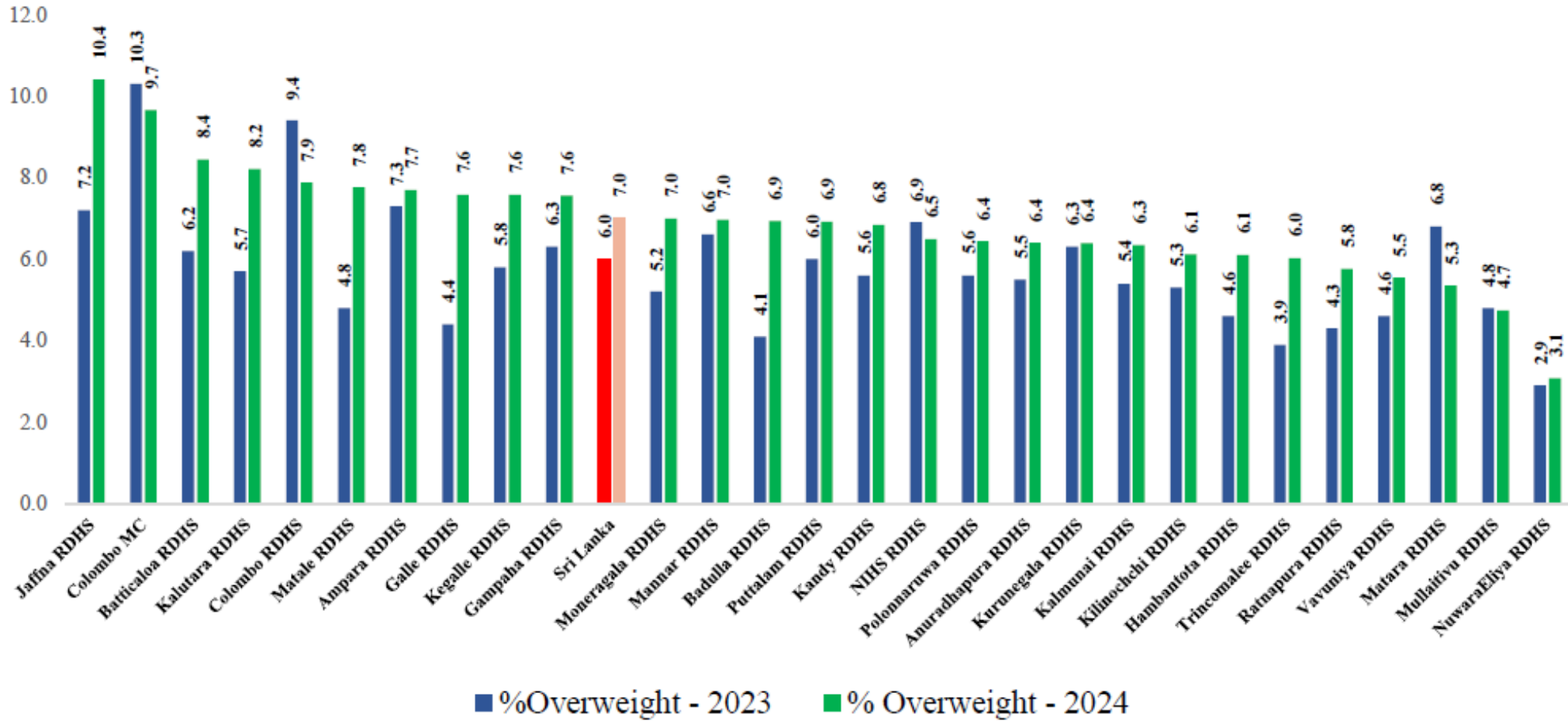


Source: eRH MIS 2024



Source: eRH MIS 2024

Figure 24: Percentage of wasting status among students examined in 2023 and 2024



Source: eRHMS 2024

Figure 28: Percentage of overweight status among students examined 2023 and 2024

- 24 percent of households are estimated to be moderately food insecure.
- Over two in ten households are consuming insufficient diets.
- Four in ten households are resorting to food-based coping mechanisms.
- Two in ten households spend over 75 percent of their expenditure on food.

