

Nutrition Dialogues Phase 2

Training and Orientation

12 March 2026

Contents



- Overview Nutrition Dialogues Phase 1 & 2
- Nutrition Dialogues learning cycle
- Stakeholder Dialogues – Methodology
- Children's Workshops – Methodology & Safeguarding
- Feedback Form
- Nutrition Dialogues Portal & Guidance Resources
- Next steps

Nutrition Dialogues Phase 1 (2024-25)



PURPOSE

Nutrition Dialogues were initiated by World Vision International and 4SD Foundation, supported by partners that include the SUN Civil Society Network, GAIN and the SDG2 Advocacy Hub, to

- Bring the **perspectives and lived experience of people** from communities at risk of malnutrition to the leaders attending the N4G Summit in March 2025, and beyond.
- Engage nutrition stakeholders, primarily at national and community level, to share perspectives and explore priorities for actions to improve nutrition, especially of **women and children**, within their own localities.

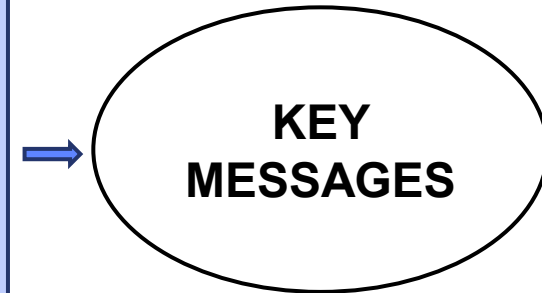
Nutrition Dialogues Phase 1 (2024-25)



Stakeholder Dialogues



Children's Workshops



Nutrition Dialogues Phase 2 (2026)



PURPOSE

Building on strong momentum of phase 1, phase 2 will:

- Continue promoting **inclusive, action-oriented Nutrition Dialogues** at local, national and global levels
- **Strengthen accountability**
- Deepen community engagement to explore and **accelerate local action**
- **Improve nutrition outcomes locally.**

Principles of Engagement



- **Be committed** to improve nutrition for all, especially for women and children
- Recognize that everyone's nutritional status has **multiple determinants**
- Welcome multistakeholder **diversity and inclusivity**, including young people
- **Respect** different perspectives while nurturing trust among stakeholders
- Be open to **share and learn** from others
- **Act with integrity** and in an ethical manner
- Act with a commitment to uphold the **equity and rights** of all women, men and children
- Act with **urgency**
- **Protect** Nutrition Dialogue events from the marketing and promotion of any products

Why dialogues matter?



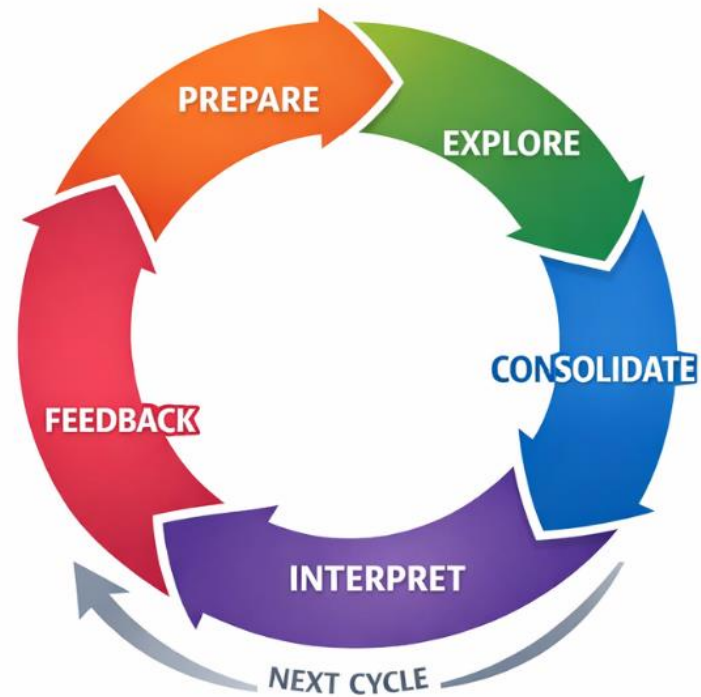
Fragmented system	Dialogue space	Shared insight & action
Many actors — different perspectives	Structured collective listening	Collective intelligence for action
 Health  Agriculture  Communities  Government  Researchers		 Shared understanding  Priorities  Collaboration  Advocacy  Accountability

