

RETURN FORM OFFICIAL

DIALOGUE TITLE	Nutritional dialogue with the women's group on good practices nutritional at the household level.
DATE OF THE DIALOGUE	Tuesday, July 21, 2026 13:00 GMT +02:00
SUMMONED BY	Christelle Mulanga / World Vision DRC
LANGUAGE OF THE EVENT	SWAHILI / French
HOST VENUE	Likasi, Democratic Republic of Congo
GEOGRAPHIC SCOPE	Likasi Kisunka community, Haut Katanga, DRC
AFFILIATIONS	World Vision/DRC
EVENT PAGE OF DIALOGUE	https://nutritiondialogues.org/fr/dialogue/60795/



SECTION ONE: PARTICIPATION

TOTAL NUMBER OF PARTICIPANTS	39
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PARTICIPATION BY AGE GROUP	
0 0-11	0 12-18
25 30-49	14 50-74

PARTICIPATION BY GENDER

39 Female

0 Male

0 Other/Prefer not to say

NUMBER OF PARTICIPANTS FROM EACH STAKEHOLDER GROUP	
0 Children, youth groups and students	0 Civil society organizations (including consumer groups and organizations environmental)
0 Educators and Teachers	0 Religious Leaders/Religious Communities
0 Financial institutions and technical partners	0 Food producers (including farmers)
0 Healthcare professionals	0 Indigenous Peoples
0 Information and Technology Providers	0 Large food companies and retailers
0 Marketing and Advertising Experts	0 Government officials and representatives national/federal
0 News and Media (e.g., journalists)	0 Parents and Caregivers
0 Science and Universities	0 Small/Medium-Sized Enterprises
0 Government officials and representatives local/sous-national	United Nations
39 Women's Groups	0 Other (please specify)

OTHER STAKEHOLDER GROUPS
In addition to the participants, the dialogue involved community members from different parts of the region. community, among others (community liaisons, program facilitators, and leaders) community.

ADDITIONAL DETAILS ON THE DIVERSITY OF PARTICIPANTS
The nutritional dialogue brought together exclusively women aged 30 to 50, from different socio-economic backgrounds professional and community-based, including community liaisons who are members of women's associations and housewives. This diversity of backgrounds enriched the exchanges through varied experiences and formulate recommendations that are representative of the realities and nutritional needs of households.

SECTION TWO: FRAMEWORK AND DISCUSSION

MANAGEMENT

The nutritional dialogue with women's groups on good nutritional practices and malnutrition prevention within households was held in the GBK room at the ADP Kisunka. This venue was chosen due to its accessibility and suitability for organizing community activities. Located in a quiet and secure environment, the room provided favorable conditions for participatory and constructive exchanges. The room was sufficiently spacious, well-lit, and adequately ventilated to comfortably accommodate all participants. It also had a sufficient number of seats and the necessary equipment for facilitating group work and plenary sessions. These arrangements allowed participants to actively participate in the discussions, share their experiences, and collectively identify ways to improve nutritional practices within their households. The favorable environment and the appropriate organization of the venue contributed to the smooth running of the dialogue and the achievement of the objectives set for this activity.

PRESENTATION OF THE NUTRITIONAL SITUATION

https://nutritiondialogues.org/wp-content/uploads/2026/07/ToRs_Dialogue_Nutrition_WV_RDC_2024-inputs-Philippe_Likasi-8-1.pdf

DISCUSSION

Nutritional dialogue provided an important space for exchange and community participation, allowing participants to express their perceptions, experiences, and concerns related to malnutrition prevention within households and the role of women in promoting good nutritional practices. Participants discussed the main causes of malnutrition, including household poverty, difficulties in accessing a diverse diet, sociocultural beliefs, lack of nutritional knowledge, and the limited involvement of men in family food decisions.

SECTION THREE: RESULTS OF THE DIALOGUE

CHALLENGES

• Limited knowledge among some mothers regarding good nutritional practices adapted to children and pregnant or breastfeeding women. • Limited access to a varied diet due to household economic hardship. • Persistence of certain traditional beliefs and practices detrimental to child nutrition. • Insufficient regular community-based nutrition awareness campaigns. • Limited involvement of men in decisions related to food and family nutrition. • Difficulty accessing certain nutritious foods during certain times of the year. • Recurring cases of childhood illnesses contributing to the deterioration of children's nutritional status.

