

# RETURN FORM OFFICIAL

<b>WORKSHOP TITLE</b>	Children of Libenge Moke Speak Out on Malnutrition and Hunger
<b>WORKSHOP DATE</b>	Tuesday, December 10, 2024 07:00 GMT +01:00
<b>SUMMONED BY</b>	Jonas KINZOMBA Event announced on behalf of the organizer by: {advertiser_name}. {explanation} Feedback posted on behalf of the organizer by: SYLVAIN KAYUMBA. main facilitator
<b>LANGUAGE OF THE EVENT</b>	French and Lingala
<b>HOST CITY</b>	Gemena, Democratic Republic of the Congo
<b>GEOGRAPHIC SCOPE</b>	community level
<b>AFFILIATIONS</b>	world vision
<b>EVENT PAGE</b> FROM THE WORKSHOP	<a href="https://nutritiondialogues.org/fr/dialogue/56135/">https://nutritiondialogues.org/fr/dialogue/56135/</a>



The outcomes of the children's workshops will help develop and identify the most urgent and powerful ways to improve nutrition for all, with a particular focus on children and youth. Each workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues portal Available as public data on the "Explore
- Feedback" page of the Nutrition Dialogues portal Publicly available in an .xls file with all data from the feedback form for advanced analysis Synthesized into reports
- that cover the nutrition challenges faced, the urgent actions that need to be taken, and how to move them forward – in particular, ahead of the Nutrition for Growth
- Summit in Paris in March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

19

## PARTICIPATION BY AGE GROUP

6 12-15

13 16-18

## PARTICIPATION BY GENDER

12 Female

7 Male

0 Other/Prefer not to say

## ADDITIONAL DETAIL ON DIVERSITY OF PARTICIPATION

This dialogue is organized with children aged 12 to 18 in the Quartier Cinquantenaire in the Health Area of KANGAYANI, part of the GBAKATA Health Area, also gave their opinion in this dialogue, including 12 girls and 7 boys, a total of 19 participants. Among the participants were students and children who do not study; affirming that malnutrition and hunger are a real and serious situation in their community;

## SECTION TWO: FRAMEWORK

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This dialogue is organized with children aged 12 to 18 in Quartier Cinquantenaire in the KANGAYANI Health Area, dismembered from the GBAKATA Health Area, also gave their voice in this dialogue including 12 girls and 7 boys in total 19 people, Among the participants there were students and children who do not study; gathered under a tree next to the MEJEC Church, there was a great mourning of a Director of the primary school of this village; as it was an appointment prepared by the president of the health development committee (CODESA) three days before; this is how we were able to maintain me and the Co-facilitator who led the dialogue with the adults in this Church, and I (facilitator) spoke with the children. I told them WV would like to join your voice to those of other children for the noble cause (advocacy on hunger and malnutrition through the campaign "Enough". Right hand placed on the heart, we indicated to the participants that the hour is serious in the world, in the country and in province/Gemena; we explained the planned material and we showed the images of certain situations in the computer, such as: drought, malnourished children and women, people investigating water and food; this aroused curiosity and attention which the participants expressed themselves to make comments on such a situation in their community;

# SECTION THREE: WORKSHOP RESULTS FOR CHILDREN

## CHALLENGES

The participants listed the challenges they experience on a daily basis: 1. They have no water at a short distance (it is beyond 3 km in the ravines, undeveloped springs or towards the lake 2 km away) from where they consume non-potable water; 2. No good schools with buildings built to standards; 3. No market built to standards in the area (you have to travel 2 to 3 km to access a small operational market very early in the morning, in case of delay you miss out on what to feed the family); 4. No Health Center built to standards, we go to health posts 2 km away that are not viable and no quality care; 5. Parents do not have well-paid or secure jobs; 6. There is not enough food at the market so far away; but also linked to low income; all this is far from having an improved nutritional status for us children;

## URGENT RECOMMENDATIONS FOR ACTION

The urgent actions to be undertaken are as follows: the construction of the market according to the standards and which is close to us to avoid us having to travel long distances; the construction and equipment of the Health Center according to the standards and which is close to us to have quality care; the creation of decent and secure jobs in remuneration for our parents to increase income especially from the household basket; the construction of the BRIDGE at the level of Comigiem to connect us to the Salongo 2 District, this facilitates the movement of goods and money; the construction and equipment of School Buildings meeting the standards in order to study in good conditions; the improvement and regularization of the salaries of parents who work without earning the profit of their sweat; Development of roads to allow the smooth movement of goods and services; Support for children's school fees in order to reduce the hard work done by children to support their studies because of their parents who have become irresponsible; Support for households with agricultural kits to do agriculture; Support for households with animals for breeding;

## AREAS OF DIVERGENCE

The participants asked that WV build the market for them and develop the road that serves agricultural products and the others say that it is the responsibility of the Congolese state to do all that and WV must simply plead for us.

