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WORKSHOP TITLE	Nutritional Dialogue, Children of the FERME Health Area speak out on the malnutrition and hunger
WORKSHOP DATE	Wednesday, December 11, 2024 07:00 GMT +01:00
SUMMONED BY	Sylvain KAYUMBA/Jonas KINZOMBA Event announced on behalf of the organizer by: {advertiser_name}. {explanation} Feedback posted on behalf of the organizer by: SYLVAIN KAYUMBA. Co-facilitator
LANGUAGE OF THE EVENT	French and Lingala
HOST CITY	Gemena, Democratic Republic of the Congo
GEOGRAPHIC SCOPE	community level
AFFILIATIONS	world vision
EVENT PAGE FROM THE WORKSHOP	https://nutritiondialogues.org/fr/dialogue/56538/



The outcomes of the children's workshops will help develop and identify the most urgent and powerful ways to improve nutrition for all, with a particular focus on children and youth. Each workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues portal Available as public data on the "Explore
- Feedback" page of the Nutrition Dialogues portal Publicly available in an .xls file with all data from the feedback form for advanced analysis Synthesized into reports
- that cover the nutrition challenges faced, the urgent actions that need to be taken, and how to move them forward – in particular, ahead of the Nutrition for Growth
- Summit in Paris in March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

17

PARTICIPATION BY AGE GROUP

5 12-15

12 16-18

PARTICIPATION BY GENDER

7 Female

10 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON DIVERSITY OF PARTICIPATION

This dialogue brought together 17 child participants aged 12 to 18, some of whom are students and others who are not students, from different households within the community. Representativeness was respected, deprived households and those not deprived.

SECTION TWO: FRAMEWORK

A brief presentation with supporting images was made, explaining the current context of Gemena, according to the situation of malnutrition and hunger introduced the facilitator during the dialogue in the farm health area at AP Ledia / Gemena, the material included: the global, national and local context of malnutrition and hunger; the definition of malnutrition, hunger and food insecurity; The different types of malnutrition were also explained; then the causes in general, the signs and the consequences with the people affected, were explained; but also the aspects to touch or on what to act to fight against this malnutrition and thus changed the situation in Gemena; this allowed and prepared the children to unite in a discussion group a gesture of the right hand placed on the heart from the beginning to the end of the presentation by encouraging the participants of the Farm Health Area to express themselves by giving their perception in relation to malnutrition; by saying what must be done to improve the situation of malnutrition in their community. (through questions on the challenges related to nutrition according to them, the actions needed to be taken quickly; the general conclusions led to summarizing the results of the discussion in a single group demonstrating that the subject was attractive to all participants.

SECTION THREE: WORKSHOP RESULTS FOR CHILDREN

CHALLENGES

Some of the nutrition-related challenges identified by the children participating in this dialogue include:

- The lack of money and jobs or unemployment of our parents; does not allow us to have a good income to access sufficient and quality food, even healthy food;
- Insufficient health care or poor access to quality health care, lack of financial means or money and jobs or unemployment of our parents; gives access to traditional health care practices and self-medication
- Difficulties in accessing drinking water due to low income; does not allow drinking water to be consumed which exposes children to any risk
- Insecurity limiting food production; excessive theft of field produce even before it has ripened, The lack of money and jobs or unemployment of our parents, puts the whole household insecure because many things are missing;

URGENT RECOMMENDATIONS FOR ACTION

The children participating in this dialogue were able to propose certain actions that were identified as urgent, and which are as follows: a) Give work to people and

pay them regularly; b) Have a cash distribution program (to have money) c) Give drinking water to the populations d) Ensure, strengthen and live in security e) Strengthen the nutritional service to treat children already malnourished; f) Support the education of children to enable them to find money and feed their families well; g) Select the vendors of water points in our neighborhood to give work to parents and not those in the surrounding area; h) That the government helps communities with regard to the education of children and the employment of parents so that the level of income increases for the benefit of child care; i) That parents give good food to children;

AREAS OF DIVERGENCE

The children participating in the nutritional dialogue all recognized that the nutritional situation is a daily reality and that action must be taken quickly, with the following points of divergence: installing the aid program for monetary distribution for some, while others say that it is up to the Congolese state to ensure good work with regular remuneration for its population who will have a good income to improve the nutritional needs of households; The reason for malnutrition in children and women, most children have understood that selfish mothers want to eat more than children; Mothers do not breastfeed children well; they are negligent in feeding children, they do not respect the principles of exclusive breastfeeding (feeding children before 6 months); some children think that women do not eat enough according to their nutritional needs given the financial insufficiency; Some women go through difficult times: worries or suicidal thoughts due to marital conflicts; Poverty; Women fall into malnutrition due to vomiting during pregnancy;