URGENT ACTIONS

• Limited knowledge among some mothers regarding good nutritional practices adapted to children and pregnant or breastfeeding women. • Limited access to a varied diet due to household economic hardship. • Persistence of certain traditional beliefs and practices detrimental to child nutrition. • Insufficient regular community-based nutrition awareness campaigns. • Limited involvement of men in decisions related to food and family nutrition. • Difficulty accessing certain nutritious foods during certain times of the year. • Recurring cases of childhood illnesses contributing to the deterioration of children's nutritional status.

AREAS OF DIVERGENCE

• Some participants still believe that certain foods are unsuitable for young children due to cultural beliefs. • Different opinions were expressed regarding the appropriate age for introducing certain complementary foods. • Participants reported varying perceptions between men and women regarding responsibility for children's nutrition.

GENERAL SUMMARY

As part of community-based efforts to promote good nutrition, a nutritional dialogue was organized with women's groups from the ADP Kisunka to strengthen their knowledge of good nutritional practices and malnutrition prevention within households. This activity provided a space for exchange and learning, allowing participants to share their experiences, identify the main nutritional deficiencies encountered in their families, and propose solutions adapted to the local context.

The discussions revealed that malnutrition remains influenced by several factors, including economic hardships limiting access to a diverse diet, the persistence of certain sociocultural beliefs, insufficient nutritional awareness, and the limited involvement of men in decisions related to family nutrition. Participants also emphasized the importance of recurrent childhood illnesses as an aggravating factor in malnutrition.

An important lesson learned from this experience is that participatory approaches foster a better understanding of nutritional issues and strengthen community engagement in promoting healthy eating habits. The use of language adapted to the local context, along with the involvement of community volunteers, facilitated the participants' understanding and appropriation of the messages.

Among the priority actions identified are strengthening nutritional education at the community level, promoting dietary diversification from local products, supporting family vegetable gardens, strengthening early detection of malnutrition, and increasing the involvement of men in household nutritional practices.

This activity helped consolidate the participants' knowledge and strengthen their role as community liaisons for disseminating good nutritional practices, thus contributing to efforts to prevent malnutrition and improve the health of children and women within the community.

SECTION FOUR: PRINCIPLES OF COMMITMENT AND METHOD

PRINCIPLES OF COMMITMENT

Several methods were used to achieve the objective of the 2026 Nutrition Dialogue, including the evaluation of the 2025 recommendations. Among these methods were focus groups. Participants were divided into three working groups to assess the level of implementation of previous recommendations using checklists to identify actions already implemented, those in progress, and those not yet implemented. They had the opportunity to gather testimonies comparing the situation before and after the dialogues. The group work was presented, followed by discussion and harmonization. Points of disagreement were analyzed. The question-and-answer technique was also used to measure the level of adoption of certain aspects and commitment to good nutrition, good agricultural practices, and the diversification of food sources.
income.

METHOD AND FRAMEWORK

Several methods were used to achieve the objective of the 2026 nutrition dialogue, including the evaluation of the 2025 recommendations. Among these methods were focus groups. Participants were divided into three working groups to measure the level of implementation of previous recommendations using checklists to verify actions already implemented, in the process of being implemented, and not yet implemented.

ADVICE FOR OTHER CONVICTORS

We advise our facilitator colleagues to regularly organize nutrition dialogues, strengthen awareness sessions on good nutrition practices, involve parents more in activities, promote practical solutions to improve household food security, and monitor the implementation of recommendations made during the dialogues.

RETURN FORM: INFORMATION ADDITIONAL

THANKS

We express our sincere gratitude to all those who contributed to the success of this nutrition dialogue, including the participating children, community leaders, local authorities, facilitators, as well as World Vision and its partners. Their commitment and collaboration enabled constructive and relevant exchanges to improve children's nutrition and well-being.

ATTACHMENTS

- Family photos https://nutritiondialogues.org/wp-content/uploads/2026/07/20260721_1726241-scaled.jpg
- Presentation photos : https://nutritiondialogues.org/wp-content/uploads/2026/07/20260721_1715571-2-scaled.jpg
- Presentation photos following group discussion: https://nutritiondialogues.org/wp-content/uploads/2026/07/20260721_1710221-scaled.jpg
- Presentation photos following group discussion: https://nutritiondialogues.org/wp-content/uploads/2026/07/20260721_1711591-scaled.jpg
- photos focus group https://nutritiondialogues.org/wp-content/uploads/2026/07/20260721_1637171-scaled.jpg
- Attendance list : <https://nutritiondialogues.org/wp-content/uploads/2026/07/CamScanner-2026-07-30-19.11.pdf>