

The dialogue meeting held with Community Health Workers (CHWs) of Mutete sector, Kageyo AP, Buranga cluster, was a crucial step toward launching the Positive Deviance Hearth (PDH) sessions aimed at rehabilitating malnourished children in the community. The event brought together a dedicated group of CHWs who play an essential role as frontline agents in nutrition rehabilitation and community health promotion.

The atmosphere of the meeting was collaborative and purposeful. Participants arrived with a shared sense of responsibility and urgency to tackle malnutrition among vulnerable children. This unity was palpable throughout the discussions and created an encouraging environment for constructive dialogue and mutual support.

The meeting began with introductions, establishing a warm and respectful tone that fostered openness and active participation. The importance of the PDH sessions was emphasized as a practical, community-driven approach that empowers caregivers and families to improve children's nutritional status using locally available resources. The emphasis on rehabilitating malnourished children through a 12-day hearth session model resonated well with all participants.

Key objectives were clearly outlined: setting a time frame for the PDH sessions and discussing the main components needed for effective implementation. The participants demonstrated strong commitment to these goals, showing readiness to mobilize their communities and apply the knowledge and tools shared during the meeting.

A major part of the dialogue focused on identifying challenges hindering successful implementation. The most prominent concern was the insufficient availability of nutritious food commodities within the community, which directly affects the ability of families to provide balanced diets to their children. This challenge was openly acknowledged, reflecting the participants' realistic understanding of local conditions.

In response, participants proposed practical recommendations such as supporting PDH sites with nutrient-rich food items like small fish and eggs to motivate poor families. This solution-oriented approach illustrated their deep engagement and willingness to find sustainable ways to overcome barriers. The discussion also highlighted the need for continuous support and follow-up to maintain motivation and ensure that positive nutrition practices become embedded in daily life.

Throughout the meeting, the exchange of ideas was respectful and inclusive. While there were some differences in opinions, especially regarding the timeline for starting the sessions and workload concerns, these divergences were handled constructively. The group reached consensus by valuing each viewpoint and focusing on shared goals rather than disagreements.

The overall feeling of the event was one of hope and collective strength. The participants left the meeting feeling empowered and ready to embark on their mission to reduce malnutrition in their communities. The meeting reinforced the critical role that CHWs play in bridging health services and community needs, underscoring the importance of equipping them with adequate tools, resources, and ongoing support.

From my perspective, this dialogue was a significant milestone in mobilizing community efforts for nutrition improvement. It demonstrated the power of collaboration among health workers, local leaders, and implementing partners in addressing complex health challenges. The candid discussion of obstacles, coupled with a proactive approach to solutions, set a positive precedent for future engagements.

In conclusion, the meeting was not only informative but also inspirational. It highlighted the resilience and dedication of community actors committed to improving child health through practical, locally adapted interventions. The collective spirit observed during the dialogue promises sustained progress in rehabilitating malnourished children and preventing future cases, contributing to the broader goal of enhancing community wellbeing and nutrition security.