Nutrition Dialogues learning cycle



The Nutrition Dialogue Cycle

From listening to action and learning



Listening, reflecting, and acting in a continuous cycle

Nutrition Dialogues Phases



	PREPARE	EXPLORE	CONSOLIDATE	INTERPRET	FEEDBACK
Phase 1 – Global Listening for N4G 2025	Global Framing 	Dialogues across countries 	Global synthesis 	N4G Summit – Village of Solutions – Youth and children Call to Action 	N4G commitments and Global momentum 
Phase 2 – Local advocacy, action and accountability	Local anchors 	Community dialogues 	National analysis 	Local and national advocacy and action 	Policy and programme fitting local conditions 

Stakeholder Dialogues

Anatomy of a **STAKEHOLDER DIALOGUE**

OPENING

DISCUSSION GROUPS

CONSOLIDATION



BEFORE THE EVENT

Convenor announces event on the Portal



Duration: 2.5 - 3 hours

Participants: 30 - 40 participants



20-30 mins

In Plenary:

The **Curator** opens the Dialogue and sets the scene.

Guest speakers can provide framing remarks that include a description of the nutrition situation in the community.



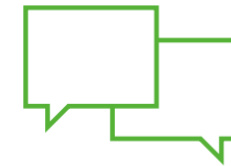
75-90 mins

Each Discussion Group has:

8-10 diverse pre-selected Participants who bring different perspectives.

A trained **Facilitator**, supported by a **Record Keeper**, ensuring every voice is heard.

BREAK: 15 MINS



45-60 mins

In Plenary:

Each **Facilitator** reports back a summary of their Discussion Group.

The **Curator** provides a powerful synthesis of the discussions and memorable observations.

The **Curator** closes the dialogue.

AFTER THE EVENT

Convenor publishes Feedback Form on the Portal



Ingredients for successful Dialogues



- **Careful selection of participants** – ensuring maximum diversity and bringing those that are seldom heard. The diversity should be reflected in the group as a whole and in each discussion group
- **Good group size** – having more than 50 participants makes the event challenging to manage. The heart of a dialogue are discussion groups of ideally 8-10 individuals.
- **Sufficient time for Discussion Groups** – a minimum of 75 minutes.
- **Preparing prompts for the discussion groups** – either a specific discussion topic, or an open-ended question.
- **Curator and Facilitators** who have a special ability of ensuring all in a group are heard, that divergent views can be voiced and navigated constructively by the group, and that new connections can be made.
- **An inspiring framing by the Curator** at the start of the Dialogue event to provide the political and strategic context and set the tone for constructive and meaningful discussion.
- **A powerful synthesis by the Curator** that consolidates not just the main outcomes and recommendations but also the mood and spirit of the conversation.

Diversity of Participants



- The purpose of a Stakeholder Dialogue is to promote understanding of multiple experiences and perspectives stimulating collective ownership of a common challenge.
- Who attends your dialogue makes a critical difference to its success.
- Invite a wide variety of backgrounds, gender, ethnicity, stakeholder groups – get beyond the usual networks! Reach out, be inclusive, open, generous, welcoming.
- Ask yourself, who needs to be in the room if we are to make progress on our goals? Consider how new voices can be included and heard and, how can you support them to come prepared?
- **Competing interests** are to be expected and are therefore important to prepare for. This can include research to understand the social, commercial, and political landscape to identify potential challenges.
- Well-briefed and trained Facilitators play a critical role in navigating difficult conversations during the Discussion Groups.

Shaping your Stakeholder Dialogue 1



The Focus of your Dialogue – the theme you wish to explore, reflected in the title of your Nutrition Dialogue

- The most important part of a Stakeholder Dialogue event are the facilitated exchanges that take place in Discussion Groups.
- Facilitators support participants to explore and exchange views, opinions and positions in response to either a specific discussion topic **or** an open-ended question.
- The Convenor and Curator can choose whether to use a specific Discussion Topic, or an open-ended question.

