

RETURN FORM OFFICIAL

DIALOGUE TITLE	GEMENA 3 ADULTS DID NOT STAY ON THE SIDELINES OF THE DIALOGUE ON NUTRITION
DATE OF DIALOGUE	Tuesday, December 3, 2024 08:00 GMT +01:00
SUMMONED BY	Sylvain KAYUMBA Event announced on behalf of the organizer by: {advertiser_name}. {explanation} Feedback published on behalf of the organizer by: SYLVAIN KAYUMBA. Main Facilitator
LANGUAGE OF THE EVENT	Lingala and French
HOST PLACE	Gemena, Democratic Republic of the Congo
GEOGRAPHIC SCOPE	community level
AFFILIATIONS	world vision
EVENT PAGE OF DIALOGUE	https://nutritiondialogues.org/fr/dialogue/56470/



SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

21

PARTICIPATION BY AGE GROUP

0 0-11

0 12-18

7 19-29

10 30-49

4 50-74

0 75+

PARTICIPATION BY GENDER

13 Female

8 Male

0 Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, youth groups and students

3 Educators and Teachers

0 Financial institutions and technical partners

0 Health professionals

0 Information and Technology Providers

0 Marketing and Advertising Experts

0 News and Media (e.g. journalists)

0 Science and Universities

0 Government officials and representatives
local/sous-national

0 Women's Groups

0 Civil society organizations (including
consumer groups and organizations
environmental)

0 Religious Leaders/Religious Communities

10 Food producers (including farmers)

0 Indigenous peoples

0 Large food companies and retailers

0 Government officials and representatives
national/federal

8 Parents and Caregivers

0 Small/Medium Enterprises

0 United Nations

0 Other (please specify)

OTHER STAKEHOLDER GROUPS

Women with malnourished children cared for at UNS, DPFOyer, Teachers & Farmers

ADDITIONAL DETAILS ON PARTICIPANT DIVERSITY

The dialogue on nutrition was attended by 21 adults, including 13 women and 8 men, from different backgrounds. rich and poor households within the community animation cells (CAC) of the Gemena3 Health Area. made up women with malnourished children cared for at the DPFOyer, at the Supplementary Nutritional Unit; teachers&farmers; and others. Gender and age were balanced. It took place in a context of preparation of the 2nd phase of the nVPO campaign

SECTION TWO: FRAMEWORK AND DISCUSSION

MANAGEMENT

The framework of the event was characterized on the one hand, by the mobilization and awareness of adult participants a few days before by the President of the Health Development Committee (CODESA) of AS Gemena3 as agreed during our meeting at the office of the Association of Community Relays "RECO DEBOUT" in acronym, where a dialogue session on nutrition was held. Participation is heterogeneous and diversified (women with malnourished children cared for at the DPFOyer, at the Supplementary Nutritional Unit); teachers, and farmers; and on the other hand in a context of preparation for the 2nd Phase polio vaccination campaign in the Province of Sud Ubangi in general and the Gemena Health Zone in particular.

PRESENTATION OF THE NUTRITIONAL SITUATION

<https://nutritiondialogues.org/wp-content/uploads/2024/12/Presenation-Introduction-du-Dialogue-sur-la-Nutrition-Nov-2024-Ledia-Sylvain-5.pdf>

DISCUSSION

At the end of our powerpoint presentation through our computer on the situation of hunger and malnutrition, the participants gave their answers according to the 3 reflection questions asked: their perceptions, the challenges and the solutions envisaged in their communities; the following factors emerged from the discussions, triggering malnutrition and hunger in their environment: Poverty maintains malnutrition very well; Lack of drinking water; Unpaid work (without salary); Field work does not allow parents to take care of children, e.g. feed them on time; No possibility of making large areas of fields; Insufficient food associated with food monotony; Poor sleeping conditions; No employment for parents and young people with a low level of income for households; Malnutrition is due to low agricultural production; Low payment of employees by the government; Low income of families to help them work the fields; Malnutrition is due to large families, i.e. very large household sizes following very increased unwanted births; Poor quality of food to eat; parents give food to children late; Small portion of land sown for agriculture; Imbalance of family load only one person either dad or mom who makes an effort to support the family; Irresponsibility and laziness of some parents.

SECTION THREE: RESULTS OF THE DIALOGUE

CHALLENGES

Participants listed the nutritional challenges they experienced on a daily basis as follows:

- No support or assistance for the suffering of the populations;
- Increase in food prices, limiting accessibility to nutritious foods;
- Inability (no financial means) to obtain a large plot of land for the field (agriculture);
- Disruption of seasons due to climate change;
- No drinking water;
- Drought or drying up of boreholes;
- No financial means to obtain drinking water which costs between 100 and 200 FC

URGENT ACTIONS

The urgent actions to be undertaken are as follows: Support the populations with funds to make large fields; Support with the ploughing kits and seeds for the field work undertaken; Intensify awareness raising to reduce unwanted births; Repair broken down water boreholes; Support households with animals for breeding; Creation of businesses and offer jobs; We want the permanent support of WV to the populations.

