

# RETURN FORM OFFICIAL

<b>WORKSHOP TITLE</b>	MALNUTRITION in the context of MOKALI
<b>WORKSHOP DATE</b>	Wednesday, December 11, 2024 09:00 GMT +01:00
<b>SUMMONED BY</b>	André Kipinde Event announced on behalf of the organizer by: {advertiser_name}. {explanation}  Feedback published on behalf of the organizer by: ANDRE KIMPINDE. Main Facilitator
<b>LANGUAGE OF THE EVENT</b>	Lingala and French
<b>HOST CITY</b>	Kinshasa, Democratic Republic of the Congo
<b>GEOGRAPHICAL SCOPE</b>	Community of Mokali/Kinshasa
<b>AFFILIATIONS</b>	World Vision
<b>EVENT PAGE</b> FROM THE WORKSHOP	<a href="https://nutritiondialogues.org/fr/dialogue/56837/">https://nutritiondialogues.org/fr/dialogue/56837/</a>



The outcomes of the children's workshops will help develop and identify the most urgent and powerful ways to improve nutrition for all, with a particular focus on children and youth. Each workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues portal Available as public data on the “Explore
- Feedback” page of the Nutrition Dialogues portal Publicly available in an .xls file with all data from the feedback form for advanced analysis Synthesized into reports
- that cover the nutrition challenges faced, the urgent actions that need to be taken, and how to move them forward – in particular, ahead of the Nutrition for Growth
- Summit in Paris in March 2025.

# SECTION ONE: PARTICIPATION

## TOTAL NUMBER OF PARTICIPANTS

28

## PARTICIPATION BY AGE GROUP

11 12-15

9 16-18

## PARTICIPATION BY GENDER

0 Female

1 Male

0 Other/Prefer not to say

## ADDITIONAL DETAIL ON DIVERSITY OF PARTICIPATION

All levels of the community were represented, taking into account age, gender, associations, political and administrative authorities as well as students and sponsorship volunteers. The large number of young people still studying was a strong point for us in the animation of the open sessions. The floor was given equally to anyone who needed to express themselves and this without distinction. The participants expressed their satisfaction for this dialogue.

## SECTION TWO: FRAMEWORK

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The topic of the day was on food insecurity in the community of MOKALI. And all the participants were well received in the large hall of Saint Athanase of the church of Sainte Athanase of the AP MOKALI of the commune of KIMBASEKE. Everything started on Wednesday 11th around 11 am just after the reception of all the participants and a short opening prayer. After the presentation of all the participants and the facilitator, a power point presentation was made on HUNGÉR, MALNUTRITION and FOOD INSECURITY in the world as well as in the DRC with supporting figures. Just after the Powerpoint presentation where the participants had the opportunity to ask clarifying questions, they were sent to work in 3 discussion groups where they had to reflect on 6 questions related to malnutrition, including the challenges, causes, consequences and recommendations they had to give to see the situation improve. Each group had a Principal Facilitator

# SECTION THREE: WORKSHOP RESULTS FOR CHILDREN

## CHALLENGES

Several challenges were raised by the participants:

- Unemployment of parents (for participants if a parent does not have a good job that pays very well as a salary, the parent will have difficulty making a monthly ration necessary to cover the daily needs of his children while respecting the three food groups and the number of meals per day),
- Disenclavement due to the poor condition of the road (the road from the main center to Mokali is no longer in good condition and this hinders the supply of large quantities of basic necessities such as corn flour, oil, legumes, fish, sugar and even food) and this can create hunger in households in the long term as well as situations of malnutrition in households),
- No awareness of the concepts of nutrition and food among the population (many households are ignorant in this area of knowing how to eat well because families often eat once a day towards the evening without keeping

## URGENT RECOMMENDATIONS FOR ACTION

- Raise awareness about the concepts of nutrition and food (through the health zone relays of MOKALI can organize in the community in the form of focus groups discussions on good food and nutrition practices, or we can also organize culinary demonstration sessions in public places in order to teach the community how to make simple combinations with local foods available in the area),
- Increase the number of water boreholes to allow all residents of MOKALI to access drinking water without traveling long distances and this will avoid or reduce waterborne diseases which open the door to malnutrition,
- Clean up the environment by promoting the use of trash cans first in households and then in public places such as steps and bus stops in order to reduce the unsanitary conditions that cause illnesses in children,
- That the government gives work to parents or general meetings

## AREAS OF DIVERGENCE

During these sessions in the groups, there was a point of divergence on birth planning, that is to say, spacing births in households, for some having many children is not a problem if one has the means to take care of them. This point of divergence sparked a great debate among the participants, some supporting the hypothesis that having many children is a wealth in the African context, while for others it is not worth having many children if the parents do not have the means to feed them and educate them.

The responsibilities of the State towards its citizens have also been another point of divergence, when for some, everyone is responsible for their own life and that of their family, while for others it is the responsibility of the State to ensure that its populations live in the best possible conditions, in terms of nutrition and even other aspects of the lives of children, such as

## GENERAL SUMMARY

This session took place on December 11, 2024 in the large Sainte Athanase room of 11 ha 12 with adults all coming from MOKALI, 28 participants were present to discuss how food insecurity can have negative influences on the nutritional status of children, women and young people. And for an hour and a half the participants were first informed about the malnutrition situation in the world and in the DRC by the health - nutrition specialist of World Vision Cluster in purely community terms.

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# SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

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## PRINCIPLES OF COMMITMENT

Prior to the said discussions, participants were briefed on the conduct of this activity including the taking and use of images from this activity. Participants expressed their commitment to continue these kinds of discussions in local formal or informal platforms in order to have a broader idea of the real causes of malnutrition in their community as well as to have ideas for local solutions while waiting for actions from governments or other NGOs such as WV. In addition, they committed to improving nutrition for all, especially for women and children, recognizing that the nutritional status of each has multiple determinants. The diversity and inclusiveness of stakeholders, including youth, were respected, they respected different perspectives while cultivating trust between stakeholders, were open to sharing and learning from others. Acting with integrity and ethically.

## METHOD AND FRAMEWORK

The adult education method was used. It consisted of giving everyone a fair voice and guiding the discussions in order not to lose the participants from the topic of the day. During the discussions, the methods of questions and answers, free exchanges and groups were used in order to encourage everyone to give their idea. This allowed us to have all the ideas of the participants and to see how to channel them towards the end of this activity session.

## TIPS FOR OTHER CONVENERS

Have plenty of preparation time before going to facilitate a dialogue and make sure that all the logistics are in place to avoid unpleasant last-minute surprises once on the ground. Give enough time to get everyone's ideas during the discussions, also to involve the extreme inhabitants of the community who are much more vulnerable. Make sure that all sections of the population are represented in the dialogue for inclusivity

# RETURN FORM: INFORMATION ADDITIONAL

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## THANKS

We thank the political and administrative authorities for the mobilization of all participants as well as the leaders of the Catholic Church for its framework or room, also the technical and logistical support of the Kinshasa Cluster and the National Office for the realization of this activity. We thank in particular the colleague Serge Lungele, Advocacy Manager of the National Office for his support and flexibility, without which we could not realize this dialogue.

## ATTACHMENTS

- Attendance list <https://nutritiondialogues.org/wp-content/uploads/2024/12/liste-presence-enfants.pdf>
- Photos [https://nutritiondialogues.org/wp-content/uploads/2024/12/Enfants\\_Groupe\\_OK-1.jpg](https://nutritiondialogues.org/wp-content/uploads/2024/12/Enfants_Groupe_OK-1.jpg)