

### **Positive Deviance Hearth Sessions will contribute to rehabilitation of malnourished children.**

On the 8/1/2024, AP Nyagatare, Caritas Byumba in Partnership with WVR in their PDH Model project have introduced the PDH Sessions where parents are meeting, study how to cook balanced diet, Do it in the session and feed the children with malnutrition. This is done within 12 days in order to show good changes.

#### **Participants:**

- Local authorities,
- Health workers and managers,
- Consultants/Volunteers
- Parents with their children who are malnourished

They met together and planned how these sessions are going to be done.

#### **Some of the discussions were:**

- Objectives of PDH Sessions
- How is it done
- The number of PDH Sessions that should be performed in the sector
- The number of days to participate
- The Composition of menu
- The role and responsibilities of each parent in ensuring that PSH Sessions
- The role and responsibilities of volunteers in this initiative

\*Parents are again reminded to put in the effort and participate during all 12 Days and each one remembers his role in bringing what is cooked on PDH Sessions.

We also visited one of the PDH SAESIONS in Kigarama village in Rebero village

The parents met there and did all the activities done including: Weighing the children on the 1st day, Collecting the cooking that was brought, cleaning the cooking place and hygiene of those who are cooking, ways Cooking, playing with the children and stimulating their brains, giving Children snacks while waiting for food, teaching parents, feeding children and cleaning up.

Created sessions in Katabagemu sector: 62, 3 of them started today 8/1/2025 and will end 19/1/2025, the other 59 have started 9/1/2025 and end 20/1/2025

The parents who agreed will meet at the fireplace at 8:30 (2:30 PM), it will be held at the home of one of the volunteers who will monitor it!