

RETURN FORM OFFICIAL

DIALOGUE TITLE	THE MOTHERS AND DADS OF THE SUKIA AND NZAMBE NGOY NEIGHBORHOODS SPEAKING OUT ON MALNUTRITION & HUNGER IN THE AS NOTRE DAME
DATE OF DIALOGUE	Wednesday, December 4, 2024 08:00 GMT +01:00
SUMMONED BY	SYLVAIN KAYUMBA/JONAS KINZOMBA Event announced on behalf of the organizer by: {advertiser_name}. {explanation} Feedback published on behalf of the organizer by: SYLVAIN KAYUMBA/ JONAS KINZOMBA. Facilitator and Co-facilitator
LANGUAGE OF THE EVENT	LINGALA/FRENCH
HOST PLACE	Gemena, Democratic Republic of the Congo
GEOGRAPHIC SCOPE <small>community level</small>	
AFFILIATIONS	world vision
EVENT PAGE OF DIALOGUE	https://nutritiondialogues.org/fr/dialogue/56532/



SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

20

PARTICIPATION BY AGE GROUP

0 0-11

0 12-18

7 19-29

5 30-49

8 50-74

0 75+

PARTICIPATION BY GENDER

10 Female

10 Male

0 Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP

0 Children, youth groups and students

0 Educators and Teachers

0 Financial institutions and technical partners

0 Health professionals

0 Information and Technology Providers

0 Marketing and Advertising Experts

0 News and Media (e.g. journalists)

0 Science and Universities

0 Government officials and representatives
local/sous-national

0 Women's Groups

0 Civil society organizations (including
consumer groups and organizations
environmental)

0 Religious Leaders/Religious Communities

15 Food producers (including farmers)

0 Indigenous peoples

0 Large food companies and retailers

0 Government officials and representatives
national/federal

5 Parents and Caregivers

0 Small/Medium Enterprises

0 United Nations

0 Other (please specify)

OTHER STAKEHOLDER GROUPS

Parents, Farmers, Housewife

ADDITIONAL DETAILS ON PARTICIPANT DIVERSITY

This dialogue was attended by 20 adults including 10 women and 10 men from 2 districts. (Sukia & Nzambe Ngoy) in AS Notre Dame, and who spoke from 8 a.m. to 9:30 a.m. discussing the issues of perceptions of malnutrition and hunger, nutritional challenges and recommendations for action and this in a single discussion group. There were also young people, Dads and Moms without distinction between the rich and poor; in the CDJCC Church

SECTION TWO: FRAMEWORK AND DISCUSSION

MANAGEMENT

The framework of the event was characterized by the mobilization and awareness of the participating adults a few days before by the President of the Health Development Committee (CODESA) of the Health Area of Notre Dame as agreed during our meeting at the office of the Association of Community Relays "RECO DEBOUT" in acronym, where a dialogue session on nutrition was held. Participation is balanced in terms of gender, age and education (Mothers as well as Fathers; Young people; intellectuals and those who are not, coming from different rich and poor households of the Sukia and Nzambe Ngoy Neighborhoods on Tabora Avenue in the Church of the Community of Disciples of Jesus Christ in Congo; carried out in a context of preparation for the vaccination campaign against polio 2nd Phase in the Province of South Ubangi in general and the Health Zone of Gemena in particular.

PRESENTATION OF THE NUTRITIONAL SITUATION

<https://nutritiondialogues.org/wp-content/uploads/2024/12/Presenation-Introduction-du-Dialogue-sur-la-Nutrition-Nov-2024-Ledia-Sylvain-6.pdf>

DISCUSSION

The discussions took place in a single group. The participants gave their perceptions on hunger & malnutrition by summarizing them as follows: Lack of money, Lack of quality food, Rising food prices, Laziness, not being able to cope, High cost/difficult life, excessive suffering, Lack of appropriate education, No monetary circulation, We do not eat enough or do not eat quality food, Lack of unity of life/selfishness resulting in a spirit of revolt and rebellion, Excessive theft of goods even in the fields, We work a lot and earn almost nothing or we look and do not find anything, The country is doing badly, No jobs for parents and young people, nor supervision for the unemployed; The heat has increased a lot with a very oppressive sun; The unhealthy environment (poor hygiene) and full of erosion destroying spaces for gardens; Hatred, witchcraft spirit, people find refuge there as an activity, Depravity of morals (insanity, prostitution in full swing), Killing and kidnapping of people hence insecurity

SECTION THREE: RESULTS OF THE DIALOGUE

CHALLENGES

Participants listed the nutritional challenges experienced daily in their community as follows: - Poverty makes households vulnerable with low or no income; - Laziness of parents but much more men; - Irresponsibility and negligence of parents, they really do not take good care of children; - Parental indebtedness, they repay debts with a lot of interest, this results in there not being enough money for our nutritious and balanced diet and this leads to malnutrition; - The government does not pay agents well or regularly; Low awareness of the populations; - Poor condition of roads, does not allow good monetary circulation; - Poor quality of drinking water; - Low savings practice, people only spend and they do not save, not even think about it, this makes households insecure at all times.

