

OFFICIAL FORM OF FEEDBACK

TITLE OF THE DIALOGUE	Talking about nutrition in the Las Flores neighborhood
DATE OF THE DIALOGUE	Saturday, 21 December 2024 17:30 GMT -05:00
CALLED BY	Pastor Elida Camargo/Pastor Rogelio Torres Event announced on behalf of the Convener by: {name_of_announcer}. {explanation} Feedback posted on behalf of the Convener by: Maria Ali. Protection, Mobilization, Advocacy, Faith and Development Specialist
EVENT LANGUAGE	Spanish
LOCATION OF THE HOST	Barranquilla, Colombia
GEOGRAPHIC SCOPE	Community level
AFFILIATIONS	World Vision
EVENT PAGE OF DIALOGUE	https://nutritiondialogues.org/es/dialogue/56022/



SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

27

PARTICIPATION BY AGE RANGE

0 0-11

0 12-18

10 19-29

12 30-49

5 50-74

0 75+

PARTICIPATION BY GENDER

26 Female

1 Male

0 Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, youth groups and students

0 Educators and Teachers

0 Financial institutions and technical partners

0 Health professionals

0 Information and technology providers

0 Marketing and advertising experts

0 News and Media (e.g. journalists)

0 Science and Academia

0 Government officials and representatives
local/subnational

0 Women's groups

1 Civil society organizations (including groups
of consumers and environmental organizations)

0 Religious Leaders/Religious Communities

0 Food producers (including farmers)

0 Indigenous peoples

0 Large food companies and retailers

0 Government officials and representatives
national/federal

27 Parents and Caregivers

0 Small/Medium Enterprises

0 United Nations

0 Other (please specify)

OTHER STAKEHOLDER GROUPS

ADDITIONAL DETAILS ON THE DIVERSITY OF PARTICIPANTS

All participants are of Colombian nationality. None of them have a disability or reference to ethnic groups.

SECTION TWO: FRAMING AND DISCUSSION

MARKED

In the city of Barranquilla, there are several challenges related to the effects of climate change, such as heavy rains and heat waves that can affect food security in some parts of the city, including the most vulnerable areas. In addition, wastewater and environmental pollution also impact the nutritional health of the population, affecting the quality of available food and increasing the risk of waterborne diseases. The season of crops and agricultural products in the region also influences the availability of fresh food, which affects people's diets since there is a greater shortage of fresh food, forcing the population to depend on processed or low-cost foods, but with less nutritional value. For example, in the Las Flores neighborhood, most families live in poverty and have limited access to fresh and healthy food, which contributes to the prevalence of malnutrition, due to the shortage of nutritious foods, the dependence on unhealthy diets and the high cost of products. All of this negatively influences the availability and quality of food, as well as access to medical care. In general, concerns about community nutrition in the Las Flores neighborhood are related to the lack of access to adequate food, food insecurity, and the presence of risk factors such as environmental pollution and poverty. This creates uneasiness in families about well-being, especially in vulnerable groups such as children and the elderly.

PRESENTATION OF THE NUTRITIONAL SITUATION

<https://nutritiondialogues.org/wp-content/uploads/2025/01/Material-PPT-Partes-interesadas-2.pptx>

DISCUSSION

What are our feelings or concerns about nutrition in our community? How do we ensure good nutrition for everyone in our community? What measures might be needed to ensure good nutrition for everyone in our community? Who needs to be involved in order for us to achieve good nutrition for everyone in our community?

SECTION THREE: RESULTS OF THE DIALOGUE

CHALLENGES

Lack of constant access to sufficient, nutritious and quality food Socioeconomic factors - scarcity of resources to acquire food High consumption of ultra-processed foods Nutritional deficit and excess Food cultures and traditions - Misinformation, myths.
Little investment in nutrition programs for vulnerable communities

URGENT ACTIONS

Raise awareness in the community about the importance of a balanced diet Workshops on eating habits Continue doing activities in the church dining room and providing food to the girls and boys in the community. Maintain the community garden so that it is accessible to community members and encourage other families to build their own gardens.
Monetary assistance to families, especially pregnant and lactating mothers - NGOs, projects and programs, Government.
Prioritize nutrition actions with local leaders - community action boards, councilors.

AREAS OF DIVERGENCE

None

GENERAL SUMMARY

Most of the participants expressed their concern about the lack of food in their homes because it is difficult for them to have access to it due to the high price and they expressed that sometimes they feel fear, uncertainty and anxiety because there are days when they do not know if they will be able to have enough food for their children. They also commented that in their community it is common for families to buy processed foods because they are cheaper and last longer, although they recognize that they are not good for health, but it is one of the few options available to them. Other concerns are related to childhood malnutrition and diseases because there are people prone to diabetes and hypertension.

Ideas to ensure good nutrition include: access to fresh and affordable food, continuing to strengthen the community garden where they grow their own fruits and vegetables, continuing to hold talks and workshops in the community on healthy eating, supporting the neediest families so they have access to food, and ensuring that there is help from the government or foundations with food subsidies.

The participants stated that everyone should be involved in order to achieve good nutrition, especially families, adults who care for children to teach them to eat well; community leaders to work with neighbors and raise awareness. The government should guarantee that there are nutrition programs and policies related to this issue. Health specialists should approach the community and give talks and workshops with the community. The support of foundations and NGOs that provide food, activities and workshops is recognized, especially the foundation where they have a community garden; however, they recognize that it is not enough and that is why everyone should get involved. Companies can collaborate and make food donations and contribute to the most vulnerable communities.

SECTION FOUR: PRINCIPLES OF COMMITMENT AND METHOD

PRINCIPLES OF COMMITMENT

Before the space, the participation commitments were socialized: 1. Commit to improving nutrition for all, especially for women and children 2. Recognize that the nutritional status of each person has multiple determinants 3. Welcome the diversity and inclusiveness of multiple stakeholders, including young people 4. Respect different perspectives while fostering trust among stakeholders 5. Be open to sharing and learning from others 6. Act with integrity and in an ethical manner 7. Act with the commitment to defend the equity and rights of all women, men and children 8. Act with urgency 9. Protect the Nutrition Dialogues events from any form of marketing and product promotion

METHOD AND SCENARIO

The group of adults who belong to the religious community Iglesia Fundación Casa Firme was called together and the purpose of the workshop was explained to them. The discussion space was held inside the church temple, which also functions as a dining room where food is provided to children in the community. It is a large space with good ventilation.

ADVICE FOR OTHER CONVENTORS

None

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS

Pastor Elida Camargo, Pastor Rogelio Torres. Leader: Line Rodelo. Team of Social Development professionals.