AREAS OF DIVERGENCE

The participants asked that WV support the populations permanently and the others say that it is the responsibility of each and every one of us to make an effort to take charge of ourselves and the rest is the responsibility of the Congolese State.

GENERAL SUMMARY

It is still in the logic of the "Enough" campaign that this dialogue session on nutrition is organized with Adults in the GEMENA3 District in the GEMENA3 Health Area, in the Ledia AP of the Gemena cluster and which is part of the aim of reaching all sections of the population in all the opportunities that will arise (WV activities or Partners) to organize this; this is why the main facilitator obtained the agreement of one of the presidents of the Health Development Committee (CODESA) on the basis of a timetable established by the Coordination Office of the "RECO DEBOUT" Association and which was able to mobilize and raise awareness on one side of Adults and on the other side of children on December 3, 2024; where we managed to persuade 21 participating Adults including 13 women and 8 men. This dialogue took place in front of the Gemena3 Health CS; The facilitator made the participants understand that WV and he were also affected by the nutritional and hunger situation in a very critical national, international and local context, and that we want to partner with them to collect their points of view for a broad advocacy at all levels in order to obtain solutions to the problems of hunger and malnutrition that affect several households in their community. The participants are listened to to take the triggers of malnutrition according to them, the actions to be taken and the nutritional challenges, thus creating a space for debates and exchanges, given the preparations for the polio vaccination campaign we did not constitute the discussion groups to save time; touched by the statistics shown for malnutrition the participants expressed themselves freely and openly. After the facilitator explained some subjects: the definition of key concepts (hunger, malnutrition, food insecurity), the different types of malnutrition (acute malnutrition, chronic malnutrition, overweight, underweight, and also explained obesity and micronutrient deficiencies) but also we made the participants understand the triggers of malnutrition, the number, the categories of people most affected by this malnutrition. And that 3 major questions were proposed to them to debate: these are in particular Their perceptions / opinions and considerations on the causes, linked to malnutrition; The challenges encountered; The solutions / actions / commitment to nutrition; the facilitators captured all that are as points of divergence emerged during the discussions as a whole; all this with the aim of improving the nutritional conditions of children in their communities. At the end, the concluding word was addressed to the participants and the President of CODESA who facilitated this meeting to thank them warmly. The result of the discussion allowed the participants to list the causes of malnutrition as follows: Poverty maintains malnutrition very well; Lack of drinking water; Unpaid work (without salary); Field work does not allow parents to take care of children, e.g. feed them on time; No possibility of making large areas of fields; Insufficient food associated with food monotony; Poor sleeping conditions; No employment for parents and young people with a low level of income for households; Malnutrition is due to low agricultural production; Low payment of employees by the government; Low income of families to help them work the fields; Malnutrition is due to large families, i.e. very large household size following very increased unwanted births; Poor quality of food to eat; parents give food to children late; Small portion of land sown for agriculture; Imbalance of family burden, only one person, either dad or mom, who makes an effort to support the family; Irresponsibility and laziness of some parents.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

PRINCIPLES OF COMMITMENT

The principles of engagement were observed and noted throughout this dialogue, including: 1. Raising awareness to reduce unwanted births in each household 2. Cultivating large areas of land to make camp

METHOD AND FRAMEWORK

The methodology used was andragogical and participatory and that the principles are those related to their interest and real need for their community in light of the shocking, touching statistics at the global, national and provincial/Health Zone levels that were presented to them in record time (less time with a precise/concise message, and key

TIPS FOR OTHER CONVENERS

The needs of having sponsored children will be asked in the form of questions for the most part, so please direct the question to the sponsorship volunteers to save time.

RETURN FORM: INFORMATION ADDITIONAL

THANKS

We would like to thank the President of CODESA of AS Gna3 for his involvement, mobilization for this dialogue helped us to mobilize the participants a few days before in their respective health areas, to whom we express our feeling of gratitude, but also thanks to the cluster manager for his encouragement and support, in a difficult context for our Gemena office

RELEVANT LINKS

- https://nutritiondialogues.org/fr/portail/edit-dialogue/?id=56470#tab_feedback

ATTACHMENTS

- photo 2
<https://nutritiondialogues.org/wp-content/uploads/2024/12/PHOTO-DN-ADULT-GNA3-2-scaled.jpg>
- CF1
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Liste-Presence-Adulte-DN-AS-Gemena3-1-2.pdf>
- CF2
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Gemena3-1-4.pdf>
- CF3
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Gemena3-5-8.pdf>
- CF4
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Gemena3-9-12.pdf>
- CF4
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Gemena3-13-16.pdf>
- CF5
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Gemena3-17-21.pdf>