

OFFICIAL FORM OF FEEDBACK

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| WORKSHOP TITLE | Voices of children on nutrition |
| WORKSHOP DATE | Friday, 27 December 2024 09:00 GMT -05:00 |
| CALLED BY | Leaders of commune 1 Medellin |
| EVENT LANGUAGE | Spanish |
| HOST CITY | Medellin, Colombia |
| GEOGRAPHIC SCOPE | Community |
| AFFILIATIONS | World Vision |
| EVENT PAGE OF THE TALLER | https://nutritiondialogues.org/es/dialogue/57998/ |



The results of the workshops for children will contribute to developing and identifying the most urgent and powerful forms of improving nutrition for all, with a focus on children and young people. Each workshop contributes in four different ways:

- Published as publicly available PDF files on the Nutrition Dialogues Portal
- Available as public data on the “Explore Feedback” page of the Nutrition Dialogues Portal
- Publicly available in a .xls file along with all feedback form data for analysis advanced
- Synthesized in reports covering what nutritional challenges are faced, what actions are urgently needed and how they should be carried out, in particular, before the Nutrition for Growth Summit in Paris, March 2025.

SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS

22

PARTICIPATION BY AGE RANGE

22 12-15

0 16-18

PARTICIPATION BY GENDER

12 Female

10 Male

1 Other/Prefers not to say

ADDITIONAL DETAILS ON THE DIVERSITY OF PARTICIPATION

SECTION TWO: FRAMING



SECTION THREE: WORKSHOP RESULTS FOR CHILDREN

CHALLENGES

"We eat very little and we don't eat healthy."
"We eat a lot of fat, a lot of junk food, we eat hamburgers, hot dogs and French fries."
"We don't like healthy food."
"Sometimes we don't have money, because we don't have work and prices go up."
"The food is usually very expensive."
"Sometimes there is no food."
"We eat a lot of fat or junk food."
"We can't eat well because we don't have money."

URGENT RECOMMENDATIONS FOR ACTION

"Create community gardens."
"Moms and dads have good paying jobs."
"Learning to eat healthy food".
"Mayoral projects that provide us with food."
"Sharing food within the same community."

AREAS OF DIVERGENCE

N/A

GENERAL SUMMARY

The children recognise bad eating habits, which are influenced by economic factors, unemployment or ignorance of the nutritional table, especially on the part of adult caregivers. Taking this into account, the children propose creating community gardens to have food, so that caregivers have well-paid jobs and, if they are migrants, they can have work and good guarantees.

SECTION FOUR: PRINCIPLES OF COMMITMENT AND METHOD

PRINCIPLES OF COMMITMENT

METHOD AND SCENARIO

It was carried out in a community action meeting. The first moment was the signing of consents for the use of images and information by the guardians and girls or boys and the second moment was several educational and recreational activities where the girls and boys spoke or drew about the guiding questions about nutrition in them.

ADVICE FOR OTHER CONVENTORS

FEEDBACK FORM: ADDITIONAL INFORMATION

ACKNOWLEDGEMENTS