GENERAL SUMMARY

This is the 14th dialogue on nutrition organized in the AP Ledia of the Gemena cluster on behalf of the Ferme health area. It took place in the Ferme Health Center, bringing together 17 children as participants including 7 girls and 10 boys from different households in this community. The President of the Health Development Committee (CODESA) sensitized and mobilized the children participating in the dialogue to respond to this invitation of December 11, 2024 by also preparing the place. After welcoming the participants through thanks for having accepted to respond to the invitation, the Facilitator delegated by World Vision took the floor to explain the context of this dialogue, the motive of which is that World Vision wants to involve the Ferme community to make a broad advocacy at all levels in order to find solutions to the problem of hunger and malnutrition in which several households live. This is why we will talk with the participating children to collect their voices on the perceptions of malnutrition, the challenges and the actions to be taken, through a moment of debate and exchange in a single group of girls and boys has been sufficiently granted so that everyone expresses themselves without taboo or shame or fear. The facilitator then made a presentation of the material consisting of the following themes: the definition of key concepts (hunger, malnutrition, food insecurity; the context of malnutrition and hunger worldwide, in our country DRC and in the province of South Ubangi in general and the health zone of Gemena in particular; the factors that cause populations to fall into this situation; the types of malnutrition (acute malnutrition, chronic malnutrition, overweight, underweight) were also explained, their statistics and the people most affected by malnutrition. Some photos illustrating hunger and malnutrition were shown to the children. Our context did not allow for a team of 3 or four people, except for two people capable of leading all the dialogues (one taking care of the children and the other interviewing the adults), given the time and number of sessions to be carried out; This is how we limited the number of participants to have at least one focus group that allowed us to move quickly to free the children who will have to go and get ready to go to school at noon, and the participants answered the following questions: - apart from what you have heard, what causes malnutrition, and what are the challenges related to nutrition that you see in your neighborhood and your households - What actions should be taken quickly or what do you recommend? - while the participating children were talking, the facilitator who took the notes noted all the points of convergence and divergence that emerged from the group discussions? - a sort of summary served as a general conclusion at the end of the debate, - Question on why it is mainly children and women who are victims of hunger and malnutrition was debated and had greatly interested the participants in feeding; all this in the interest of improving the nutritional situation in their households within their community.; The word of thanks to the participants marked the end of this session of dialogue on nutrition.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

PRINCIPLES OF COMMITMENT

Some principles of engagement were established and observed in this case: 1. Girls and boys agreed that even if they are most often the ones in the kitchen and sometimes go to the market, they must buy the right foods, not cheaper ones that have already lost some nutritional values, in order to have improved nutrition for all, 2. They are aware that nutrition is linked to many sectors and that nutritional health requires the improvement of several determinants 3. The dialogue brought together students and non-students, girls as well as boys from 12 to 18 years old as diversity and inclusiveness of the participants. 4. The climate of trust between the participants was established allowing openness to share, learn from others and collect all their information. Filling out the consent forms.

METHOD AND FRAMEWORK

The methodology used was the inter-participative one and with the illustrations in images of the situation and that the principles are those linked to their interest and real need for their community in the light of the upsetting, touching statistics at the global, national and provincial/Health Zone level that were presented to them in record time (less time with a precise/concise, and key message).

TIPS FOR OTHER CONVENERS

Adapt group discussion questions, question-and-answer games should be maintained by telling short stories to stimulate everyone to talk; Always select which illustration images to attract and make children understand the situations narrated and experienced through the different levels of context

RETURN FORM: INFORMATION ADDITIONAL

THANKS

We would like to thank firstly, the co-facilitator Mr Jonas Kinzomba who agreed to join me the WV focal point and main facilitator of the Gemena Cluster, in mobilizing the presidents of the health development committee for their involvement in the preparations and organization of dialogue sessions in their community; but also to the Cluster Manager Christian for his encouragement and support in a difficult context for our Gemena office;

RELEVANT LINKS

- https://nutritiondialogues.org/fr/portail/edit-childrens-workshop_

ATTACHMENTS

- Attendance list <https://nutritiondialogues.org/wp-content/uploads/2024/12/Liste-Presence-DN-CS-Ferme-Gna-ok-1-2.pdf>
- consent form <https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-DN-CS-Ferme-Gna-ok-1-4.pdf>
- consent form <https://nutritiondialogues.org/wp-content/uploads/2024/12/Consent-form-DN-CS-Ferme-Gna-ok-5-9.pdf>
- group discussion photo <https://nutritiondialogues.org/wp-content/uploads/2024/12/PHOTO-DN-ENFANT-AS-FERME-2-scaled.jpg>