

OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	MOZAMBIQUE, Tete Province, Nutrition session take Over
WORKSHOP DATE	Monday, 16 September 2024 08:00 GMT +02:00
CONVENED BY	Children and Youth with Vision (CJV) Event announced on behalf of the Convenor by: Kelvin Mambero. communication Consultant at World Vision Mozambique Feedback published on behalf of Convenor by: Cláudia Langa. Technical support
EVENT LANGUAGE	Portuguese
HOST CITY	Tete, Mozambique
GEOGRAPHIC SCOPE	Provincial level
WORKSHOP EVENT PAGE	https://nutritiondialogues.org/dialogue/54360/



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

29

PARTICIPATION BY AGE RANGE

14 12-15

15 16-18

PARTICIPATION BY GENDER

14 Female

15 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The participants were children from the children's parliament at the Mutarara district level where they work for advocacy children's rights.

SECTION TWO: FRAMING

The event took place on the 16th of September, from 8:30am to 12pm in the district of Mutarara, province of Tete. Initially activities were developed to define concepts, where participants showed a certain notion of them and then, debates talking about the causes and proposals for solution.

SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

CHALLENGES

Children at different stages of academic development and to this end it was necessary to ensure that the language used was accessible to all participants

URGENT RECOMMENDATIONS FOR ACTION

The recommendations are: -create measures to face drought and ensure that parents and guardians have access to sources of income, thus avoiding hunger and malnutrition.

AREAS OF DIVERGENCE

None

OVERALL SUMMARY

The session with the students began with a presentation by the facilitators, the platform Children and Youth with Vision, where they are based, and World Vision. After this relaxed and dynamic moment, the students introduced themselves, leaving their name, age, dream and favorite dish.

Afterwards, there was a moment to share knowledge about nutrition as a way to start the debates. The students showed great knowledge and participation in this phase, talking about the concepts and sharing doubts.

We had the intervention of a health technician for a more direct explanation about nutritional issues, how the treatment is carried out and specific questions.

During group debate time, group participants discussed the causes of malnutrition and possible solutions.

Causes

- Food insecurity; • Poverty; •

Lack of

access to health services; • Families without

means due to drought and hunger; • Lack of knowledge of food

preparation; Solutions • Employment for young people as a way

to combat

malnutrition; • Encouraging families to cultivate; • Lectures and more meetings on

nutrition and prevention of other diseases;

- Agricultural production machinery; • Nutritional education and consumption of healthy foods

SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

PRINCIPLES OF ENGAGEMENT

• Dynamics • Quiz about food; • Questions with images of food stickers These methods were used so that children would feel more comfortable participating in the debates.

METHOD AND SETTING

Educational conversation session through open conversations, held in a room.

ADVICE FOR OTHER CONVENORS

Listen more to participants; Inclusion of health technicians for possible specific questions;

FEEDBACK FORM: ADDITIONAL INFORMATION

COLLAGE PHOTOS



ACKNOWLEDGEMENTS

We appreciate the opportunity to exchange experiences, making facilitation more appropriate and together contributing to the eradication of malnutrition and we thank everyone involved in this process.

RELEVANT LINKS

- Do you know what a nutrition dialogue is?
<https://web.facebook.com/Worldvisionmozambique/posts/pfbid0jaEtUnE3Y1x2meURLpSQYQyyHxe6eLVStVGLDKWVSUCdv2XytF6t1uDWHay5eBpcl>