Specific Discussion Topics

- An ambitious projection of the future that cannot be achieved through immediate action by a single stakeholder.
- Intended to provoke participants to think beyond the current situation and to imagine something that is altogether better. It acts as a common objective for all the Participants, encouraging them to move beyond their existing affiliations and preoccupations.
- Offers a common challenge and helps encourage a shared purpose.
- Lead to the identification of priority actions to be taken by Participants that will shift the system in the direction of the future state.
- Example: *In three years, all children under five years of age have access to the nourishment they need.*

Shaping your Stakeholder Dialogue 2



Open-ended questions

- Designed to encourage participants to express their thoughts and feelings in their own words, without being limited or influenced by a predefined topic.
- Facilitators can also use open-ended questions to sustain the conversation in discussion groups, focusing on what can be achieved in the current context.
- Example: *Who needs to be involved to enable us to achieve good nutrition for all in our community?*

Prompt Questions

- Designed to help participants in a Discussion Group explore further and sustain discussion.
- Without the prompt questions and careful facilitation, the participants of a Discussion Group may find themselves talking at cross purposes or caught up in hypothetical scenarios.
- Examples: *Who will need to be involved? How could my organization support these changes? What are the tensions we have identified and how can we manage them?*

Key Roles in a Stakeholder Dialogue Event Team



Roles, skills and attributes

The **Convenor** organises and prepares the dialogue, decides on focus, invites participants and is:

- An entrepreneur
- A connector
- A systems thinker
- A synthesizer

The **Curator** is the host and master of ceremonies on the day of the dialogue, and is:

- Charismatic
- Empathetic
- Trustworthy
- Knowledgeable

A **Facilitator** helps each small discussion group to progress and explore discussion topics and is:

- A mediator
- Curious
- Empathetic
- A catalyst

A **Record Keeper** documents the participants' inputs in the discussion groups and is:

- A radical listener
- Neutral
- Knowledgeable
- A quick notetaker

- Everyone in the Dialogue event team should have a good understanding of nutrition issues, the Nutrition Dialogues method and familiarity with at least some of the stakeholder groups who participate.
- The roles of Convenor and Curator can be combined.
- Curators, Facilitators and Record Keepers should be chosen carefully, trained and briefed before the Dialogue.
- Training for the Dialogue event team is available, accessed via the Portal – www.nutritiondialogues.org

Convenor role - Tasks



Principal tasks include:

- Plan, organize and convene a Nutrition Dialogue in line with the Principles of Engagement.
- Identify, train and brief the team that will support you: a Curator, Facilitators and Record Keepers.
- Define the theme of the Dialogue.
- Announce a Dialogue event on the Nutrition Dialogues Portal (www.nutritiondialogues.org)
- Ensure the Dialogue Participants have a range of profiles and experiences.
- Ensure that the Dialogue respects Participant privacy.
- Prepare with the event team and submit the official Feedback Form via the Portal.

See Step by Step Guide for Stakeholder Dialogues, p. 8 <https://nutritiondialogues.org/wp-content/uploads/2024/07/SBS-Stakeholder-Dialogues-Web.pdf>

Convenor role – Skills and Tips



A Convenor has experience and expertise in:

- Connecting with diverse networks and identifying Dialogue Participants with multiple perspectives, including those seldom heard.
- Managing a small event team, including delegating practical and technical aspects.
- Encouraging exploration of complex challenges using systems thinking.
- Synthesising wealth of perspectives for official Dialogue Feedback Form.

Tips:

- Connect with relevant stakeholder groups ahead of the Dialogue event to familiarize them with the process and get their interest and support.
- Brief your event team and clarify roles and responsibilities.
- Prepare the Dialogue event in close collaboration with the Curator.
- Prepare the Feedback Form with your event team.

Curator role - Tasks



Principal tasks include:

- Prepare for the Dialogue event with the Convenor.
- Preside over and moderating the event.
- Consolidate the outcomes from different Discussion Groups.
- Assist the Convenor to complete Feedback Form.
- Identify, appoint and brief Facilitators and Record Keepers together with the Convenor.
- Set the tone of the Dialogue as a safe place, where people may disagree without being disagreeable.

See Step by Step Guide for Stakeholder Dialogues, p. 9 <https://nutritiondialogues.org/wp-content/uploads/2024/07/SBS-Stakeholder-Dialogues-Web.pdf>

Curator role – Skills and Tips



A Curator has experience and expertise in:

- Engaging multiple stakeholders with different perspectives.
- Encouraging exploration of complex challenges using systems thinking.
- Establishing convergence and recognizing irreconcilable differences.
- Weaving co-owned outcomes in an inclusive and open way.

