

# OFFICIAL FEEDBACK FORM

WORKSHOP TITLE	MOZAMBIQUE, Nampula Province, Memba District, Nutrition Dialogues takes Over
WORKSHOP DATE	Tuesday, 17 September 2024 09:30 GMT +02:00
CONVENED BY	Children and Youth with Vision (CJV) Event announced on behalf of the Convenor by: Kelvin Mambero. Communication Consultant at World Vision Mozambique Feedback published on behalf of Convenor by: Adelino Mula. Facilitador
EVENT LANGUAGE	Portuguese
HOST CITY	Memba, Mozambique
GEOGRAPHIC SCOPE	District Level
WORKSHOP EVENT PAGE	<a href="https://nutritiondialogues.org/dialogue/54370/">https://nutritiondialogues.org/dialogue/54370/</a>



The outcomes from Children's workshops will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on children and young people. Each Workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

26

## PARTICIPATION BY AGE RANGE

0 12-15

0 16-18

## PARTICIPATION BY GENDER

12 Female

14 Male

0 Other/Prefer not to say

## ADDITIONAL DETAIL ON PARTICIPATION DIVERSITY

The workshop held in Nampula province, Momba District, Miaja community was diversified in several aspects. Some children came from more vulnerable areas, which impacted their access to school and education, but even so they showed interest in learning. Some children professed the Islamic religion and others the Christian religion. The children belonged to a rural environment, where agriculture is the predominant means of subsistence. The presence of a child was not noticeable.

## SECTION TWO: FRAMING

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The workshop aimed to raise awareness among children about the importance of a diverse diet and the choice of nutritious foods, even within the limitations imposed by the local environment. The Miaja community, being predominantly rural, faces serious challenges related to poverty, which directly affects access to nutritious food. Irregular rainfall and frequent droughts have compromised agricultural production, making it difficult to grow a balanced and nutrient-rich diet.

# SECTION THREE: CHILDREN'S WORKSHOP OUTCOMES

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## CHALLENGES

Lack of information;  
Lack of socioeconomic conditions;  
Parents sell and exchange food for other products.

## URGENT RECOMMENDATIONS FOR ACTION

Awareness campaigns about the importance of good nutrition;  
Support disadvantaged families.

## AREAS OF DIVERGENCE

There were no areas of divergence

## OVERALL SUMMARY

On September 17, 2024, a dialogue on Nutrition took place in the province of Nampula, in the District of Momba, in the town of Miaja. This dialogue was attended by children aged between 12 and 16 years old. The event started at 9 am and ended at 11:30 am. 33 people participated in this event, including 26 children, two employees from Visão Mundial Miaja, 3 volunteers from the Cidadania Voz e Ação group and two facilitators. The event began with the presentation of the facilitators and participants and a brief presentation of the activity and its objectives. Next, the facilitators had a conversation with the participants about nutrition, food, poor nutrition and malnutrition, addressing the importance of good nutrition, the types of nutrients essential for good nutrition and the disadvantages of poor nutrition. The conversation lasted an hour and a half where the topics mentioned above were discussed. It was followed by a 20-minute icebreaker moment, and then we had a group debate session, the participants were divided into 5 groups of 5 elements where they discussed the problems that communities go through in order to have a balanced diet and possible solutions to resolve these problems, this session lasted one hour and ended with the presentation of what was discussed in a group in plenary.

Problems presented by children Most of the food harvested on the farm is for sale; Lack of knowledge Solutions More awareness campaigns on the importance of good nutrition for children as well as adults.

At the end of the plenary presentations, we had a moment of fellowship.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

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## PRINCIPLES OF ENGAGEMENT

## METHOD AND SETTING

## ADVICE FOR OTHER CONVENORS

Give children more time, it is also important to connect with children so that they feel more at ease.

# FEEDBACK FORM: ADDITIONAL INFORMATION

## COLLAGE PHOTOS



## ACKNOWLEDGEMENTS

Thanks to World Vision Mozambique, especially the writer of Memba. Thanks also to the community of Miaja.

## RELEVANT LINKS

- # On ÇÃ <https://www.facebook.com/share/p/KQdPqFjRstkD5K8X/>