

# OFFICIAL FEEDBACK FORM

DIALOGUE TITLE	Tete Province , district of Angónia take off with the Nutrition Dialogues
DIALOGUE DATE	Friday, 20 September 2024 09:00 GMT +02:00
CONVENED BY	Children and Youth with Vision Event announced on behalf of the Convenor by: Kelvin Mambero. Communication Consultant at World Vision Feedback published on behalf of Convenor by: Cláudia Langa. Technical support
EVENT LANGUAGE	Portuguese and Local Language (Chéua)
HOST LOCATION	Chide, Mozambique
GEOGRAPHIC SCOPE	District Level
AFFILIATIONS	World Vision Mozambique
DIALOGUE EVENT PAGE	<a href="https://nutritiondialogues.org/dialogue/54671/">https://nutritiondialogues.org/dialogue/54671/</a>



The outcomes from Nutrition Dialogues will contribute to developing and identifying the most urgent and powerful ways to improve nutrition for all, with a focus on women and children and young people. Each Dialogue contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues Portal
- Available as public data on the Nutrition Dialogues Portal "Explore Feedback" page
- Available publicly within a .xls file alongside all Feedback Form data for advanced analysis
- Synthesised into reports that cover which nutrition challenges are faced, what actions are urgently needed and how should these be taken forward – particular, in advance of the Nutrition for Growth Summit in Paris, March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

15

## PARTICIPATION BY AGE RANGE

0 0-11

0 12-18

2 19-29

15 30-49

0 50-74

0 75+

## PARTICIPATION BY GENDER

4 Female

11 Male

0 Other/Prefer not to say

## NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, Youth Groups and Students

3 Educators and Teachers

0 Financial Institutions and Technical Partners

1 Healthcare Professionals

0 Information and Technology Providers

0 Marketing and Advertising Experts

0 News and Media (e.g. Journalists)

0 Science and Academia

0 Sub-National/Local Government Officials and Representatives

0 Women's Groups

1 Civil Society Organisations (including consumer groups and environmental organisations)

0 Faith Leaders/Faith Communities

5 Food Producers (including farmers)

0 Indigenous Peoples

0 Large Business and Food Retailers

0 National/Federal Government Officials and Representatives

6 Parents and Caregivers

0 Small/Medium Enterprises

0 United Nations

1 Other (please state)

## OTHER STAKEHOLDER GROUPS

without others, other than those mentioned above

## ADDITIONAL DETAIL ON PARTICIPANT DIVERSITY

Participants living in Ndaula of Chewa ethnicity

## SECTION TWO: FRAMING AND DISCUSSION

### FRAMING

. We started the Dialogue with presentations from the facilitators and participants. We then made a presentation of the CJV platform (Children and Young People with Vision) and Mundo Visão. Soon after, an introduction to the concepts of Nutrition and Malnutrition was carried out, presenting in a clear and accessible way the fundamentals necessary for understanding the content that would follow. Presentation of Contents Types of Malnutrition: We explain in detail the different types of malnutrition, their causes and consequences, sparking a valuable debate among participants about the local reality. Good Nutritional Practices: Practical guidance was shared on how to maintain a balanced and healthy diet, with examples and tips applicable to everyday life. Benefits of Healthy Eating: We emphasize the benefits of a balanced diet for the body and mind, Food for Good Health and vitamins and their benefits for our balanced body and mind, Food for Good Health and vitamins and their benefits for our health.

### DISCUSSION

The issue of nutrition was discussed and how stakeholders see this issue, the interaction and participation showed great knowledge in nutrition maintenance and that they are concerned about the cases that are plaguing their village and province. Adults gave ideas on how to face malnutrition and spoke about the causes that affect family health.

# SECTION THREE: DIALOGUE OUTCOMES

## CHALLENGES

Participants mentioned a lack of financial resources and this ends up creating little ease in accessing products good food, consumption of food with little nutritional value due to lack of knowledge and also because there is no lots of possibility for variation.

## URGENT ACTIONS

Consumption of foods with positive nutritional value, Providing materials for the population to work in production agricultural and that could have livestock and this would serve for consumption and sale, encourage the population to go to hospitals to know about your health

## AREAS OF DIVERGENCE

None

## OVERALL SUMMARY

The debate took place in two languages: Portuguese transmitted by the facilitators and translation into the local language, which the participants are more familiar.

The stakeholder session began with a presentation by the facilitators, from Children and Youth with Vision platform on which they are based and World Vision. After this moment in a relaxed and dynamic way, participants introduced themselves. Then, at the moment of defining concepts, the participants gave their opinions and with the facilitators discussed how malnutrition manifests itself, the types and forms of treatment. In time From the group discussions, the group participants discussed the causes of malnutrition and possible solutions.

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT & METHOD

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## PRINCIPLES OF ENGAGEMENT

As principles of participation for this debate, dynamics composed of typical village music and making that each person contributes in their own area of activity and this was reflected in the ideas they brought.

## METHOD AND SETTING

It was in a closed space, with formal language and translated into the local language.

## ADVICE FOR OTHER CONVENORS

Listen more to participants; Inclusion of technicians from the area;

# FEEDBACK FORM: ADDITIONAL INFORMATION

## ACKNOWLEDGEMENTS

We appreciate the moment of exchange and experience making the facilitation more appropriate and together contributing to the eradication of malnutrition and we thank everyone involved in this process.