Tips:

- Be a welcoming host for everyone.
- Frame the context, give background without prejudging an outcome, raise questions.
- Be a guide who accompanies participants through the process, explain what is to come.
- Be clear as to purpose, model how you would like people to be.

The Curator check-list



- The Curator works closely with the Dialogue Convener at all stages of the Dialogue process. **Good preparation is key!**
- The Curator **communicates in a clear and evidence-based way** on nutrition, ensuring that all participants understand *why* they are there, and *why* multi-stakeholder dialogue can be a powerful tool to explore complex challenges.
- The Curator can **synthesize multiple perspectives** that emerge from the Discussion Groups in a meaningful and respectful way.
- The Curator **appreciates local cultural sensitivities** and recognizes their importance for inclusive Dialogue.
- The Curator **ensures that all participants have a voice**.
- The Curator is **mindful of inherent biases**.
- The Curator is **enthusiastic, charismatic and inspiring**, but is also patient and practical when unexpected things arise.
- The Curator is a **good timekeeper**.

Facilitator role - Tasks



Principal tasks include:

- Ensure that Discussion Groups address the discussion topics or open-ended questions, and have prompt questions ready.
- Ensure that each Participant has an opportunity to contribute meaningfully, and have their perspectives listened to by others.
- Report briefly to the plenary on the content and feeling in the Discussion Group.

See Step by Step Guide for Stakeholder Dialogues, p. 10 <https://nutritiondialogues.org/wp-content/uploads/2024/07/SBS-Stakeholder-Dialogues-Web.pdf>

Facilitator role – Skills and Tips



- **Prepare** – read any briefing materials, understand the process
- **Set the frame** – introductions within the group, make sure the task, discussion topic and prompt questions are clear and understood
- **Hold the discussion** – observe, encourage, stimulate, stay focused – while remaining neutral

Tips:

- It is never about you; it is the table's conversation not yours.
- Encourage equal voice – who is holding the stage and who is in the shadows?
- Encourage radical listening – what is behind what somebody says, what is the impact on you, what do you see in the group? Notice this.
- If the conversation sticks, open questions release responses. Don't be fearful of silence.
- You are in service to your group.

The Facilitator check-list



- The Facilitator works closely with the Dialogue Convenor and Curator in advance of the dialogue. **Preparation is key!**
- The Facilitator researches who is in their discussion group, and **appreciates any local languages, customs and protocols.**
- The Facilitator has **good ice-breaking skills.** They observe participants, including their body language to ensure all feel comfortable.
- The Facilitator is **neutral, and a good listener.** The Facilitator doesn't lead, teach or coach (10-90 Rule – Facilitator speaks 10% of time, Participants 90%).
- The Facilitator ensures all participants have a unique moment to speak and be listened to. **All ideas matter.**
- The Facilitator is **a good timekeeper** and can manage participants who dominate the conversation.

Record Keeper role - Tasks



Principal tasks include:

- Listen to the conversation of the Discussion Group.
- Keep a record of the contributions from each Participant, using the Discussion Group Record template.
- Provide key points to the Facilitator to aid their feedback when reporting to the plenary.
- Provide a legible Discussion Group Record to the Convenor so they can complete the official Feedback Form.

See Step by Step Guide for Stakeholder Dialogues, p. 10 <https://nutritiondialogues.org/wp-content/uploads/2024/07/SBS-Stakeholder-Dialogues-Web.pdf>

Record Keeper role – Skills and Tips



- Be a radical listener.
- Be consistently neutral.
- In your notes, do not attribute names to the contributions.
- Be quick at note taking.
- Capture emerging key points of common understanding from the various contributions in your Discussion Group.
- Work closely with the Facilitator.

Children's Workshops

What is a Children's Workshop?



Right to Expression

Article 13 of the Convention on the Rights of the Child gives children and young people the right to express their opinions and views to others by talking, drawing, writing, or through any other medium you want to use.

