

RETURN FORM OFFICIAL

DIALOGUE TITLE	LET'S TALK WITH PARENTS IN NGBANDALA ON THE NUTRITION OF CHILDREN
DATE OF DIALOGUE	Thursday, December 5, 2024 09:00 GMT +01:00
SUMMONED BY	Jonas KINZOMBA/SYLVAIN KAYUMBA Event announced on behalf of the organizer by: {advertiser_name}. {explanation} Feedback published on behalf of the organizer by: SYLVAIN KAYUMBA/JONAS KINZOMBA. Facilitator and Co-Facilitator
LANGUAGE OF THE EVENT	Lingala and French
HOST PLACE	Gemena, Democratic Republic of the Congo
GEOGRAPHIC SCOPE <small>community level</small>	
AFFILIATIONS	world vision
EVENT PAGE OF DIALOGUE	https://nutritiondialogues.org/fr/dialogue/56513/



SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

17

PARTICIPATION BY AGE GROUP

0 0-11	0 12-18	9 19-29
6 30-49	2 50-74	0 75+

PARTICIPATION BY GENDER

8 Female	9 Male	0 Other/Prefer not to say
----------	--------	---------------------------

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, youth groups and students	0 Civil society organizations (including consumer groups and organizations environmental)
0 Educators and Teachers	0 Religious Leaders/Religious Communities
0 Financial institutions and technical partners	5 Food producers (including farmers)
0 Health professionals	0 Indigenous peoples
0 Information and Technology Providers	0 Large food companies and retailers
0 Marketing and Advertising Experts	0 Government officials and representatives national/federal
0 News and Media (e.g. journalists)	12 Parents and Caregivers
0 Science and Universities	0 Small/Medium Enterprises
0 Government officials and representatives local/sous-national	0 United Nations
0 Women's Groups	0 Other (please specify)

OTHER STAKEHOLDER GROUPS

Parents and Farmers

ADDITIONAL DETAILS ON PARTICIPANT DIVERSITY

This dialogue was attended by 17 adults including 8 women and 9 men residing in the Ngbandala district in Ngbandala Health Area, and who are intellectual and non-intellectual parents, from poor households and those of the rich, we spoke with them from 9 a.m. to 10:30 a.m. on children's nutrition, nutritional challenges and recommendations considered in terms of actions and this in a single discussion group constituted.

SECTION TWO: FRAMEWORK AND DISCUSSION

MANAGEMENT

The framework of the event was marked by the mobilization and awareness of the participating adults a few days before by the President of the Health Development Committee (CODESA) of the Ngbandala Health Area as agreed during our meeting at the office of the Community Relay Association "RECO DEBOUT" in acronym, where a dialogue session on nutrition was held with them. The participation involved women and men, intellectuals and non-intellectuals from different rich and poor households of the Ngbandala District; carried out in the context of the 1st day of the 2nd Passage polio vaccination campaign in the South Ubangi Province in general and the Gemena Health Zone in particular.

DISCUSSION

During the discussions in this dialogue in a single group, the participants said that the causes of malnutrition are due to the fact that: Malnutrition is due to poverty; Malnutrition is due to bad eating practices (non-diversified diet); Malnutrition is due to the inability or laziness to produce; Malnutrition is due to the inadequacy of field practices; Drugs and tobacco weaken the populations who consume them; Fines or taxes that discourage the population from doing lucrative activities; Insufficient companies or businesses that pay people regularly; Unemployment of young people and parents; all these do not contribute to meeting the nutritional needs of households.

SECTION THREE: RESULTS OF THE DIALOGUE

CHALLENGES

The Adult participants in this nutrition dialogue workshop expressed in these few lines the nutritional challenges they face in their community, including: 1. Unemployment, the majority of parents are unemployed and unable to provide for household needs; 2. Poverty, many families do not have the financial means; 3. Poor access to land for farming, either you have to buy or rent the land to cultivate at a high price; 4. Low sales, also linked to the poor condition of the roads to evacuate to the consumption center; 5. High family costs, while incomes are low; 6. Infertility of the soil, which is also the basis of low agricultural production; 7. Large families or very large household sizes, constitute a family burden.

