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WORKSHOP TITLE	Children of MALUKU face MALNUTRITION
WORKSHOP DATE	Thursday, December 12, 2024 09:00 GMT +01:00
SUMMONED BY	world vision Event announced on behalf of the organizer by: {advertiser_name}. {explanation} Feedback posted on behalf of the organizer by: Andre KIMPINDE. facilitator
LANGUAGE OF THE EVENT	French and Lingala
HOST CITY	Kinshasa, Democratic Republic of Congo
GEOGRAPHICAL SCOPE	DRC, Kinshasa, Municipality of Maluku
AFFILIATIONS	Yes
EVENT PAGE FROM THE WORKSHOP	https://nutritiondialogues.org/fr/dialogue/56909/



KINSHASA / MALUKU



The outcomes of the children's workshops will help develop and identify the most urgent and powerful ways to improve nutrition for all, with a particular focus on children and youth. Each workshop contributes in four distinct ways:

- Published as publicly available PDFs on the Nutrition Dialogues portal Available as public data on the "Explore
- Feedback" page of the Nutrition Dialogues portal Publicly available in an .xls file with all data from the feedback form for advanced analysis Synthesized into reports
- that cover the nutrition challenges faced, the urgent actions that need to be taken, and how to move them forward – in particular, ahead of the Nutrition for Growth
- Summit in Paris in March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

30

PARTICIPATION BY AGE GROUP

6 12-15

24 16-18

PARTICIPATION BY GENDER

11 Female

19 Male

0 Other/Prefer not to say

ADDITIONAL DETAIL ON DIVERSITY OF PARTICIPATION

Our workshop is done in a good setting with several children coming from different structures all of Maluku (schools also) primary and secondary in order to hear the voice of the children on this notion of malnutrition taking into account their environment. These children are in the rural and urban environment with multiple tendencies on their religion. This activity had the participation of 30 children including 11 girls all living in the community of Maluku.

SECTION TWO: FRAMEWORK

This activity took place on December 11, 2024 from 9 a.m. just with the 30 children present in the CHAGRAL room in MALUKU. These children were accompanied by their supervisors and once in the room a short prayer was made, also the individual presentation by giving the name, first name, age, level of education as well as the functions especially for the parliamentary children. The supervisors as well as the facilitator in turn presented themselves to then make a brief presentation in power point of the situation of hunger and malnutrition in the world in general and in particular in the DRC by brushing the context of Maluku. Also the facilitator pinned the definitions on hunger, malnutrition and food insecurity using purely community terms to facilitate a very good understanding among all the children in the room. In groups of two, the children matured the theme of the day through exchanges and discussions guided by the facilitator in order to allow them to identify the real nutritional problems in the environment where they live on a daily basis.

SECTION THREE: WORKSHOP RESULTS FOR CHILDREN

CHALLENGES

During group work, the participating children mentioned the following elements as causes of malnutrition in the context of their environment: - Parents do not have a good job that allows them to feed their children well 3 times a day (that is to say, the fact that their parents are short of work or they have a job but with a low salary that will not allow them to feed their children well every day because children must eat 3 times a day, having two snacks a day is important to allow the body to grow well and protect against diseases), - Many diseases in children, often children get sick and this prevents them from eating well because during this period there is no appetite and this can cause rapid malnutrition in them, - A lot of dirt in the community, in Maluku there is a problem of waste that is everywhere on the road, the avenues, even in people's plots and it gives flies even rats that can cause diseases in children. Once you are sick, you have no appetite and you start to lose weight little by little, eventually ending up malnourished one day.

For children, it is more these elements which constitute the big problems causing this disease of malnutrition in everyone but much more in children because they are very vulnerable.

URGENT RECOMMENDATIONS FOR ACTION

AREAS OF DIVERGENCE

For the possible solutions, the participants gave the following: - Give a good job to their parents to pay for food (by giving work to parents, they will have the financial means to obtain available food on the market while taking into account the three food groups without forgetting fruits. Also, the money from their salary will face the problems of access to quality care when children are sick to give them the strength to eat without problem and avoid malnutrition, - Properly arrange the environment where children live, each household will have to ensure the cleanliness of their home, children's clothes, food when preparing even at the table before eating to avoid certain diseases that will cut the appetite of children and cause malnutrition, - Bring sick children to health centers to treat them well. In this environment, many parents practice self-medication or use plants to treat their children either due to lack of money, so they ask health workers to hold awareness sessions to get the population to change this bad behavior that sometimes causes death to children, also to implement or add other health centers containing medicines with low prices to treat everyone easily

GENERAL SUMMARY

This day of 12/12/2024 allowed us to receive the 30 children, the vast majority of whom were parliamentary children, accompanied by their two supervisors in the CHAGRAL room of 9 ha 10 h in order to discuss with its community representatives on malnutrition within their community of Maluku.

After explaining the terminologies on nutrition, hunger and insecurity, these children were sent to two discussion groups so that at their level they could freely exchange on this theme of the day and after their exchanges they were able to elucidate the factors triggering cases of malnutrition in the community and at the same time they were at their level to present some solutions to deal with this problem by putting much more emphasis on the employment factor of their parents. With a good salary, parents will easily be able to take good care of their children, especially the most nutritional ones. But they also put a point on awareness sessions on good eating practices that should be conducted by health workers by also involving religious leaders to have a great and lasting impact within all households in Maluku.

For children, the government will have to provide work, good work, to their parents so that they can take good care of them in terms of care, education, and especially nutrition.

SECTION FOUR: PRINCIPLES OF ENGAGEMENT AND METHOD

PRINCIPLES OF COMMITMENT

The child parliamentarians promised us to carry out advocacy as usual with local, municipal and even provincial authorities so that they can find permanent solutions in the prevention, management of malnutrition but also in awareness-raising activities on good nutritional and food practices within households.

METHOD AND FRAMEWORK

A simpler method of games and answers was used so that all children could understand what malnutrition and hunger means in their households. Using non-scientific words and support in discussions to properly reframe the subject

TIPS FOR OTHER CONVENERS

Also involve the so-called street children, orphanages in this kind of activity to listen to them too. Because the cases of malnutrition concern all the children of this community of Maluku

RETURN FORM: INFORMATION ADDITIONAL

THANKS

To the leaders of these children for freeing them from their homes, schools in order to actively participate in this activity. Also to the two leaders for accompanying them to the place of the activity. Also Cluster KIN for its technical support made available to us

ATTACHMENTS

- participation list <https://nutritiondialogues.org/wp-content/uploads/2024/12/liste-enfants-maluku.pdf>
- consent 1 <https://nutritiondialogues.org/wp-content/uploads/2024/12/liste-consentement1.pdf>
- consent 2 <https://nutritiondialogues.org/wp-content/uploads/2024/12/liste-consentement-2.pdf>
- photo activity <https://nutritiondialogues.org/wp-content/uploads/2024/12/enough-maluku-scaled.jpg>