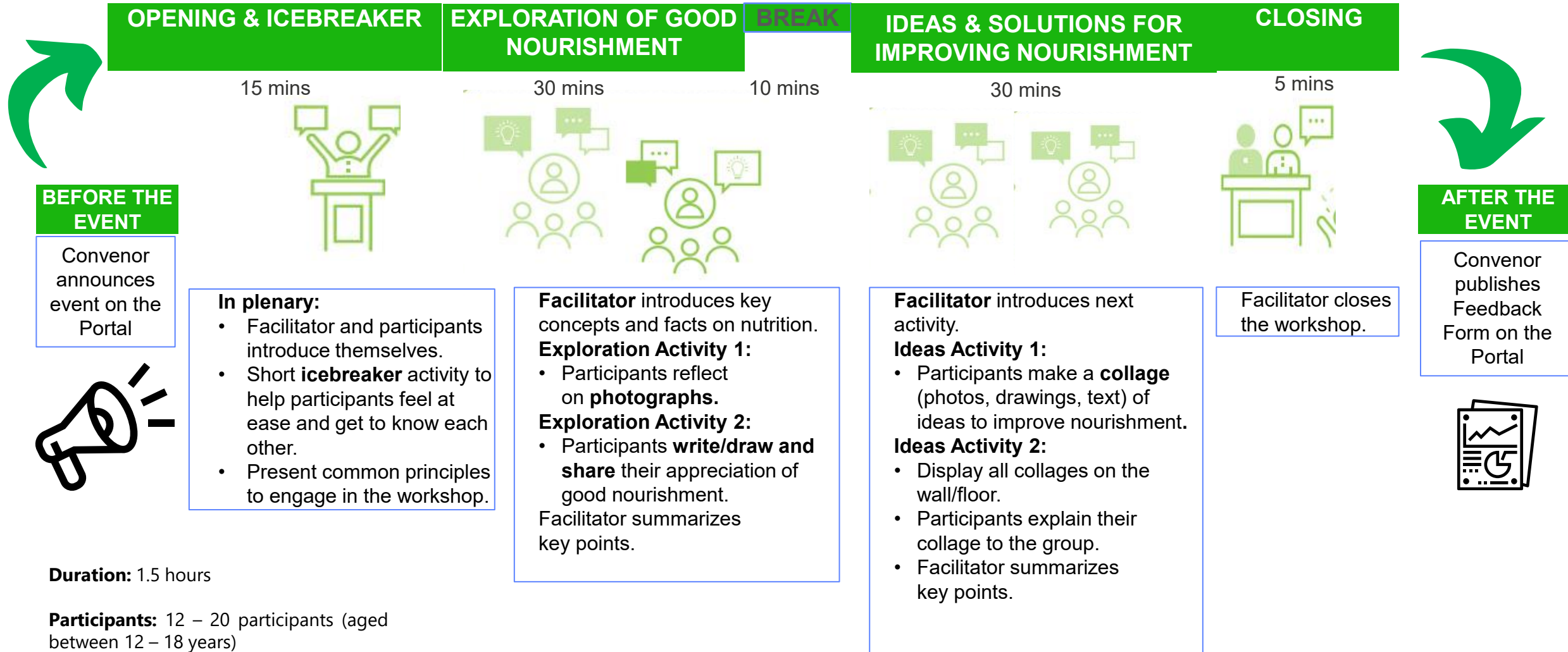
-  A 90-minute meeting between children and young people.
-  20 participants aged between 12 - 18.
-  Convened by an adult facilitator or a child or young person.
-  Space to talk and exchange ideas around two main questions.

Children's Workshop - Questions



-  Children's Workshops are an opportunity for children to make their voices heard by people with the power to respond.
-  **Two main questions:**
 -  What are children's appreciation or understanding of good nourishment?
 -  What are children's ideas for improving nourishment?

Anatomy of a CHILDREN'S WORKSHOP



Key Roles in a Children's Workshop Event Team



Roles, skills and attributes

The **Convenor** organises and prepares the workshop, decides on the activities, invites participants and is:

- An entrepreneur
- A connector
- A systems thinker
- A synthesizer

The **Facilitator** moderates the workshop, ensures child safeguarding is followed and is:

- Charismatic
- Empathetic
- Trustworthy
- Knowledgeable

A **Supporter** assists the event team to organize and run the workshop, and is:

- An organizer
- Experienced in working with children
- Empathetic
- Reliable

A **Record Keeper** documents the participants' inputs in the workshop and is:

- A radical listener
- Neutral
- Experienced in working with children
- A quick notetaker

- Everyone in the event team should have a good understanding of nutrition issues, the Children's Workshop method and familiarity with at least some of the children and young people who participate.
- The roles of Convenor and Facilitator can be combined.
- Facilitator, Supporter and Record Keeper should be chosen carefully, trained and briefed before the Workshop.
- Training for the event team is available, accessed via the Portal – [www.nutritiondialogues.org](https://nutritiondialogues.org)