(Household & food security survey, WFP, 2023)



Defining Hunger, Food Insecurity and Malnutrition



Three different concepts:

Hunger = physical discomfort/pain from not eating enough calories

In the 2024 Global Hunger Index, Sri Lanka ranks 56th out of the 127 countries

Food Insecurity = lack of regular access to safe, nutritious, sufficient, affordable, appropriate foods all year round

24 percent of households are estimated to be moderately food insecure in Sri Lanka (2023)

Malnutrition = not having the right amounts or being unable to properly use calories, nutrients, and/or micronutrients due to poor diet or care

Global context for hunger and nutrition



- Over the past years, a succession of shocks, including the COVID-19 pandemic, weather extremes, conflicts and economic shocks affected countries around the world.
- This led to high food prices and a cost-of-living crisis, and set the world further off track to end hunger and malnutrition in all its forms by 2030.
- Millions of people, in particular women, children and vulnerable groups, are pushed into malnutrition and hunger. Without urgent action, policies and investments, the consequences could last for generations.

The Dialogues Programme is focused on people's nutrition



NUTRITION is...

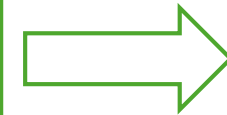
- related to food, health, education, care, water, sanitation and hygiene, gender, climate, investment and more.
- a right for all.
- central to the achievement of the Sustainable Development Goals. At least 12 SDGs are highly relevant to nutrition.

What contributes to good nutrition?



Determinants of nutritional status of children

- Availability of nutritious food
- Access to affordable nutritious food
- Essential nutrition, health, education, sanitation and social protection services
- Age-appropriate feeding and caring practices (incl. breastfeeding)



Nutritional status
of children

Based on UNICEF's [Conceptual Framework](#) on the Determinants of Maternal and Child Nutrition.

Outcomes from improved nutrition



IMPROVED

- **Health and wellbeing**
- **Education**
 - Physical growth and cognitive development of children
 - School readiness and performance
- **Livelihoods**
 - Productivity
 - Economic growth and prosperity
- **Empowerment of women**
- **Social cohesion in societies, including reduced inequality**

Malnutrition



Different forms of malnutrition:

- **Undernutrition:**
 - Stunting (too short for age) - chronic form of undernutrition
 - Wasting (too thin for age) - acute form of undernutrition
 - Underweight (low weight for age)
- **Micronutrient deficiencies** (vitamins, minerals) - 'hidden hunger'
- **Overweight and obesity**, and resulting diet-related non-communicable diseases

Impact of malnutrition



- Developmental (physical and cognitive)
- Economic
- Social, and
- Medical

impacts are serious and lasting, for individuals, their families, communities and countries.

Malnutrition - who is at risk



- Every country in the world is affected by one or more forms of malnutrition.
- **Women, infants, children, and adolescents** are at particular risk of malnutrition.
 - Optimizing nutrition early in life – including the 1000 days from conception to a child's second birthday – ensures the best possible start in life, with long-term benefits.
- **Poverty** amplifies the risk of, and risks from, malnutrition.

ANATOMY OF A STAKEHOLDER DIALOGUE

OPENING



20-30 mins

In Plenary:

The **Curator** opens the Dialogue and sets the scene.

Guest speakers can provide framing remarks that include a description of the nutrition situation in the community.

DISCUSSION GROUPS



75-90 mins

Each Discussion Group has:

8-10 diverse pre-selected Participants who bring different perspectives.

A trained **Facilitator**, supported by a **Record Keeper**, ensuring every voice is heard.

BREAK: 15 MINS

CONSOLIDATION



45-60 mins

In Plenary:

Each **Facilitator** reports back a summary of their Discussion Group.

The **Curator** provides a powerful synthesis of the discussions and memorable observations.

The **Curator** closes the dialogue.

ANATOMY OF A CHILDREN'S WORKSHOP

OPENING & ICEBREAKER



15 mins

In Plenary:

The **Facilitator and Participants** introduce themselves

Short **Icebreaker** activity to help participants feel at ease and get to know each other

Present common principles to engage in the workshop

EXPLORATION OF GOOD NOURISHMENT



30 mins

Facilitator introduces key concepts and facts on nutrition

Exploration Activity 1: Participants reflect on photographs

Exploration Activity 2: Participants write/draw and share their appreciation of good nourishment

Facilitator summarizes key points

BREAK: 10 MINS

IDEAS AND SOLUTIONS TO IMPROVE NOURISHMENT



30 mins

Facilitator introduces next activity

Ideas Activity 1: Participants make a **collage** (photos, drawings, text) of ideas to improve nourishment