URGENT ACTIONS

Adult participants in this nutrition dialogue workshop identified some urgent actions to improve child nutrition in their community, including: 1. Let young people work in the fields; 2. Raise awareness among populations about the problem of malnutrition; 3. Provide work/job opportunities to young people and parents; 4. Support agricultural activities with agricultural funds (for the purchase of improved seeds, farming tools; 5. Raise awareness among community members to respect family planning in order to reduce household sizes;

AREAS OF DIVERGENCE

The Adult participants in this nutrition dialogue workshop, on the one hand, say that malnutrition concerns all households and that young people should also work the fields, but on the other hand, they talk about the infertility of the soil without considering an alternative to improve this soil to do agriculture and hope to produce a lot to fight against this malnutrition in all its forms; this is what the facilitator noted as a point of divergence during the discussions in a single group set up for this nutritional dialogue in the Ngbandala Health Area of the Neighborhood Brought

GENERAL SUMMARY

During the "Enough" campaign, we were able to hold the dialogue session on nutrition with the Adults of the Ngbandala District in the Ngbandala Health Area, in the Ledia AP of the Gemena Cluster and in order to reach all sections of the population in all the opportunities that will arise (WV activities or Partners) to organize this; this is why the main facilitator had obtained the agreement of one of the presidents of the Health Development Committee (CODESA) of the Ngbandala Health Area under the cover of the Co-facilitator who got involved, on the basis of a timetable established by the Coordination Office of the "RECO DEBOUT" Association and who was able to mobilize and raise awareness on one side of the Adults and on the other side of the children on December 5, 2024; where we managed to talk with 17 participating Adults including 5 Women and 8 Boys. During this dialogue, the facilitator made the participants understand that WV and he were also affected by the nutritional and hunger situation in a very critical national, international and local context, and that we want to join them to collect their points of view for a broad advocacy at all levels, in order to obtain solutions to the problems of hunger and malnutrition that affect several households in their community. The participants are listened to for a good understanding of the triggers of malnutrition according to them, the actions to be taken and the nutritional challenges, thus creating a space for debates and exchanges, given the nVPO vaccination campaign started on the 1st day, we did not form the discussion groups to save time; touched by the statistics shown on malnutrition, with the images of illustrations in support, the participants expressed themselves freely and openly. After the facilitator explained some subjects: the definition of key concepts (hunger, malnutrition, food insecurity), the different types of malnutrition (acute malnutrition, chronic malnutrition, overweight, underweight, and also explained obesity and micronutrient deficiencies) but also we made the participants understand the triggers of malnutrition, the number, and the categories of people most affected by this malnutrition. And that 3 major questions were proposed to them to debate: these are in particular Their perceptions / opinions and considerations on the causes, linked to malnutrition; The challenges encountered; The solutions / actions / commitment to nutrition; the Co-facilitator noted all that is as a point of divergence emerged during the discussions as a whole; all this with the aim of improving the nutritional conditions of children in their communities. The participants listed the causes of malnutrition as follows: Malnutrition is due to poverty; Malnutrition is due to poor eating practices (non-diversified diet); Malnutrition is due to the inability or laziness to produce food or to buy it; Malnutrition is due to the inadequacy of field practices; Drugs and tobacco weaken the populations who consume them; Fines or taxes that discourage the population from doing lucrative activities; Inadequacy of companies or businesses that pay people regularly; Unemployment of young people and parents; all these do not contribute to the satisfaction of the nutritional needs of households.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

PRINCIPLES OF COMMITMENT

Adult women as well as men of different age groups participated in this workshop, some are intellectuals and others non-intellectuals, but also came from wealthy and poor households to signify that the principles of inclusion, equality, even equity and diversity in the discussions during this dialogue on nutrition were observed; sensitization of young people to engage in agriculture, but also sensitization of the population so that they have knowledge of malnutrition and finally the intensification of sensitization among community members to respect Family Planning in order to reduce the size of higher households.

METHOD AND FRAMEWORK

The methodology used was andragogical and participatory and that the principles are those related to their interest and real need for their community in light of the shocking, touching statistics at the global, national and provincial/Health Zone levels that were presented to them in record time (less time with a precise/concise, and key message;

TIPS FOR OTHER CONVENERS

Adapted the dialogue according to the context such as the coincidence with vaccination or Vitamin A supplementation campaigns, which may arise in the locality where the nutrition dialogue session is held;

RETURN FORM: INFORMATION ADDITIONAL

THANKS

We would like to thank the President of CODESA of AS Ngbandala for his involvement, mobilization for this dialogue, helped to mobilize the participants a few days before in his respective health area, to whom we express our feeling of gratitude, but also thanks to the cluster manager for his encouragement and support, in a difficult context for our Gemena office

RELEVANT LINKS

- https://nutritiondialogues.org/fr/portail/edit-dialogue/?id=56513#tab_feedback

ATTACHMENTS

- Attendance List <https://nutritiondialogues.org/wp-content/uploads/2024/12/Liste-Presence-Adulte-DN-AS-Ngbandala-Gna-1-2.pdf>
- CF1 <https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Ngbandala-Gna-1-4.pdf>
- CF2 <https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Ngbandala-Gna-5-8.pdf>
- CF3 <https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Ngbandala-Gna-9-12.pdf>
- CF4 <https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Ngbandala-Gna-13-17.pdf>
- PHOTO 2 <https://nutritiondialogues.org/wp-content/uploads/2024/12/PHOTO-ADULTE-NGBANDALA-2-scaled.jpg>