Key Child Safeguarding Considerations



- 1 **Qualification Requirement:** Appropriate qualifications and training
- 2 **Safety and Security Requirement:** Convenors must have clean criminal records.
- 3 **Team Commitment Requirement:**
 - ✓ Children's voluntary participation
 - ✓ Informed Consent for Child Participation
 - ✓ Specific consent for safe communications
 - ✓ Opt-out
 - ✓ Child Participation Risk Assessment
 - ✓ Child-friendly Safeguarding Awareness-Raising
 - ✓ Reporting mechanism
 - ✓ Online Safety

Key Child Safeguarding Considerations



- ④ **Informed Consent Requirement:** Consent forms are distributed, signed, and collected from all participating children and young people, and their parents or guardians.
- ⑤ **Distress Response Requirement:** Be able to prevent and respond to a child or young person in distress during the Children's Workshops.
- ⑥ **Accountability Statement Requirement:** An acknowledgement of these six requirements and recognition of the Convenors responsibility to uphold child safeguarding standards

Dialogue Feedback



- Convenors share the outcomes of their Nutrition Dialogue events on the online portal using a **standardized Feedback Form**. These become publicly available for analysis and learning. The Feedback Form includes information about:
 - Who participated?
 - How was the event framed? What was discussed?
 - What were the overall outcomes?
 - Which nutrition challenges are faced? What actions are urgently needed and how should these be taken forward.
 - To what extent did views, opinions and positions diverge?
 - Which Principles and methods were used.
- More details including forms for use on the day can be found in the Feedback Framework for Stakeholder Dialogues and the Feedback Framework for Children's Workshops.
- Outcomes from all Nutrition Dialogues that have been reported by the end of 2024 have been synthesised in advance of N4G. The [Global Synthesis Report](#) highlighted the nutrition-related challenges faced by women and children.