URGENT ACTIONS

The following recommendations were retained for urgent actions in this health area according to the Children participating in this dialogue: - Give jobs to people and young people to make people responsible; - Pay employees on time, to enable them to properly meet their responsibilities; - Support the most vulnerable households with Cash to start income-generating activities; - Encourage community members to practice agricultural and livestock activities; - Encourage the creation of businesses that provide daily work opportunities to populations; - Raise awareness among communities about the importance of saving the results of their work and small businesses; - That the government hires at least 20,000 people who work every day; - Fight against monetary inflation (devaluation of the Congolese franc against the dollar); - Pay state employees called UNPAID who hold matriculation numbers;

AREAS OF DIVERGENCE

The area of divergence in this dialogue is illustrated by the fact that the participants speak of low or no spirit of savings while the majority of people do not have secure jobs and even those in the private sector or in the State (public) there is no regularity of pay, and they receive insignificant salaries; the 2nd area of divergence concerns behavior and mentalities in terms of eating habits that must be changed by everyone, at the same time they say that we cannot end malnutrition if the Congolese State does nothing or does not play its role.

GENERAL SUMMARY

During the "Enough" campaign, we were able to hold the dialogue session on nutrition with the Adults of the Sukia and Nzambe Ngoy Neighborhood in the Notre Dame Health Area, in the Ledia AP of the Gemena Cluster and in order to reach all sections of the population in all the opportunities that will arise (WV activities or Partners) to organize this; this is why the main facilitator had obtained the agreement of one of the presidents of the Health Development Committee (CODESA) of the Notre Dame Health Area under the cover of the Co-facilitator who was very involved, on the basis of a timetable established by the Coordination Office of the "RECO DEBOUT" Association and who was able to mobilize and raise awareness on one side of the Adults and on the other side of the children on December 4, 2024; where we managed to talk with 20 participating Adults including 10 Women and 10 Boys. This dialogue took place in the Church of the Disciples of Christ in Congo; the Co-facilitator made the participants understand that WV and he were also affected by the nutritional and hunger situation in a very critical national, international and local context, and that we want to join them to collect their points of view for a broad advocacy at all levels, in order to obtain solutions to the problems of hunger and malnutrition that affect several households in their community. The participants are listened to for a good understanding of the triggers of malnutrition according to them, the actions to be taken and the nutritional challenges, thus creating a space for debates and exchanges, given the preparations for the nVPO vaccination campaign we did not constitute the discussion groups to save time; touched by the statistics shown on malnutrition, the participants expressed themselves freely and openly. After the facilitator explained some subjects: the definition of key concepts (hunger, malnutrition, food insecurity), the different types of malnutrition (acute malnutrition, chronic malnutrition, overweight, underweight, and also explained obesity and micronutrient deficiencies) but also we made the participants understand the triggers of malnutrition, the number, and the categories of people most affected by this malnutrition. And that 3 major questions were proposed to them to debate: these are in particular Their perceptions / opinions and considerations on the causes, linked to malnutrition; The challenges encountered; The solutions / actions / commitment to nutrition; the Co-facilitator captured all that is as a point of divergence emerged during the discussions as a whole; all this with the aim of improving the nutritional conditions of children in their communities. Participants perceive malnutrition and hunger in several aspects that lead to this situation such as: Lack of money, Lack of quality food, Rising food prices, Laziness, not being able to cope, High cost/difficult life, excessive suffering, Lack of appropriate education, No monetary circulation, We do not eat enough or do not eat quality food, Lack of unity of life/selfishness resulting in a spirit of revolt and rebellion, Excessive theft of goods even in the fields, We work a lot and earn almost nothing or we look and do not find, The country is doing badly, No jobs for parents and young people, nor supervision for the unemployed; The heat has increased a lot with a very oppressive sun; The unhealthy environment (poor hygiene) and full of erosion destroying spaces for gardens; Hatred, witchcraft spirit, people find refuge there as an activity, Depravity of morals (insanity, prostitution in full swing), Killing and kidnapping of people hence insecurity

SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

PRINCIPLES OF COMMITMENT

The principles of engagement were observed and noted throughout this dialogue, including: 1. Children want to see their territory well developed, that the country walks very well; 2. And that security reigns everywhere in their territory;

METHOD AND FRAMEWORK

The methodology used was andragogical and participatory and that the principles are those related to their interest and real need for their community in light of the shocking, touching statistics at the global, national and provincial/Health Zone levels that were presented to them in record time (less time with a precise/concise, and key message;

TIPS FOR OTHER CONVENERS

Adapt group discussion questions, question-and-answer games should be maintained by telling short stories to stimulate everyone to talk; Always select which illustration images to attract and make children understand the situations narrated and experienced through the different levels of context

RETURN FORM: INFORMATION ADDITIONAL

THANKS

We would like to thank the President of CODESA for his involvement, mobilization for this dialogue helped us to mobilize the participants a few days before in their respective health areas, to whom we express our feeling of gratitude, but also thanks to the cluster manager for his encouragement and support, in a difficult context for our Gemena office.

RELEVANT LINKS

- https://nutritiondialogues.org/fr/portail/edit-dialogue/?id=56532#tab_feedback

ATTACHMENTS

- photo1
<https://nutritiondialogues.org/wp-content/uploads/2024/12/photo-adulte-ND-2-scaled.jpg>
- attendance list <https://nutritiondialogues.org/wp-content/uploads/2024/12/Liste-de-presence-DN-AD-AS-ND.pdf>
- CF1
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Notre-Dame-Gna-1-4.pdf>
- CF2
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Notre-Dame-Gna-5-8.pdf>
- CF3
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Notre-Dame-Gna-9-12.pdf>
- CF4
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Notre-Dame-Gna-13-16.pdf>
- CF5
<https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-Adulte-DN-AS-Notre-Dame-Gna-17-20.pdf>