Ideas Activity 2: Display all collages on the wall/floor

Participants explain their collage to the group

CLOSING



5 mins

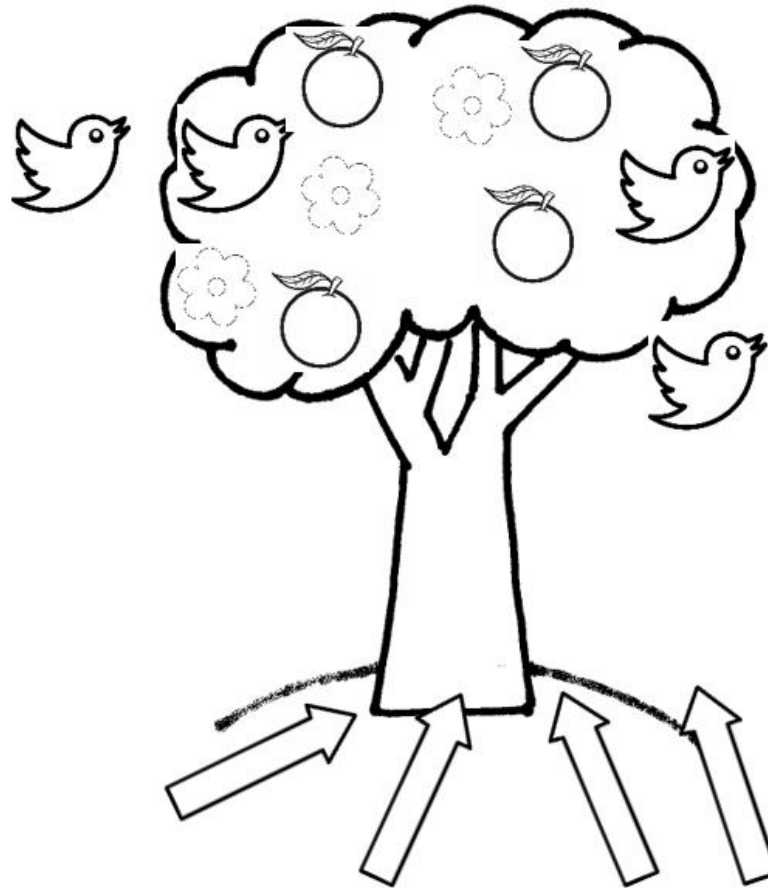
Facilitator summarizes key points

Facilitator closes the workshop

Stakeholder Dialogue

Steps

1. Introduction (What, Why, How, Situation of the country, district, village etc.)
2. Ice breaker
3. Group activity (photographs)
4. Presentation of the group (recording the points/ photographs)
5. Closing (group photograph)



- Tree- Community
- Flower- Current situation
- Fruits- Hope for the future
- Arrow/roots- Actions
- Birds- Challenges/concerns
- Branches/trunk- key stakeholders

Plan- WVL

No	Type of Dialogue	Stakeholder	Description	APs	Timeline
1	Stakeholder Dialogues	Community level Stakeholders Dialogue 1.Mother Support Group members 2.PDH parents (including fathers) 3.Producer group members (including farmers) 4.VCDC members 5.Child Development Officers 6.Preschool teachers 7.Faith leaders 8.Community influencers	8 to 10 people per group	Rideegama Neluwa Wattala Vakarai Watawala Kalpitiya	Nov 18 th Nov 30 2024
2	Stakeholder Dialogues	Government/organization level Stakeholder Dialogue 1.Grama Niladari 2.Development Officer 3.Agrarian Officers 4.CRPO 5.PHMs 6.Principals 7.Teachers 8.ECD officer 9.Psychosocial support officer 10.Estate Management representative 11.. NGO representative	8 to 10 people per group	Bibile Chava	Nov 18 th Nov 30 2024

	Stakeholder Dialogues- Community	Stakeholder Dialogues- Government
Convenor	Lavanya/Johann	Lavanya/Johann
Facilitator	SNP Facilitator	IN /Advocacy Focal DF
Record keeper	Leader Mother	IN /Advocacy Focal DF/ SNP facilitator/S4T facilitator
Supporter	Volunteers/S4T facilitator	SNP facilitator/S4T facilitator
Participants	Community members	Officers

Things to remember

- Group photo
- Discussion photos
- Flip chart photos
- Attendance sheet
- Feedback form



Questions & recommendations



Thank
You