The Nutrition Dialogues Portal

Nutrition
Dialogues

Home

Overview

Guidance

Explore

News

LOGIN

English

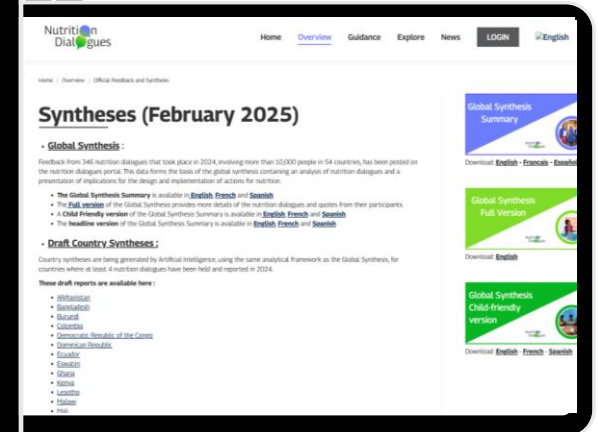
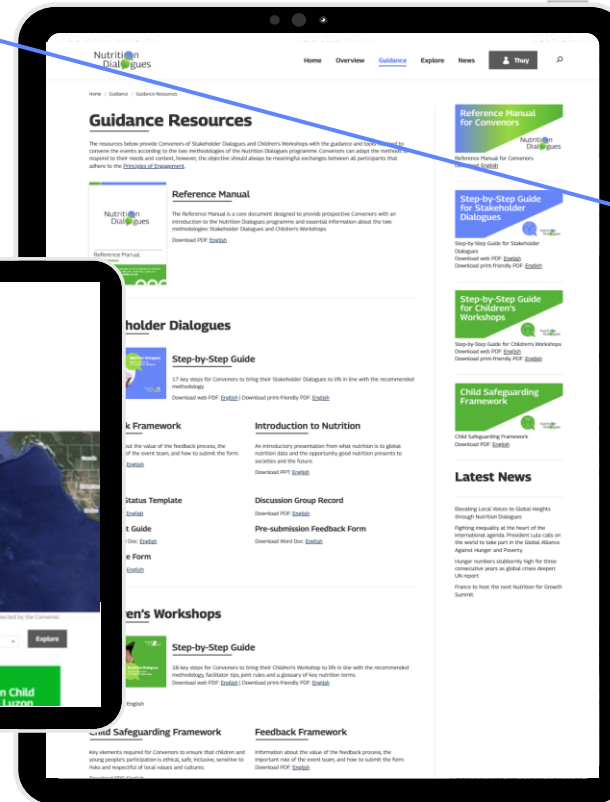
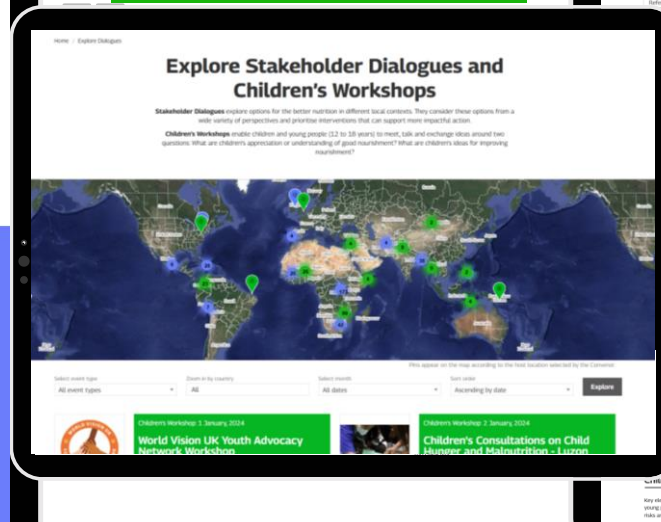
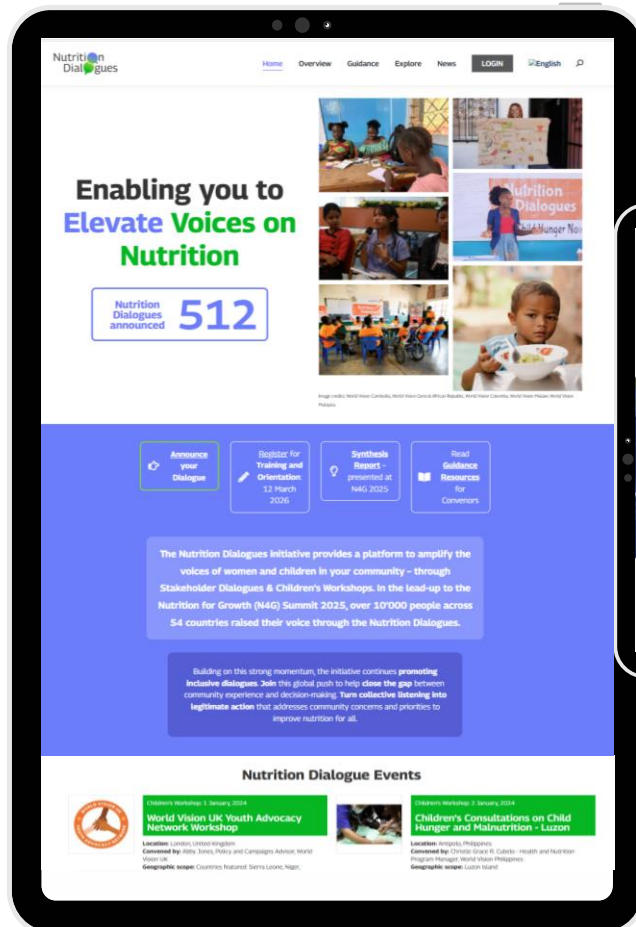


Guidance Resources

Map of Dialogue Events

Feedback & Synthesis

Available in
English,
French
& Spanish



Nutritiondialogues.org
info@nutritiondialogues.org

Guidance Resources



Guidance Resources in English, French and Spanish, can be found on the Portal - <https://nutritiondialogues.org/guidance/guidance-resources/>

- **Reference Manual for Nutrition Dialogue Convenors**
- **Stakeholder Dialogues:**
 - Step-by-Step Guide
 - Feedback Framework
 - Introduction to Nutrition Presentation
- **Children's Workshops:**
 - Step-by-Step Guide
 - Feedback Framework
 - Safeguarding Framework

Next Steps



Actions you can take after the training session:

1. Explore the Portal and read the guidance resources (available in English, French and Spanish): www.nutritiondialogues.org
2. Register as a Nutrition Dialogues Convenor in the Portal.
3. Engage your local partners to jointly organize Nutrition Dialogue events.
4. Submit your feedback form.
5. Attend the next Training & Orientation session on 18 June 2026 to learn more about using Nutrition Dialogues to support local advocacy and action and to share your experience.