## GENERAL SUMMARY

It is still in the logic of the "Enough" campaign that this dialogue session on nutrition is organized with children aged 12 to 18 in the Cinquantenaire District in the KANGAYANI Health Area, part of the GBAKATA Health Area, in the Ledia AP of the Gemena cluster and which is part of the aim of reaching all sections of the population in all opportunities that arise (WV activities or Partners) to organize this; this is why the main facilitator obtained the offer of one of the presidents of the Health Development Committee (CODSA) on the basis of a timetable established by the Coordination Office of the "RECO DEBOUT" Association and which was able to mobilize and raise awareness on one side of the Adults and on the other side of the children on November 29; where we managed to persuade 19 participating Children including 12 women and 7 men. This dialogue took place under a tree next to the MEJEC Church; the first gesture to attract the audience was the facilitator's right hand placed on the heart to make the participants understand that WV and he were also affected by the nutritional situation and hunger in a very critical national, international and local context, and that we would like to join them to collect their points of view for a broad advocacy at all levels in order to obtain solutions to the problems of hunger and malnutrition that affect several families in their community. The participants are listened to to know their perceptions or the causes of malnutrition, the actions to be taken and the nutritional challenges, thus creating a space for debates and exchanges, given the context of the mourning of a deceased director who was to be buried that day in the same village, we did not form discussion groups to save time, touched by the images shown and the statistics given for malnutrition, the student and non-student participants expressed themselves freely and openly. After the facilitator explained some subjects: the definition of key concepts (hunger, malnutrition, food insecurity), the different types of malnutrition (acute malnutrition, chronic malnutrition, overweight, underweight, and also explained obesity and micronutrient deficiencies) but also we made the participants understand the triggers of malnutrition, the number, the categories of people most affected by this malnutrition., And that 3 major questions were proposed to them to debate: Their perceptions / opinions and considerations on the causes, linked to nutrition / malnutrition; The challenges encountered; The solutions / actions / commitment to nutrition; the facilitators captured all that are as points of divergence emerged during the discussions as a whole; all this with the aim of improving the nutritional conditions of children in their communities. At the end, the concluding word was accompanied by a gesture of the right hand placed on the heart to warmly thank the children and the President of CODESA who facilitated this meeting. At the end of our powerpoint presentation through our computer on the situation of hunger and malnutrition, the participants gave their answers according to the 3 reflection questions asked: their perceptions, the challenges and the solutions envisaged in their communities; the participants listed the factors triggering malnutrition and hunger in their environment: 1 Parents do not have much attention to take care of their children, they come back late to prepare and feed the children; 2 The extreme poverty in which our parents live does not allow us to take care of ourselves (very limited and almost abandoned responsibility); 3 A poor diet (monotony, less nutritious); 4 For parents who have a little income, it does not cover enough in terms of food; we sometimes eat we do not get full; 5 No good land for agriculture which affects production; 6 The disruption or the effects of climate change at the cultural level, affects our agricultural production; 7 There is no work or support for those who complete their studies in the humanities with deficiencies linked to the lack of teaching materials or less access to professional technical tools;

# SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

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## PRINCIPLES OF COMMITMENT

The principles of engagement were observed and noted throughout this dialogue, including: 1. The participants resolved to continue working in association as is their case because this dialogue has reinforced their vision 2 Encourage and strengthen awareness so that each household has a plot of land in their community, 3 get involved to raise awareness among parents from where to support the Preschool Consultation and the Prenatal consultation to improve the nutritional status of children; 4 Make the league of Associations to fight malnutrition; 5 everyone in their household must consume quality food, drinking water and then raise awareness among others.

## METHOD AND FRAMEWORK

The methodology used was andragogical and participatory and that the principles are those related to their interest and real need for their community in light of the shocking, touching statistics at the global, national and provincial/Health Zone levels that were presented to them in record time (less time with a precise/concise message, and key

## TIPS FOR OTHER CONVENERS

By grafting onto an activity to carry out a nutritional dialogue, the essential thing is to capture the attention and maintain the participants in a climate of trust beyond the time allowed without remaining too distracted from all the requirements of the dialogue in a normal sense, i.e. the participants are summoned just for that; When the PowerPoint presentation is finished, the questions asked must be discussed directly in the group to fuel the debate and save time,

# RETURN FORM: INFORMATION ADDITIONAL

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## THANKS

We would like to thank Mr Jonas, the Director and Manager of the Association "RECO DEBOUT" for his involvement, mobilization of the Presidents of CODESA who, after this dialogue with them, helped us to mobilize the other participants for the next dialogues in their respective health areas, to whom we express our feeling of gratitude, but also thanks to the cluster manager for his encouragement and support, in a difficult context for our Gemena office.

## RELEVANT LINKS

- <https://nutritiondialogues.org/fr/portail/edit-childrens-workshop/?id>

## ATTACHMENTS

- photo 2  
<https://nutritiondialogues.org/wp-content/uploads/2024/12/PHOTO-ENFANT-50NAIRE-2-scaled.jpg>
- photo3  
<https://nutritiondialogues.org/wp-content/uploads/2024/12/PHOTO-ENFANT-50NAIRE-3-scaled.jpg>
- attendance list <https://nutritiondialogues.org/wp-content/uploads/2024/12/Liste-de-presence-DN-Q50NAIRE-Gna-1-2.pdf>
- CF 1  
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-DN-AS-Q50NAIRE-Gna-1-3.pdf>
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